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LIVE and LEARN



Community Education of the Black Hills



www.communityeducationclasses.org or bhcommunityed.digitalsignup.com



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**Career Learning Center
of the Black Hills**

*Empowering individuals
to become self-sufficient
through education,
training, and employment.*

The Career Learning Center of the Black Hills has a variety of education, training and pre-employment offerings and services. Below is a brief description of these services. Please call our office for more information.

Adult Education at the Career Learning Center of the Black Hills (CLCBH): The CLCBH serves adult education students throughout Western South Dakota in the communities of Belle Fourche, Spearfish, Sturgis, Rapid City, and Custer. There are three primary areas of study for students enrolled:

GED Preparation: Serves most of our students ages 18 and older without a high school diploma with instruction offered during daytime and evening hours for preparation to take the GED exams.

Adult Basic Education: Serves individuals 18 and older who need academic review to prepare for job opportunities, enrollment into a university, technical college, apprenticeship or other post-high school education/training. Tutoring is also available.

English as a Second Language: Serves students 18 & over who are studying oral and written English skills.

Testing Services: The Career Learning Center of the Black Hills (CLC) represents 10 National and International Test Centers providing hundreds of proctored assessments. Tests are administered regularly for professionals, job applicants, employers, government agencies and students. The CLC has met the comprehensive facility, technology and security requirements for all assessment providers represented at our facility. In the past 12 months, the CLC has provided over 2,000 exams!

The CLC strives to meet the electronic testing needs of the Black Hills community members. To register for a test, individuals will access the appropriate link to their exam which will identify if that test is offered in the Rapid City area. If it is, it will most likely be provided at the Career Learning Center. If a test is not offered in this area, we welcome the opportunity to research the possibility of providing the exam at our facility. Testing Centers represented at the CLC include:

- Talogy - PAN

(CLC also provides FAA Certification Exams and I-9 Employment Verification through PAN)

- Pearson VUE

- ISO Quality Testing

- PSI



Many of the computer training courses and the MOS tests are approved for funding through the South Dakota Department of Labor and Regulation and the Veteran's Affairs.



Welcome

Welcome! We are so happy you are joining us for the Fall 2024 season offered around the Hills. Registration begins on September 1st so grab a friend and take a class together!

We extend a sincere 'thank you' to:

- All the amazing instructors providing classes for you to enjoy;
- Our 'partners' who help make this program successful with sponsorships and classroom space; and
- Especially you, the lifelong learner, who takes classes to support this program.

I've enjoyed every aspect of this program and want to thank you for joining me in it's growth and success over the past 20-years. I've accepted a position with another wonderful BHSSC program and while I will miss Community Education, perhaps I'll see you in a classroom where we can Live and Learn together! Please welcome Kari Smith as the new program manager for Community Education!

We all look forward to serving you and wish you the best –

Tammy Sellars
NFJP, Case Manager

Kari Smith
Program Manager

Jeanne McKenna
Division Director

Students and Employers: Affordable Computer Training Courses!

The Career Learning Center of the Black Hills is finding high interest in computer skill training for employees and job seekers. In response to this interest, we are offering all of our computer courses at a **50%** discount for employers sending their employees and for individuals who are employed or seeking employment.

The Career Learning Center of the Black Hills can customize a training program with one, two or more computer courses to meet your needs. Offerings include:

Course	Number of Hours	Original Price	Discounted Price
Keyboarding	36	\$200	\$100
Intro to Computers	36	\$250	\$125
Microsoft Word	40	\$300	\$150
Microsoft Excel	40	\$300	\$150
Microsoft PowerPoint	40	\$300	\$150
Microsoft Outlook	36	\$250	\$125
QuickBooks Pro	60 - 70	\$400	\$200
Administrative Office Assistant	480	\$2,000	\$1,000
Office & Accounting Assistant	560	\$2,250	\$1,125

These classes are open entry and self-paced allowing you to set your schedule and go at you own pace. For more information on the cost of the courses, please contact the Career Learning Center of the Black Hills at 394-5120.

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Active Living

AMERICAN MAH JONGG: THE BASICS

Instructor: Kathy Davis

Mah Jongg is a table game in which players use number and symbol tiles to form hands and score points. With origins in ancient China, the exotic tiles provide an experience in sight and sound for a fun and mentally challenging social game of chance. This course teaches rules and basic strategies of American Mah Jongg, using National Mah Jongg League rules. Tile sets are provided for class practice, but in addition to the tuition fee, each student purchases a NMJL Rules and Hands reference card through the instructor. NOTE: Additional \$14 supply fee for smaller reference card (or \$15 for larger reference card) to be paid to instructor at class.

AMJ/F24A \$42 for 4 sessions - Wednesdays, 9/25 - 10/16, 5:30 - 7:30 PM
Career Learning Center of the Black Hills
730 E. Watertown Street, use North entrance & parking lot

BEGINNING LINE DANCING

Instructor: Debbie Ellerton

Come join the fun as you try on some of the latest line dances! No partner needed for this class, so don't sit home because you don't have a partner, come join the movement! These steps are easy to learn, great exercise for everyone, and something you can do your life long. We will dance to all types of music and numerous dance rhythms. Ages 10 yrs and above welcome! Class size limited.

LD/F24A \$35 for 4 sessions - Mondays, 10/7 - 10/28, 6:30 - 7:30 PM
The Park - 707 Mountain View rd (Baken Park)
Use the rear entrance through the door that says 707 Nightlife.

BELLY DANCE BASICS

Instructors: Anastasia Smith & Caroline Smith

Come join this intro class to the ancient art of belly dance! You will learn the basics of belly dancing starting with exercise science and learning to move in a way that is balanced and aligned with your individual body. We will practice 'isolations' which are the building blocks of the art form, match our movements to the beautiful rhythms of the middle east where this form originates, and flow through short sequences. By week 4, we will be able to dance a basic choreography! Students should wear comfortable workout-style clothing and have soft flexible shoes or be willing to go barefoot. Your instructors have been learning and teaching belly dance for years, are active members of the local belly dance community, and own Sisters Dance Tribe!

BDB/F24A \$39 for 4 sessions - Tuesdays, 10/15 - 11/5, 6:00 - 7:00 PM
Rapid City Elks Lodge #1187 - 3333 Jolly Lane, Downstairs

BIRD WATCHING BASICS

Instructor: Maggie Engler

Would you like to start feeding birds? Watching birds? Enjoying all the birds around town? This class will cover the basics of bird watching for the fall/winter season and is designed for those with little or no bird watching experience. You will learn bird families, identifying birds using field guides, using binoculars, and focus on birds that live here. We will also cover essential backyard bird feeders for this season, and you will enjoy a field trip to a local backyard to view bird behaviors. NOTE: Please bring a field guide and your own binoculars to the field trip. Field trip date is tentatively scheduled for the morning of Saturday, October 12th in Rapid City.

BW/F24A \$40 for 2 sessions - Wednesdays, 10/9 & 10/16, 6:00 - 8:00 PM
Rapid City High - 601 Columbus St
Use right front glass entrance with class sign

DOES SPOT PULL THE LEASH? THE BASICS OF LOOSE LEASH WALKING YOUR DOG!

Instructor: Rebecca Almy

Is your dog not so fun to take on a walk? Are they distracted, pulling or taking you for the walk most of the time? This class will teach you the basics of loose leash walking with your dog is not always a race! Bring your dog, a leash that attaches to their collar, and a few treats. Class is limited to one dog per registered student.

LLDog/F2FA \$25 for 1 session - Wednesday, 10/16, 6:00 - 7:00 PM
Tails n' Training - 5531 Mill Rd, Black Hawk



Active Living

DOES YOUR FIDO OR FIFI NEED FIXING?

Instructor: Katherine Andrews

This unique class provides your dog an individual evaluation and your questions get answered by an animal behaviorist! We will offer Basic Social Skills with people and other dogs; Boundaries and Manners; Corrections for Unwanted Behaviors; Simple Cues like Sit, Stay and Come; Loose Leash Walking; Leave It & Drop It, Wait; Meeting Friendly Stranger; House Manners, How to Welcome a Guest in Your Home; Distractions; and any other issues you may want to address. Please bring your own dog leashed and hydration for yourself. Dog should be 6 months old or older. Class is limited to 1 dog per registered student. NOTE: Class meets bi-weekly. Please check in at the round pen at the park at 10:45am to let your dog run around so they'll focus better. For more info/questions: www.animalpsychologycenter.com or call 605-390-7295.

Fido/F24A \$95 for 2 sessions - Saturdays, 9/14 & 9/28, 10:45 AM - 2:00 PM
Braeburn Dog Park - 3324 Idlehurst Ln - off Jackson Blvd

DOG AGILITY: AN INTRODUCTION

Instructor: Rebecca Almy

This class will introduce you to healthy and happy basics of dog agility. You and your pooch will get an opportunity to jump, run through a tunnel, and learn the weave poles to develop muscles and control. Your dog must be obedient and physically able to jump and run, as both of you get a bit of exercise! Please bring to class: Current shot records and yummy dog treats for motivation. NOTE: Aggressive dogs will not be allowed in class. One dog per registered student.

Dog/F24A \$25 for 1 session - Saturday, 9/21, 4:00 - 5:00 PM
Tails n' Training - 5531 Mill Rd, Black Hawk

DUO DANCING

Instructors: Linda & Henry Olivier

This wonderful 6-week class is open to people of all ages and will teach lifelong enjoyment! So, get off the couch, grab a partner, and enjoy an energizing and inexpensive time together. We will cover learning the moves and steps of the Two-Step, Waltz, and Jitterbug together. Come join the fun! Please note that any dance is great exercise and can be aerobic. Class size is limited. NOTE: Register individually! No class on 10/14.

DD/F24A \$50 for 6 sessions - Mondays, 9/16 - 10/28, 7:00 - 8:30 PM
Rapid City Elks Lodge #1187 - 3333 Jolly Lane

HOW TO PLAY CHESS!

Instructors: Brogan McGrath

Chess is one of the oldest games on the planet, is played all over the world, and continues to fascinate people of every age today. In this class, we will teach the rules of chess, as well as some basic and intermediate strategies. Knowing how to exploit tactical mistakes in your opponent's play, creating a plan in any position, and how to continue to improve and have fun by yourself after the class will all be taught. No prior chess knowledge is needed. Your instructor has won or tied for junior state champion of South Dakota three times! Check out the Rapid City Chess Club at www.RapidCityChessClub.weebly.com for more local chess resources.

Chess/F24A \$45 for 3 sessions - Tuesdays, 9/17 - 10/1, 5:45 - 7:00 PM
Dahl Arts Center - 713 7th St - Use entrance on Kansas City St

INTRO TO PICKLEBALL!

Instructors: Paul Cohen & Mark Geyer

Pickleball has taken over the country in popularity for all ages because it's great fun and you can be active in all weather conditions as you play indoor pickleball! This class will introduce you to the sport, proper form, scoring and much more, so come join the fun! It's naturally social-distanced! Students should please dress comfortably, wear tennis shoes, and bring a bottle of water. If you'd prefer to use your own racquet, please bring it, but court time, balls and racquets will be provided for everyone. Persons 12-years old and above welcome. NOTE: Additional \$10 supply fee per person paid to instructor at class.

Pick/F24A \$35 for 4 sessions - Tuesdays, 9/17 - 10/8, 6:30 - 7:30 PM
Pick/F24B \$35 for 4 sessions - Tuesdays, 10/15 - 11/5, 6:30 - 7:30 PM
Pick/F24C \$35 for 4 sessions - Tuesdays, 11/12 - 12/3, 6:30 - 7:30 PM
Pick/F24D \$35 for 4 sessions - Wednesdays, 9/18 - 10/9, 12:00 - 1:00 PM
Pick/F24E \$35 for 4 sessions - Wednesdays, 10/16 - 11/6, 12:00 - 1:00 PM
Pick/F24F \$35 for 4 sessions - Fridays, 9/20 - 10/11, 12:00 - 1:00 PM
Pick/F24G \$35 for 4 sessions - Fridays, 10/18 - 11/8, 12:00 - 1:00 PM
Pick/F24H \$35 for 4 sessions - Saturdays, 9/21 - 10/12, 4:30 - 5:30 PM
Pick/F24I \$35 for 4 sessions - Saturday, 10/19 - 11/9, 4:30 - 5:30 PM
Pick/F24J \$35 for 4 sessions - Saturday, 11/16 - 12/7, 4:30 - 5:30 PM
Tennis Center of the Black Hills - 7802 Albertta Drive

Active Living

INTRODUCTION TO AMATEUR RADIO

Instructors: Members of the Black Hills Amateur Radio Club

Come join this great group to begin your Amateur (HAM) Radio adventures! We'll discuss terminology, FCC requirements, operating a radio, and more. Class will include lecture, demonstration and hands-on activity. After completing the class, you will be prepared to take the test for a Amateur Radio Technician's License if you wish! Class is 5-sessions filled with information so bring writing materials of choice plus study materials will be available for free Online. NOTE: There will be a public testing session for the Amateur radio licenses on November 23rd, same location, same time. Additional fees as follows: \$15 test fee (pass or fail) if you opt to test for the license; and \$35 fee for the license to be active for 10-years once you pass the test. No class on 10/19 or 11/2.

HAM/F24A \$80 for 5 sessions - Saturdays, 9/28 - 11/9, 9:00 AM - 1:00 PM
Westhills Village - 255 Texas St - Rimrock Rm

LET'S GOLF!

Instructor: John Jambor

Come join this introduction to the game of golf! Students will learn the basic fundamentals of the golf grip, stance, aim, golf protocols, swing check, and playing the game. We'll discuss 'situational' golf, history and your area golf opportunities. Most importantly, the winter months can be utilized to form good habits or restructure old bad habits into proper ones. Your instructor is a golf professional, a longtime member of the Professional Golfers' Association of America and has taught all ages the love of the game for 30-years. Students will receive FORE lesson book, teaching grip and more! NOTE: Additional \$10 supply fee paid to instructor at class for materials to take home.

Golf/F24A \$45 for 4 sessions - Mondays, 9/16 - 10/7, 10:00 - 11:30 AM
Career Learning Center of the Black Hills
730 E. Watertown Street, Upstairs Conference Rm

PUBLIC SPEAKING 101

Instructor: Rob Mommaerts

Public speaking, whether simply introducing yourself to taking part in meetings at work to giving presentations, can be nerve wracking for anyone. This course offers a literal and proven introduction to speaking in any setting as in business, friendships, personal and professional relationships or simply meeting new people. Come join us as we learn techniques together on making meaningful and lasting impressions in every regard and situation. You'll enjoy lecture mixed with demonstrations including group exercises and tips on communicating effectively with current technological and societal norms as well. Each week, there will be an assignment or a discussion topic for the following class. Please bring writing materials of choice for notes. NOTE: Students should bring either a cell phone or laptop to receive/submit assignments/messages or have the capability to print outside of class. Audio portions of class may be recorded for instructor's own use if permitted.

PS/F24A \$45 for 4 sessions - Tuesdays, 9/17 - 10/8, 7:00 - 8:30 PM
Rapid City High - 601 Columbus St
Use right front glass entrance with class sign

SALSA DANCING

Instructor: Debbie Ellerton

Salsa dance is one of the most popular and beloved dance styles in the world. According to Facebook data, there are over 200 million people in the world that like to salsa dance. If you would like to learn salsa or take your current dancing to a whole new level, sign up now! No partner or dance experience is necessary. Register individually. NOTE: Class size is limited.

Salsa/F24A \$35 for 4 sessions - Mondays, 10/7 - 10/28, 7:45 - 8:45 PM
The Park - 707 Mountain View rd (Baken Park)
Use the rear entrance through the door that says 707 Nightlife.

TEACH YOUR DOG TO COME TO A WHISTLE!

Instructor: Linda Kelly

Does your dog struggle with recall? Do they hear their name and run in the opposite direction? Maybe they stare at you from a distance then go on their merry way, sniffing, and completely ignoring you? Woof! Trust us, you're not alone in the struggle and we have something to share that will be a game-changer. This will be a demonstration with opportunities for hands-leash-on activities! NOTE: 1 dog per handler registered; dog 'parent' must show proof of up-to-date shots, please bring a leash for your dog and wear comfortable walking/hiking shoes. Additional \$20 supply fee paid to instructor at start of class. Aggressive or highly reactive dogs are not allowed but if you have any questions, please call the instructor at 605-391-3750.

Whistle/F24A \$32 for 1 session - Sunday, 10/13, 1:00 - 3:00 PM
Whistle/F24B \$32 for 1 session - Sunday, 11/17, 1:00 - 3:00 PM
Krazy K9 - 14697 Saddle Rd, Piedmont

Arts & Crafts

BOOST YOUR CREATIVITY

Instructors: Diane Knudson & Camille Riner

Do you feel you are doing the same thing over and over again? Does your creativity need a boost? Remember what it felt like when you were a kid doing something you really loved? We can help you find that freedom and joy again. Come play with us and reconnect with your creativity. In two hours, in the comfort of your own space, we will rediscover, imagine, draw, move and write. No art experience needed. NOTE: The instructors will email a Zoom class link and a simple art supply list. Class size is limited to allow for discussion and personalization.

Create/F24A \$35 for 1 session - Thursday, 10/17, 6:00 - 8:00 PM
Create/F24B \$35 for 1 session - Sunday, 11/10, 2:00 - 4:00 PM
Online via ZOOM

CROCHET A MANDALA PILLOW

Instructor: Kim Oslund

Crocheters Unite! The regular stitches are great - but when you give yourself permission to play with color, go in a circle, and manipulate your stitches YOUR results are unbelievable!! Don't miss this class. You must know how to: chain, sc, dc, and count! NOTE: Additional \$40 supply fee paid to instructor at class includes yarn for 16-inch pillow top.

CMP/F24A \$39 for 3 sessions - Wednesdays, 10/16 - 10/30, 3:00 - 4:30 PM
CMP/F24B \$39 for 3 sessions - Saturdays, 11/2 - 11/16, 9:30 - 11:00 PM
Slip-Knits, 1109 W Omaha St, Suite G

CROCHET THERAPY!

Instructor: Kim Oslund

Are you curious about crochet? Or maybe you want to refresh your skills, and learn some new stitches, tips and tricks? After this class you will know the basics of crochet, ALL the basic stitches, a bit of terminology, pattern reading, counting techniques and make some really cool stuff! Everything you need is provided (hook, good yarn, and great patterns) for you to begin your crocheting adventure. NOTE: Additional \$20 supply fee paid to instructor includes yarn for first project, hook(s) and patterns.

CT/F24A \$39 for 3 sessions - Mondays, 9/30 - 10/14, 3:30 - 5:00 PM
Slip-Knits, 1109 W Omaha St, Suite G

FUNDAMENTALS OF KNITTING

Instructor: Kim Oslund

WARNING: Knitting is very addicting! Come join this popular class to begin your love of fiber arts and learn to knit, purl, work the stockinette stitch, ribbing and bind-off with Kim. You'll read and follow written patterns with confidence. The class project will knit an impressive scarf for yourself or someone you love! NOTE: Additional \$40 supply fee (includes yarn, needles, and pattern) paid to instructor at beginning of class.

FUN/F24A \$39 for 3 sessions - Mondays, 9/30 - 10/14, 5:30 - 7:00 PM
Slip-Knits, 1109 W Omaha St, Suite G

HAND-CRAFTED GREETING CARDS

Instructor: Jo Prang

Handmade gifts are always the most cherished and appreciated! This class features five Christmas-themed cards for the special ones in your life! Whether you're a newcomer or an experienced card-maker, you will enjoy creating custom-made beautiful, high-quality cards and have fun too. You will have the opportunity to learn various techniques, including the secrets of using stamps, punches, dies, plus multiple sentiments will be available. All supplies will be provided, including lovely decorative paper, cardstock, envelopes, and embellishments. NOTE: An additional \$10 supply fee is paid to the instructor at class. Ages 14 yrs - 17 yrs old are also welcome to attend class accompanied by an adult to create their own special cards.

Cards/F24A \$30 for 1 session - Tuesday, 10/29, 6:00 - 9:00 PM
Cards/F24B \$30 for 1 session - Thursday, 11/7, 6:00 - 9:00 PM
Dahl Arts Center - 713 7th St
Use Education entrance on Kansas City St

Arts & Crafts

HARDANGER EMBROIDERY WORKSHOP

Instructors: *Debra Kronenbitter & Sons of Norway Members*

Hardanger is a traditional Norwegian craft of embroidery that takes its name from that region. You see this beautiful stitch work on linens like tablecloths or runners, caps and other items. Come join us to learn the basic stitches and work toward finishing a beautiful project of your own. All materials will be provided to you. NOTE: Additional supply fee paid to instructor at class of up to \$20.

Hard/F24A \$50 for 6 sessions - Mondays, 9/23 - 10/28, 6:30 - 8:30 PM
Canyon Lake Activity Center - 2900 Canyon Lake Dr



HEIRLOOMS: CREATIVE LIFE-WRITING FOR ADULTS

Instructor: *Molly Barari*

Have you always wanted to record your memories onto paper so your family can cherish your stories for years to come? This class is open to all ages and writing levels of adults providing writing prompts which will encourage participants to pen their life memories through sensory detail. Creative writing has many benefits aside from preserving valuable memories. It helps sharpen the mind and provides a therapeutic outlet for emotions. Please bring writing materials to each class. For information on the instructor, who has a doctorate in adult education, please visit www.mollybarari.com

Heir/S24A \$29 for 1 session - Saturday, 9/21, 11:00 AM - 1:00 PM
Heir/S24B \$29 for 1 session - Saturday, 10/5, 11:00 AM - 1:00 PM
Heir/S24C \$29 for 1 session - Saturday, 10/26, 11:00 AM - 1:00 PM
Heir/S24D \$29 for 1 session - Saturday, 11/9, 11:00 AM - 1:00 PM
Rapids City Public Library - 610 Quincy St, Hoyt Room

INTRO TO POETRY!

Instructor: *Bill Schulz*

Formerly known as Poetry for Seniors, this class is for the beginner or a person who likes to 'practice'! Have you always wanted to try your 'hand' at poetry? Come join us as it's not a class in the techniques of poetry, but instead we focus on how a poem is rather than what it is. We will create poems from poetic examples, personal memories, workshop writing and community-shared writing. Your instructor taught English at BHSU, Creative Writing at Stevens HS, is a self-published author and continues to be bitten by the writing bug! NOTE: Students should bring paper, pens/pencils to class.

Poet/F24A \$30 for 4 sessions - Thursdays, 10/10 - 10/31, 10:00 - 11:30 AM
Career Learning Center - 730 East Watertown St

LEARN TO FIX YOUR OWN KNITTING MISTAKES!

Instructor: *Kim Oslund*

You know how to knit . . . and you know how to purl! You have made some very cool things! This will be a good review for any knitter and invaluable information for the new knitters! We all make mistakes and get frustrated when we are working on a project and 'drop a stitch' or notice a 'split stitch' after you have already moved on! This is the time and place for you for Knitting Tips, Tricks and Fixes so don't tear it all out if you make a mistake. NOTE: Homework will be sent to you and must be done before class! Additional \$15 per person paid to instructor at class for 'fix-it kit'.

Fix/F24A \$35 for 2 sessions - Tuesdays, 9/24 & 10/1, 5:30 - 7:00 PM
Fix/F24B \$35 for 2 sessions - Saturdays, 10/12 & 10/19, 9:30 - 11:00 AM
Slip-Knits, 1109 W Omaha St, Suite G

NATIVE HAND DRUM WORKSHOP

Instructor: *Debra Blair*

Come join us to create your own 13-inch Native American hand drum with a drumstick. We'll use cedar wood (a sacred herb), deer leather, and black walnut to make each one unique and beautiful. Then we'll stain and wrap the drumstick. This is your opportunity to learn this true native art. NOTE: Additional \$125 supply fee paid to instructor at class; cash or debit/credit cards are accepted but no checks please. Students will bring a sack lunch/snack/drink and take a 45-minute break to enjoy.

Drum/F24A \$30 for 1 session - Saturday, 9/21, 10:00 AM - 2:00 PM
Drum/F24B \$30 for 1 session - Saturday, 10/19, 10:00 AM - 2:00 PM
Drum/F24C \$30 for 1 session - Saturday, 11/16, 10:00 AM - 2:00 PM
Dahl Arts Center - 713 7th Street, Use Kansas City Entrance

Arts & Crafts

NORWEGIAN LITERATURE WORKS

Instructors: *Cherie Hilton & Sons of Norway Members*

This workshop will read and discuss the Dakota Treasures series by Lauraine Snelling. There are 4 books in the series which take place in Dakota Territory. We will do book 1, which is named Ruby, and book 2 which is named Pearl. Books can be purchased for \$6 at class.

NorLit/F24A \$50 for 6 sessions - Mondays, 9/23 - 10/28, 6:30 - 8:30 PM
Canyon Lake Activity Center - 2900 Canyon Lake Dr

MOVIES: THE LITERATURE OF OUR TIMES

Instructor: *Charlie Abourezk*

Great films easily manipulate us into feeling certain emotions and adopting certain cultural or social values. Movies, like books, have multiple layers of meaning and symbolism, triggering our imagination in multiple ways. This class will teach how to 'read' movies at a deeper level to understand how they influence our feelings and values, and how certain characters, colors, camera angles, symbolism, and devices like 'forecasting' themes in the movie make that happen. Film theory will be discussed, and we'll watch some of our favorite films each class, analyzing and dissecting so you gain insight and enjoyment.

Mov/F24A \$60 for 5 sessions - Mondays, 9/23 - 10/21, 5:00 - 8:00 PM
Dahl Arts Center - 713 7th St
Use Education entrance on Kansas City St

PUBLISHING 101: EXPLORING TRADITIONAL, HYBRID, AND SELF-PUBLISHING PATHS

Instructors: *Kate Meadows*

This course helps writers better understand and appreciate their publishing options by offering a broad overview of each - traditional, self- and hybrid - and breaking down each option with examples. Each student will go home with a Resources list and a clearer idea of which publishing option is best for them. Bring your questions! Your instructor is a writer/editor/writing coach, who has published two books, and has an MFA in Professional Writing. NOTE: Additional \$10 supply fee paid to instructor at class. Students should bring a notebook and writing utensils.

Publ/F24A \$29 for 1 session - Thursday, 9/19, 6:00 - 8:00 PM
Publ/F24B \$29 for 1 session - Saturday, 11/2, 10:00 AM - 12:00 PM
Farmers Insurance - 2050 W Main St, Ste 1, Conference Rm

ROSEMALING: TRADITIONAL FOLK ART

Instructors: *Rosella Beaumont & Sons of Norway Members*

Rosemaling or 'rose painting' is a folk art that began in the lowlands of Norway in 1750 and very important to their culture. You see it on wooden boxes, bowls, etc., but really you can do rosemaling on anything like a wall, ceilings, ornaments, picture frames. We'll begin with the basic strokes and work toward finishing a beautiful project of your own. All materials will be provided to you. NOTE: Additional supply fee paid to instructor at class of up to \$20.

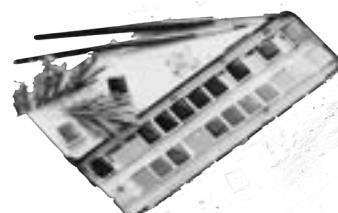
Rose/F24A \$50 for 6 sessions - Mondays, 9/23 - 10/28, 6:30 - 8:30 PM
Canyon Lake Activity Center - 2900 Canyon Lake Dr

WATERCOLOR LANDSCAPES

Instructor: *Anastasia Smith*

Students will explore the medium of watercolor through a series of exercises designed to teach the fundamentals of art in an applied way, producing a series of watercolor painting that follow a theme and also encourage personal expression without needing prior expertise. Come join me to learn tools, adding textures and details and more. Students should bring any watercolors or brushes they have to experiment with their own supplies, but all necessary materials will be supplied. Your instructor has a BFA from USD and has been teaching arts and creative classes for 16 years. NOTE: Additional \$45 supply fee paid to instructor at class.

WCL/F24A \$49 for 4 sessions - Wednesdays, 9/18 - 10/9, 6:00 - 8:00 PM
Dahl Arts Center - 713 7th St
Use Education entrance on Kansas City St



Arts & Crafts

WOOD CARVING

Instructors: Mike Martin & Sons of Norway Members

Woodcarving and whittling is an ancient form of expression, and some classify it as a "lost art". It's a medium that you can be very unique and creative, and with a little knowledge, can produce fun and interesting projects. This course will have a Scandinavian focus with hands-on instruction for both the beginner and the intermediate carver. You'll learn about tools, different types of wood and techniques. The best wood for small carvings will be provided and students must bring their own carving knife (these can be found at Who's Hobby/RC, Online, or at your favorite local craft store). Ages 16 yrs and older welcome. NOTE: Additional \$5 supply fee paid to instructor.
Wood/F24A \$50 for 6 sessions - Mondays, 9/23 - 10/28, 6:30 - 8:30 PM
Canyon Lake Activity Center - 2900 Canyon Lake Dr

Body & Mind

AIKIDO: INTRO FOR KIDS (AGES 8 - 12 YRS OLD)

Instructor: Willi Kurniawan

Aikido is a Japanese self-defense art with the main principal of being in harmony with everyone! This class introduces children ages 8 yrs old - 12 yrs old to Aikido basic exercises, learning to do front and back roll as well as some Japanese language. Classes will be taught at Canyon Lake Activity Center 2nd floor. We are affiliated with the Aikido Shimbokukai organization. Students should wear comfortable work out clothing or judo/karate do gi. NOTE: Wednesdays, 5:30 - 6:10pm, and Saturdays, 12:00 - 12:50pm.

AK/F24A \$50 for 5 sessions - 11/2 - 11/16, Wednesdays, 5:30 - 6:10 PM
& Saturdays, 12:00 - 12:50 PM
Canyon Lake Activity Center - 2900 Canyon Lake Drive

BEAUTIFUL THE NATURAL WAY!

Instructor: Martina Muckler

This informative and fun class teaches you what Nature has to offer to take care of your skin and wellness. Come learn about being more mindful about the products you use on your skin and how to make better choices. You'll discover fairly common ingredients and how to make and use easy natural remedies to nurture your skin and body. You'll come away with wellness routines to improve your personal confidence and self-esteem. Your instructor is a German-trained esthetician and massage therapist.

BNW/F24A \$25 for 1 session - Tuesday, 9/24, 6:00 - 7:30 PM
Rapid City High - 601 Columbus St
Use right front glass entrance with class sign

BIO-IDENTICAL HORMONES

Instructor: Melissa Aberle & Cathy Wilson

Are you struggling with the inevitable shifting of hormones? This time of life can bring fatigue, weight gain, hot flashes, muscle loss, and lack of vitality. Come learn how to navigate through Premenopause, Menopause and Andropause and get some relief. Class includes a free infrared sauna session valued at \$40! Your instructors practice functional medicine as nurse practitioners and have 35 years combined experience in the field of medicine. There will be time for questions. For more information go to wellbeyondmed.com or Facebook. NOTE: Class is for both males and females. Students should bring a notebook and pen to class.

Bio/F24A \$30 for 1 session - Tuesday, 10/8, 7:00 - 8:30 PM
Well Beyond Personalized Medicine - 3808 Sheridan Lake Rd

BODY BALANCE

Instructor: Rhianna Wickett

One in four Americans age 65+ falls each year. Don't be a statistic! Join us for a strength and balance screen to determine your risk of falling! You will be given exercise recommendations based on your results. We will discuss how you can improve your balance, strategies to decrease injury if you do fall, and how to get up off the floor safely. This class is for all individuals and skill levels, including those that use a walker or cane. This course will be instructed by a Doctor of Physical Therapy.

BB/F24A \$29 for 1 session - Wednesday, 10/16, 1:00 - 3:00 PM
Elevate Performance - 420 E St Patrick, Suite 101

Body & Mind

COMMUNITY SELF DEFENSE WORKSHOP

Instructor: Naomi Even-Aberle

Live boldly, be fierce. Learn the basics of self-defense hands-on in this community-based self-defense class. Develop skills in prevention, assertiveness, situational awareness, and reactionary time. Explore body language, verbal/physical, spatial skills and more. A certified martial arts instructor teaches this class and is open to all body types and skill levels. NOTE: Students must wear comfortable athletic clothing and bring a water bottle. Children ages 12 yrs old and above welcome when accompanied by a parent/guardian.

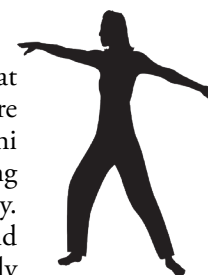
CSD/F24A \$25 for 1 session - Saturday, 9/21, 1:00 - 2:00 PM
CSD/F24B \$25 for 1 session - Saturday, 10/12, 10:00 - 11:00 AM
CSD/F24C \$25 for 1 session - Saturday, 11/9, 1:00 - 2:00 PM
Full Circle Martial Arts - 412 Oshkosh St, Suite 2

DISCOVER TAI CHI CHUAN

Instructor: Gregg Fischer

Tai Chi Chuan is a Chinese martial arts exercise that focuses on mind intention and big, smooth, slow core movement to recharge and energize the body. Tai Chi Chuan has demonstrated numerous benefits including better balance, strength and improved bone density. The class consists of warm up/loosening exercises and instruction on body structure (how you hold your body in a Tai Chi way). You'll also begin to learn the choreography of the Hunyuan Tai Chi 48-forms set and the 'how to's' of the moves like where to place your feet, how your body and hands move, and how your weight shifts. NOTE: Tai Chi is physical exercise equivalent to moderate walking. Be prepared to stand and move for an entire hour. Class is suitable for ages 14 to 80+. Please wear loose, comfortable clothing and flat soled shoes.

Tai/F24A \$39 for 4 sessions - Mondays, 10/7 - 10/28, 5:30 - 6:30 PM
Roosevelt Swim Center - 125 Waterloo St



EATING SMART EXPLAINED AND SIMPLIFIED

Instructor: Ron Froehlich

Are you confused by all the constantly changing advice as regards to eating omega fats . . . or sugars . . . or fiber . . . or diets? (And if they work, why are there so many?) Do you need to take vitamin/mineral supplements? Do you know what 'designer foods' are? This class will address all those questions and many more. Bring your own and get them answered. The class is meant to be informative and is based on nutritional science. Therefore, to remain free of bias, no one style of dietary consumption will be endorsed.

Eat/F24A \$25 for 3 sessions - Tuesdays, 9/17 - 10/1, 6:00 - 8:00 PM
Rapid City High - 601 Columbus St
Use right front glass entrance with class sign

ESSENTIAL OILS: FALL AND WINTER WELLNESS

Instructor: Tina Sharp

Are you looking for ways to help keep your family well this fall and winter season? If you're searching for a more thriving and health-filled life, let's discover how to strengthen our immune systems naturally. Join this popular and healthful class as we learn about the best natural health support in the world and learn easy steps to keep our bodies healthy during the changing of the seasons which affect us all. Students will make and take a throat spray home! NOTE: Additional \$5 supply fee paid to instructor at class.

OFW/F24A \$29 for 1 session - Monday, 10/14, 6:00 - 7:30 PM
Dahl Arts Center - 713 7th St
Use Education entrance on Kansas City St

EXPLORING MINDFULNESS

Instructor: Camille Riner

Looking for ways to find more ease? This morning beginner workshop will give an introduction to mindfulness and explore strategies and meditation techniques to bring clarity and understanding to your daily life. This is an interactive course with discussions, hands-on practices, stories, poems and journaling. We meet conveniently Online, so there is no need to travel or drive. NOTE: The instructor will email with a Zoom class link. Class size is limited to allow for discussion and personalization.

Mind/F24A \$40 for 1 session - Saturday, 9/28, 9:00 AM - 12:00 PM - Online

Body & Mind

HAPKIDO EXPLORATION

Instructor: Naomi Even-Aberle

Hapkido is designed to provide students with an all-around total martial art background. This martial art relies on the convergence of energies and is a dynamic and highly eclectic Korean martial art. It's a form of self-defense that employs joint locks, grappling, throwing techniques, kicks, punches, and other striking attacks. This class is designed for all students and provides a customizable curriculum to fit all needs. A certified martial arts instructor teaches this class and is open to all body types and skill levels. NOTE: Students must wear comfortable athletic clothing and bring a water bottle to each class. Students 18-yrs old and above are welcome.

HE/F24A \$45 for 4 sessions - Tuesdays, 10/8 - 10/29, 6:45 - 7:45 PM
Full Circle Martial Arts - 412 Oshkosh St, Suite 2

HAVING CONVERSATIONS THAT MATTER

Instructor: Laura Piening

The timing is perfect for this opportunity to learn how to engage interesting conversations on diverse topics including ideas, values and principles in a safe environment. Think about it: we're all in 'instant' mode with our 'conversations' (term used loosely ??) being quick texts, short social media comments, or cryptic emails. All ages say, 'we're too busy to talk'. Not here! In this class, you participate in actual conversation circles. Students describe class as impactful, challenging, and exciting. Come join us to learn the Conversation Cafe guidelines and engage in the process to go from small talk to big. You can take these skills into the world and enjoy the art of talking with others in satisfying and edifying ways no matter the topic or the time. For more instructor info: www.CreatingClarityNow.com and on Substack, <https://laurapiening.substack.com>

Convo/F24A \$35 for 2 sessions - Tuesdays, 10/1 & 10/8, 6:00 - 7:30 PM
Rapid City High School - 601 Columbus St
Use right front glass entrance with class sign

HELPING A BEREAVED CHILD WITH LOSS

Instructor: Jo Kimery

Do you wonder if children really grieve at the loss of a family member? They do. Anyone old enough to love is old enough to grieve. They experience the emotions that we adults feel but react differently according to their age and mental/emotional development. Children and adolescents rely heavily on the adults in their environment (parents, relatives, friends) to help them cope with the death of a loved one or friend. But unfortunately, most adults are poorly prepared to offer kids healthy examples of mourning. Join this retired therapist to discover effective ways of assisting kids as they struggle with the challenges of loss. NOTE: Handouts will be supplied.

Loss/F24A \$52 for 3 sessions - Tuesdays, 10/1 - 10/15, 6:30 - 8:30 PM
Rapid City High School - 601 Columbus St
Use right front glass entrance with class sign

INSIGHT MEDITATION

Instructor: Camille Riner

Curious about meditation? Wondering how it is done? Learn how meditation can be done even if you can't sit still as you join me in this introductory course about insight meditation. We will cover different styles of meditation, what insight meditation is and how you can practice this old tradition to bring more calm and understanding to your daily life. NOTE: The instructor will email a ZOOM class link. Class size is limited to allow for discussion and personalization.

Medit/F24A \$35 for 1 session - Tuesday, 10/22, 6:00 - 7:30 PM - Online

INTRO TO AIKIDO FOR ALL (TEEN TO 100 YRS OLD)!

Instructor: Willi Kurniawan

Aikido is a Japanese self-defense art with the main principle of being in harmony with everyone! This class introduces Aikido basic exercises, some practical self defense exercises, as well as some basic Japanese language. We are affiliated with the Aikido Shimbokukai organization. Students should wear comfortable work out clothing or judo/karate do gi. NOTE: Class time is Wednesdays 6:20 - 7:20PM and Saturdays 10:30 - 11:30AM.

IA/F24A \$55 for 5 sessions - 11/2 - 11/16, Wednesdays, 6:20 - 7:20 PM
& Saturdays, 10:30 - 11:30 AM
Canyon Lake Activity Center - 2900 Canyon Lake Drive

INTRO TO STRENGTH TRAINING!

Instructor: Rhianna Wickett

Would you like to start using dumbbells or weights and not sure where to begin? This course will teach you a total body routine you can use at home or at the gym to safely begin strength training. You will learn the proper technique with each movement, modifications for previous injuries you may have and how to group exercises for the most effective program. This course is taught by a Doctor of Physical Therapy and get you on track for a healthier 2024.

Strength/F24A \$29 for 1 session - Wednesday, 10/30, 3:00 - 5:00 PM
Elevate Performance - 420 E St Patrick, Suite 101

Body & Mind

MAT PILATES: BREATH, BALANCE, AND STRENGTH TRAINING FOR ACTIVE LIFESTYLES!

Instructor: Jan McGrath

Whether you play pickleball, golf, horseback, or just want to get moving injury free, then group mat Pilates is the exercise for you! Pilates is a low impact, injury free exercise that will help you get more efficient and effective breathwork, more balanced, and full body strength! Using an intelligent application of Pilates and utilizing neuroscience, you will work your entire body, safely and challenge it, from head to toe, to get you on the pickleball court, on the golf green, on the horse, or wherever your favorite physical activity takes you. This course will be instructed by a movement professional, a fully Certified Pilates brain-based Instructor. NOTE: Students should be able to come on and off their mat independently and bring a Pilates mat, wear comfortable clothing that provides coverage as you move, and socks with grippers (also known as Pilates socks). Students will sign an Assumption of Risk Form at class. Ages 18 years and above welcome! To learn more visit www.PilatesWholeBody.com If you have any questions, please email: pilateswholebodysd@gmail.com

MP/F24A \$29 for 2 sessions - Mondays, 9/16 & 9/23, 4:00 - 4:40 PM
Canyon Lake Activity Center - 2900 Canyon Lake Drive

OSTEOARTHRITIS & KNEE PAIN

Instructor: Rhianna Wickett

Do you have knee pain, or have you been told you have osteoarthritis that is keeping you from staying active or doing the things you love? Have you been told you may need a knee replacement? Come learn general anatomy, causes of arthritis, and what you can do about it! We'll discuss stages of degeneration, what you can do to take back control of your body and manage knee pain. You'll leave with an understanding of your symptoms and evidence-based exercises from a Doctor of Physical Therapy that you can start right away to begin your journey toward decreasing your pain!

OK/F24A \$29 for 1 session - Wednesday, 11/13, 1:00 - 3:00 PM
Elevate Performance - 420 E St Patrick, Suite 101

POSITIVE SELF-DISCOVERY COURSE

Instructors: Mary Kurniawan & Tamara Keefner

This course will use positive psychology principles to help students learn more about themselves, how to improve self-regulation, and use skills to live with a greater sense of wellbeing and balance. You'll learn about your individual strengths, gain tools for inspiration and resolving hardships and conflicts, and much more. Students will receive supplies and should bring either pens or pencils for writing. The course will be focused on discussion and activities.

PSD/F24A \$45 for 4 sessions - Thursdays, 10/3 - 10/24, 5:30 - 7:30 PM
SPEAK - 1011 11th St, Rm #106

STRONG CORE, STRONG BODY: ESSENTIAL EXERCISES

Instructor: Rhianna Wickett

Discover the transformative power of a strong core with our expert-led class! Instructed by a physical therapist, this class delves into the essential role of core strength in overall health and fitness. You'll learn how a stable and strong core can enhance your posture, improve your balance, and prevent injuries, while also supporting your daily activities and athletic performance. This comprehensive class covers: understanding core strength, health benefits, core exercises, proper form and technique, and personalize guidance. Whether you're looking to enhance your athletic performance or simply improve your everyday movement, this class will equip you with the knowledge and skills to achieve a stronger, healthier core.

Core/F24A \$29 for 1 session - Tuesday, 10/1, 2:30 - 4:30 PM
Elevate Performance - 420 E St Patrick, Suite 101

TAEKWONDO EXPLORATION

Instructor: Naomi Even-Aberle

This class focuses on building physical, mental, and emotional health through traditional and contemporary martial arts training. We apply a variety of workout routines to help students achieve their goals. You will learn kicking, punching, and practical self-defense techniques and philosophies to develop your body, mind, and spirit. A certified martial arts instructor teaches the class and is open to all body types and skill levels. NOTE: Students must wear comfortable athletic clothing and bring a water bottle to class. Students 18-yrs old and above are welcome. NOTE: No class on October 14th.

TE/F24A \$45 for 3 sessions - Mondays, 10/7 - 10/28, 6:45 - 7:45 PM
Full Circle Martial Arts - 412 Oshkosh St, Suite 2

Body & Mind

THE ART OF THE SWORD

Instructor: Naomi Even-Aberle

Kumdo & Kumbup is the ancient Korean art of the sword and is meditation in action. The class focuses on developing the mind, body, and spirit through the extension of the sword. Students will learn various techniques including partner work and forms with bamboo and wooden sword. Training emphasizes awareness, acute observation, perseverance and controlled, quick, and precise movements. A certified martial arts instructor teaches the class and is open to all body types and skill levels. NOTE: Students must wear comfortable athletic clothing and bring a water bottle to class. Class is for students 18-yrs old and above. NOTE: No class on October 14th.

Sword/F24A \$45 for 3 sessions - Mondays, 10/7 - 10/28, 8:00 - 9:00 PM
Full Circle Martial Arts - 412 Oshkosh St, Suite 2

Cuisine

AN EVENING OF ARGENTINA FLAVORED COOKING!

Instructor: Jeff Slathar

Maravilloso! Jeff's popular classes are always brimming with techniques and treats and you'll learn the preparation (and tasting) of a meal with the wonderful flavors of Argentina beginning with Pozole Soup, Tequilla Marinated Grilled Flank Steak, Chimichurri Sauce, Huevos Rancheros, Cilantro Lime Infused Rice, Refried Beans and Artisanal Crusted Rhubarb Custard! WOW! Recipes are all from scratch with a member of the American Culinary Federation. Tuition includes supply fees.

Argentina/F24A \$55 for 1 session - Thursday, 9/19, 4:00 - 7:00 PM
Terra Sancta Retreat Center Kitchen - 2101 City Springs Rd

JAPANESE COOKING FOR PARTIES & FAMILY

Instructor: Kazumi Tinant

Oishi! That's Japanese for delicious! Expand your cooking menu and get introduced to making delicious Japanese food like omelet rice, soba noodle and okonomiyaki for potluck parties or dinner/lunch for your family as Kazumi demonstrates these techniques. Students will receive recipes, learn techniques, and local resources for finding ingredients. NOTE: This class will be live Online via ZOOM and you'll be sent a link to the email address you provide at registration to join class. Students will also be sent recipes and an ingredients list to purchase in case they'd like to make/follow along in class.

JC/F24A \$35 for 3 sessions - Tuesdays, 11/5 - 11/19, 6:00 - 7:00 PM
Online Via ZOOM

NUTRITION = DELICIOUS!

Instructor: Brenda Steidler

Now is the time for you to join this delicious nutritious course to learn different nutrition topics each week including breakfast choices, eat this not that; healthy cooking; snacking, fast food and the facts; and food prepping and weight loss. Your instructor has been a trained wellness coach for 12-years! There will be samples and handouts each week. NOTE: Additional \$35 supply fee paid to instructor.

Nutri/F24A \$30 for 4 sessions - Tuesdays, 9/17 - 10/8, 6:00 - 7:00 PM
Rapid Energy Nutrition - 420 E St Patrick, Ste 110

WINE: BECOME AN EXPERT TASTER

Instructor: Eric Gardner

One of the most difficult parts of any W.S.E.T. Exam for sommeliers is the tasting section. Wines are served blindly, and the test-takers must determine the varietal, the country from where the wine is made, even the village or town, winery and vintage! Don't worry, students in my class won't have to determine all of that, but they will get to try their hands at blindly tasting a variety of wines and trying to determine what grape varietal each wine is made from. You may find that with some notes and practice, the exercise might not be as difficult as you may think. And, as always, in my wine classes, it will be fun! A light charcuterie will be provided but students may want to eat a late lunch before class as you'll be tasting several wines. NOTE: Students will enter thru the building's side door on 9th Street. If there is not parking available on Main, you may use the Rushmore Hotel's parking lot and walk. Tuition includes all supply fees. You must be at least 21-years old with a valid ID to attend.

Wexpert/F24A \$50 for 1 session - Saturday, 10/12, 2:00 - 4:00 PM
Mount Rushmore Society - 830 Main St - use side door

Cuisine

WINE: IS A \$100 BOTTLE REALLY BETTER THAN A \$10 BOTTLE?

Instructor: Eric Gardner

It's one of the most commonly asked questions by wine drinkers worldwide. Does the price tag always match the quality of the wine? Well, it depends on who you ask, but most importantly, it depends upon the individual's likes and dislikes. In this class, students will learn why some wines are more expensive than others and will get to blindly taste wines of different prices. The goal: to find out which wines the students like best for themselves and does the price tag really indicate which wines are better than others? It's going to be an afternoon full of fun and surprises, I'm sure! A light charcuterie will be provided but students may want to eat a late lunch before class as you'll be tasting several wines. NOTE: Students will enter thru the building's side door on 9th Street. If there is not parking available on Main, you may use the Rushmore Hotel's parking lot and walk. Tuition includes all supply fees. You must be at least 21-years old with a valid ID to attend.

WComp/F24A \$50 for 1 session - Saturday, 10/19, 2:00 - 4:00 PM
Mount Rushmore Society - 830 Main St - use side door

WINE: IT'S ALL ABOUT THE A.V.A.

Instructor: Eric Gardner

If you think of Napa Valley, you think of a small region north of the Bay Area that produces world-class wines. Many of these wines have that Napa Valley "signature" touch - firm tannins and big fruit-forward flavors. But within the Napa Valley are numerous Viticultural Areas, each containing their own types of soil and climate. The differences in flavor from one American Viticultural Area to another can be vastly different, even though one Area may be just a mile or two down the road from another! In this class, students will experience the magic of wines from different AVAs in Napa Valley from Coombsville to Oakville, Howell Mountain and Rutherford, and each Area has its own unique qualities that can be tasted in the glass. A light charcuterie will be provided but students will want to eat a late lunch before class as you'll be tasting several wines. NOTE: Students will enter thru the building's side door on 9th Street. If there is not parking available on Main, you may use the Rushmore Hotel's parking lot and walk. Tuition includes all supply fees. You must be at least 21-years old with a valid ID to attend.

Wava/F24A \$50 for 1 session - Saturday, 9/21, 2:00 - 4:00 PM
Mount Rushmore Society - 830 Main St - use side door

History & Exploration

BLACK HILLS GEOLOGY

Instructors: Kayleigh Johnson & Kelsey Mills

Have you ever wondered how the Black Hills formed? Maybe you have an interest in geology and don't know where to start? Join us for a course that introduces you to basic geologic principles and takes you through geologic time. You'll learn about the origin of the Black Hills and Badlands and how they have changed through time. We will also cover the rocks and minerals that you can find in the region as well as the different rock formations found in the region! Handouts will be available. Both of your instructors have a BS in Geology and a MS in Paleontology, and extensive experience working in their field. NOTE: Additional fees paid to instructor at class: optional Black Hills Rock sample kits \$25, optional Rock and Mineral Identification kits \$15. Students should bring a notebook and pen/pencils for notes.

BHG/F24A \$50 for 4 sessions - Fridays, 11/1 - 11/22, 6:00 - 8:00 PM
Rapid City High - 601 Columbus
Use right front glass entrance with the class sign

GHOST TOWNS OF THE BLACK HILLS 1: EARLY SETTLEMENTS

Instructor: William Swanson

The series continues after the Prequel as you witness the establishment of the hopes and dreams of those who braved the journey to the Hills, discover the early gold rush, and settlement of some of the first towns in the Black Hills. Learn the early history of Deadwood, the establishment of communities and the people of the gold and silver camps. A few camps/towns have prospered, many have not, and most have disappeared. Look back 140-years and see the color in those black and white photographs. Join us as we explore the Black Hills like you've never seen it, get a different perspective on what there is to discover. NOTE: Students will enter thru the building's side door on 9th Street. If there is not parking available on Main, you may use the Rushmore Hotel's parking lot and walk. Two field trips will be discussed, and dates set in class! Tuition is for two!

GT1/F24A \$79 for 7 sessions - Wednesdays, 9/18 - 10/30, 6:00 - 9:00 PM
Mount Rushmore Society - 830 Main St

History & Exploration

GHOST TOWNS OF THE BLACK HILLS, PART 2

Instructor: William Swanson

This class is a continuation of GTBH Prequel and Part 1, however those classes are not required to participate in this fascinating class! Course will include classroom sessions and field trips! An emphasis will be placed on exploring the Hills and "seeing" what you learn and discover. We'll discuss stagecoaches, freight and entertainment throughout the Northern Hills and Nemo and areas may include the silver towns of Galena and Carbonate Camp, and the settling of the towns of Lead and Central City plus much more. If you are a history buff, this class is a MUST! Two dates will be assigned for possible field trips, dependent upon weather, which will be discussed and determined during class. Note: Students will enter thru the building's side door on 9th Street. If there is not parking available on Main, you may use the Rushmore Hotel's parking lot and walk. Tuition is for 2/ register 1 person.

GT2/F24A \$79 for 7 sessions - Thursdays, 9/19 - 10/31, 6:00 - 9:00 PM
Mount Rushmore Society - 830 Main St

PALEONTOLOGY 101

Instructors: Kayleigh Johnson & Kelsey Mills

If you've always been interested or even a bit curious, come join us for a basic introduction to learn about Paleontology! We'll talk about the basics of this fun topic, what is found in SD, collection rules, you'll get hands-on experience identifying basic and local fossils plus so much more! Handouts will be available. Both of your instructors have a BS in Geology and a MS in Paleontology, and extensive experience working in their field. NOTE: Additional \$15 supply fee paid to instructor at class. Students should bring a notebook and pen/pencils for notes.

Paleo/F24A \$50 for 4 sessions - Fridays, 10/4 - 10/25, 6:00 - 8:00 PM
Rapid City High - 601 Columbus
Use right front glass entrance with the class sign

Home and Garden

BEE-GINNING BEEKEEPING!

Instructor: Tim Moran

Come join the buzz as Bee-ginning Beekeeping provides you with an introduction to hobby beekeeping! This class will review the origins of beekeeping and opportunities and challenges facing apiculture today. You'll learn the basics of how to start beekeeping as a hobby, along with aids like tools, hive and protective suit, further educational opportunities here in the Hills, and time for questions/answers.

Bee/F24A \$29 for 1 session - Wednesday, 9/18, 6:00 - 8:00 PM
Rapid City High School - 601 Columbus St
Use right front glass entrance with class sign

KEYS TO YOUR FIRST HOME: A FIRST TIME BUYER'S WORKSHOP

Instructor: Jessie Drury

For most of us, buying a home is the biggest purchase of our life, exciting and scary at the same time. This class is packed with info to help you understand the process: spotting the right agent and relationships; how negotiations can impact the entire deal; terms used in real estate like prequalification, preapproval, earnest money, home inspection, survey, taking backups; role of a title company; what loan type is best for you between FHA, VA, Conventional, buying a mobile home - whew! Come join and bring your questions. All materials will be supplied.

Keys/F24A \$25 for 2 sessions - Mondays, 9/23 & 9/30, 5:30 - 7:30 PM
BH Homebuilders Association - 1760 Rand Rd

Language

CULTURE AND LANGUAGE OF JAPAN

Instructor: Kazumi Tinant

This popular course will cover aspects of the Japanese language including basic Japanese grammar, greetings, and phrases/questions for traveling and general communication with others. Students will also begin learning HAIKU which can express the beauty of nature and emotions people feel in a short format with impact. Haiku has spread around the world and is also introduced in some American schools. This course is designed to be flexible and friendly, so come enjoy learning about this amazing country. NOTE: This class will be live via ZOOM and students will be sent the link to join the class at their email address provided at registration.

JL/F24A \$35 for 3 sessions - Tuesday, 10/8 - 10/22, 6:00 - 7:00 PM
Online via ZOOM

Money Talk



BUSINESS STARTUP LEGAL BASICS

Instructor: David Hansen

Are you planning to start a business or have already begun the process? According to research, people who start businesses are often not 'business minded'. There are several aspects of being business-minded that should be developed to help with success and this class seeks to provide basic education on the legal aspects of starting a new business. We will discuss entity formation, business formalities, and strategies to limit your liability. Gaining knowledge of the law is time well spent.

BSB/F24A \$29 for 1 session - Tuesday, 9/10, 6:00 - 8:00 PM
Rapid City High School - 601 Columbus St
Use right front glass entrance with class sign

ESTATE PLANNING: WILLS AND TRUST BASICS

Instructor: David Hansen

In this class, we will navigate some of the vernacular of planning with wills and preparing to protect familial harmony in probate. This class will provide basic knowledge and dispel a few myths regarding South Dakota Wills and Trusts law. This is your chance to expand your knowledge of basic tools for effective estate planning, help answer your questions, learn how to keep your minor children, loved ones, and money out of court and conflict. Gaining knowledge of the law is time well spent.

WT/F24A \$29 for 1 session - Tuesday, 10/8, 6:00 - 8:00 PM
Rapid City High School - 601 Columbus St
Use right front glass entrance with class sign

MAKING SOCIAL SECURITY BENEFITS WORK FOR YOU

Instructor: Brian Bickett

Navigating the various Social Security benefit claiming strategies can be difficult and confusing. One of the most important decisions you make before you retire is when/how to claim Social Security benefits to enhance your income! Come learn the ins and outs of benefit timing from a Certified Financial Planner professional. Some of the topics include how married couples can coordinate benefits to help enhance your spouse and survivor benefits; how the "do over" and "start, stop, restart" strategies work; working while receiving benefits aka the "Retirement Earnings Test"; and more! Bring your questions. Handouts will be available.

SSB/F24A \$29 for 1 session - Tuesday, 10/15, 6:00 - 7:30 PM
Rapid City High School - 601 Columbus St
Use right front glass entrance with class sign

TAXES IN RETIREMENT: MANAGING ONE OF YOUR BIGGEST EXPENSES

Instructor: Brian Bickett

You spend most of your life working, saving, and planning for retirement. The last thing you want is to give the IRS more of your hard-earned money than necessary. But that's what could happen if you go into retirement without considering the tax implications of your retirement income decisions. Come learn how the different retirement income sources are taxed, how income tax rates and brackets are scheduled to change in 2026, options to pay the tax you do owe, and the pros and cons of Roth Conversions. For more information or questions: imfinancialplanning.com or call 605-787-1255.

Tax/F24A \$29 for 1 session - Tuesday, 11/5, 6:00 - 7:30 PM
Rapid City High School - 601 Columbus St
Use right front glass entrance with class sign

THE BASICS OF PROBATE

Instructor: David Hansen

What is probate? Are the horror stories true? How do you prepare for it? Can it be avoided? For many people, one of the scariest things about probate may be that it is thrust upon them without any training or tools with which to navigate. In this class we will navigate the vocabulary and statutory procedure of probate in a way that is upbeat and in terms you can understand as we present answers to questions concerning probate under South Dakota law. Gaining knowledge of the law is time well spent.

Probate/F24A \$29 for 1 session - Tuesday, 11/12, 6:00 - 8:00 PM
Rapid City High School - 601 Columbus St
Use right front glass entrance with class sign



Music



GUITAR FOR BEGINNERS!

Instructor: John Sowden

Have you always wanted to learn guitar? Enjoy this opportunity to learn basic guitar chords, how to read simple melodies in music notation and tablature, and develop a system of harmonizing these melodies "by ear". Course provides a strong base from which the student should be able to teach themselves to play virtually any type of music. Students must bring their own guitar and will derive maximum benefit from the class if they set aside 2-hours per week for practice at home. NOTE: Parents of prospective students under the age of 16 yrs must please contact the instructor prior to registration at jwsowden@mail.com. No class on October 14.

BG/F24A \$70 for 6 sessions - Mondays, 9/23 - 11/4, 6:00 - 8:00 PM
Rapid City High School - 601 Columbus St
Use right front glass entrance with class sign

INSTANT PIANO FOR HOPELESSLY BUSY PEOPLE

Instructor: Craig Coffman

In just a few hours, you can learn enough secrets of the trade to give yourself years of musical enjoyment. Learn to play piano the way professionals do by using chords. The chord method is LOTS of fun and dramatically easier to learn than reading notes. Fee includes the Online book, Online follow-up lessons, a recording of the class and an optional periodic question and answer session. Class is held Online using ZOOM with you sitting at your own piano or keyboard and is partly hands-on instruction and partly lecture demonstration. NOTE: Students will need a device that has Internet to get their email link to 'join' the class, microphone and video capabilities as do most tablets, laptops and computers. Students will be sent the ZOOM link to your email address you provided at registration prior to class beginning. Ages 13 years old and above welcome to attend.

OP/F24A \$69 for 1 session - Monday, 11/4, 6:30 - 9:30 PM - Online

Professional Development

INTRO TO PROPERTY MANAGEMENT

Instructor: Carol Lawhun

What do you need to consider before you rent out a property you own, or start a career as a property manager? Join us as we discuss an overview of the business side of property management; State and Federal laws which must be followed by all landlords and managers; and what do you need to do before deciding to rent your home out as a vacation rental. This class will be taught both in-person and via ZOOM by Carol Lawhun, owner of Carol's Classes LLC real estate school with Broker license in South Dakota. NOTE: Students that register for the Online class will be sent a link prior to class time at the email address provided at registration. Students that register for the in-person class need to arrive to class on-time as the building door auto-locks at 5pm.

PM/F24A \$30 for 1 session - Friday, 10/4, 4:30 - 6:30 PM - **Online**

PM/F24B \$30 for 1 session - Friday, 10/4, 4:30 - 6:30 PM -

Carol's Classes - 2040 W Main St, Suite B4 (Lower Level)

REAL ESTATE AS A CAREER!

Instructor: Carol Lawhun

This course is a great opportunity to explore what it takes to have a career as a real estate agent before you commit! Look at a day in the life of an agent as we discuss what is involved in creating a successful career, skills needed to succeed, licensing process, and more. This class will be taught both in-person and via ZOOM by Carol Lawhun, owner of Carol's Classes real estate school and licensed in South Dakota with Keller Williams Realty Black Hills. NOTE: Students that register for the Online class will be sent a link prior to class time to the email address provided at registration. Students that register for the in-person class need to arrive on-time as the building door auto-locks at 5pm.

RE/F24A \$30 for 1 session - Monday, 10/21, 4:30 - 6:30 PM - **Online**

RE/F24B \$30 for 1 session - Monday, 10/21, 4:30 - 6:30 PM -

Carol's Classes - 2040 W Main St, Suite B4 (Lower Level)



Technology

EMBRACING AI: PRODUCTIVITY TIPS TO SAVE TIME AND MAXIMIZE EFFICIENCY

Instructors: Kate Meadows & Nick Saller

This one-time course introduces students to common artificial intelligence (AI) platforms and offers practical tips for using AI to maximize productivity in professional and everyday life. The course will address ethical considerations around AI and introduce students to real-life situations where AI is being utilized. NOTE: Additional \$10 supply fee paid to instructor at class. Students should bring their laptop. If you are interested in this class, but don't own a laptop, please email the instructor at kate@katemeadows.com.

AI/F24A \$35 for 1 session - Thursday, 10/3, 6:00 - 7:30 PM

Farmers Insurance - 2050 W Main St, Ste 1, Conference Rm

Belle Fourche

HEAVY EQUIPMENT TRAINING

Instructor: Jim Hartwell

The class is designed for individuals seeking to develop the skills and knowledge necessary to operate heavy equipment safely and efficiently. The class would be great for anyone wanting to learn this trade. Also, for contractors, the class could be training for your employees. The class is a basic introduction to heavy equipment operations. You will learn safety, maintenance, and technical aspects of the equipment, but you'll be trained to operate heavy equipment that's used in commercial and industrial construction. Each person will be given 4 hours on each simulator. The simulations will give you the skills and allow you to see what it is like to operate the "real thing". NOTE: A certificate will be provided for hours completed.

BF/HE/F24A \$250 for 10 sessions - Thursdays, 9/12 - 11/14, 6:00 - 8:00 PM

Belle Fourche High School CTE Building - 1301 12th Ave

INTRODUCTION TO WELDING

Instructor: Jim Hartwell

The welding class provides foundational knowledge and hands-on experience in various welding techniques and safety practices. Designed for beginners and those looking to refine their skills, the class will cover essential welding methods, including stick and wire-feed welds. Depending on the progression, students will also learn the TIG weld. Safety is important; OSHA standards will be learned and followed. NOTE: A certificate will be provided for hours completed. Students should be ready to provide instructor \$90 for supplies on the first day of the class.

BF/Weld/F24A \$250 for 10 sessions - Wednesdays, 9/11 - 11/13, 6:00 - 8:00 PM

Belle Fourche High School CTE Building - 1301 12th Ave

INTRO TO WATERCOLOR: FREEDOM OF EXPRESSION

Instructor: Meg English

Come join us in this beginner class as we learn about grades of paint, brushes, paper, color blending as we practice the joy of freedom of expression! Students should bring whatever watercolor materials they have lying around or a small set of beginner watercolor paints available at hobby or bigger stores. Paper we will be comparing and using will be supplied. Watercolor is wonderful for focus and tension reduction. NOTE: \$15 supply fee paid to instructor at class.

BF/WC/F24A \$40 for 3 sessions - Mondays, 10/21 - 11/4, 6:00 - 8:00 PM

Belle Fourche Rec Center - 1111 National St

Custer

BEGINNING SPANISH

Instructor: Deyanira Carrero

Join this class to learn the basic of the Spanish language. Your instructor's first language is Spanish, and she'll teach you this beautiful language for personal use, communicating for work/job, and traveling. Class will be lecture, demonstration and practice for pronunciations of greetings, numbers, colors, personal information, family, work and the vocabulary needed for basic conversation. NOTE: Students will be required to bring their cell phone capable of downloading at least one application that will be used in class.

CU/Span/F24A \$45 for 6 sessions - Tuesdays, 9/17 - 10/22, 5:00 - 6:30 PM

Custer Middle School/Armory - 527 Montgomery

Custer

EXPLORING MINDFULNESS

Instructor: Camille Riner

Looking for ways to find more ease? This morning beginner workshop will give an introduction to mindfulness and explore strategies and meditation techniques to bring clarity and understanding to your daily life. This is an interactive course with discussions, hands-on practices, stories, poems and journaling. We meet conveniently Online, so there is no need to travel or drive. NOTE: The instructor will email with a ZOOM class link. Class size is limited to allow for discussion and personalization.

Mind/F24A \$40 for 1 session - Saturday, 9/28, 9:00 AM - 12:00 PM - Online

INSIGHT MEDITATION

Instructor: Camille Riner

Curious about meditation? Wondering how it is done? Learn how meditation can be done even if you can't sit still as you join me in this introductory course about insight meditation. We will cover different styles of meditation, what insight meditation is and how you can practice this old tradition to bring more calm and understanding to your daily life. NOTE: The instructor will email a ZOOM class link. Class size is limited to allow for discussion and personalization.

Medit/F24A \$35 for 1 session - Tuesday, 10/22, 6:00 - 7:30 PM - Online

BOOST YOUR CREATIVITY

Instructors: Diane Knudson & Camille Riner

Do you feel you are doing the same thing over and over again? Does your creativity need a boost? Remember what it felt like when you were a kid doing something you really loved? We can help you find that freedom and joy again. Come play with us and reconnect with your creativity. In two hours, in the comfort of your own space, we will rediscover, imagine, draw, move and write. No art experience needed. NOTE: The instructors will email a Zoom class link and a simple art supply list. Class size is limited to allow for discussion and personalization.

Create/F24A \$35 for 1 session - Thursday, 10/17, 6:00 - 8:00 PM - Online

Create/F24B \$35 for 1 session - Sunday, 11/10, 2:00 - 4:00 PM - Online

Deadwood

EXPLORING THE JFK ASSASSINATION

Instructor: James Olson

The assassination of John f. Kennedy continues to fascinate as it remains an unsolved murder case. Come join this informational class to see what the early evidence showed and what has been unearthed since. As we know, Lee Harvey Oswald was accused of the crime and murdered days later on national TV by Jack Ruby. Who were these men? The government has investigated the case several times as have numerous private researchers. The 1991 movie JFK shocked the nation and precipitated the Assassination Archives Records Board. Over time, much more evidence has been produced that we'll discuss. As a lawyer, the instructor will focus on the evidence including discrepancies brought to light. Feel free to bring writing materials of choice. Handouts will be available. NOTE: the first class on 9/18 is Wednesday; the remaining classes are on Tuesday.

JFK/F24A \$60 for 5 sessions - Tuesdays, 9/18 - 10/15, 6:00 - 8:00 PM

Deadwood Welcome Center - 501 Main St

Hot Springs

BEGINNING WEAVING WITH A RIGID HEDDLE LOOM

Instructor: Terry Slagel

Have you seen the wonderful products made by weaving? Maybe you were lucky enough to receive a loom as a gift! Come join this intro level workshop to learn how to create a lovely hand-crafted wool scarf on a Rigid Heddle Loom. All materials, equipment, and handouts will be supplied to you, so just bring yourself prepared to enjoy this hands-on course in an age-old art! We will take a 1-hour lunch break on your own. NOTE: Additional \$20 supply fee paid to instructor.

HS/RH/F24A \$39 for 1 session - Saturday, 11/2, 9:30 AM - 4:30 PM

Chautauqua Artisans Market - 629 N River St

Hot Springs

SPINNING YOUR FIBERS ON A WHEEL!

Instructor: Terry Slagel

Imagine spinning unique yarns from exotic fleeces and luscious rovings - just as your ancestors did! If you're interested in fiber arts, there's nothing like making your own products. This hands-on intro class will teach you the basics of spinning on a wheel using a variety of prepared wool materials. We will also discuss carding, finishing, and plying. Students will have the chance to try several models of spinning wheels and will go home with a skein or two of handspun yarn! NOTE: Please plan to spin in your stocking feet. \$20 supply fee paid to instructor. Class will take a 1-hour lunch break on your own.

HS/Spin/S24A \$39 for 1 session - Sunday, 11/3, 9:30 AM - 4:30 PM

Chautauqua Artisans Market - 629 N River St

Lead

BEGINNING LINE DANCING

Instructor: Amber Lopez

Come join the fun as you 'try on' some of the latest line dances! There's no partner needed so don't sit home as these steps are easy to learn, great exercise for everyone and something you can enjoy your life long. We'll dance to all types of music and numerous dance rhythms. NOTE: Ages 12 - 17 yrs old are welcome when accompanied by an adult. Class size is limited.

DL/DL/F24A \$35 for 4 sessions - Fridays, 10/25 - 11/15, 5:30 - 7:00 PM

Handley Center - 845 Miners Ave

Spearfish



BEGINNING GUITAR

Instructor: Greg Moselle

Have you always wanted to learn guitar? Come enjoy this opportunity for an introduction to learn basic guitar chords, tuning, strings, how to read simple melodies in music notation and tablature and develop a system of harmonizing these melodies 'by ear'. Course is aimed at amateurs, but those familiar with the basics of guitar and would like to benefit from being with others of similar skill are invited! NOTE: Students must bring their own guitar to class, either a six-string acoustic or electric guitar with amp and will derive maximum benefit from the class if they set aside 2-hours per week for practice at home.

SP/BG/F24A \$50 for 5 sessions - Tuesdays, 9/24 - 10/22, 6:00 - 8:00 PM

Spearfish Chamber of Commerce - 106 W Kansas, Use side door

FOREST MANAGEMENT IN THE BLACK HILLS

Instructor: Bill Coburn

Join this informative course to learn about the history of forest management, including why and how federal, state and private forests are managed through presentation and on-the-ground experience. Your instructor has spent 48-years as a forester and wants to visit with you about our beautiful Black Hills forests. Topics covered include interesting history, first timber sale, mountain pine beetle, wildfires, silviculture, and more. We'll also discuss a weather permitting field trip on October 26th to view forest management sites and timber harvesting! Have you registered yet? NOTE: Additional \$40 supply fee paid to instructor at class.

For/F24A \$39 for 1 session - Monday, 10/21, 6:00 - 8:00 PM

Spearfish High School - 1725 N Main, Use main entrance.

THE ART OF SILVERSMITHING

Instructor: Gary Tripp

Always wanted to learn the age-old art of silversmithing? This is the perfect class for a beginner to learn jewelry making with one-on-one instruction. You'll make a beautiful sterling silver ring, finishing it off with a stone you set that you'll be proud to wear or give as a unique gift. Come learn the basics of a classic art form and put your jewelry on! Each class takes only 2 students, so it's 'private' and limited enrollment. All materials and equipment will be supplied. No prior experience necessary. Visit www.9t9designs.com to view projects and jewelry. NOTE: Additional \$165 supply fee paid to instructor at class. Persons must be at least ages 18-yrs old and above to attend.

Sp/S/F24A \$30 for 1 session - Sunday, 9/15, 11:00 AM - 2:00 PM

Sp/S/F24B \$30 for 1 session - Sunday, 9/29, 11:00 AM - 2:00 PM

Sp/S/F24C \$30 for 1 session - Sunday, 10/13, 11:00 AM - 2:00 PM

Sp/S/F24D \$30 for 1 session - Sunday, 10/20, 11:00 AM - 2:00 PM

Sp/S/F24E \$30 for 1 session - Sunday, 10/27, 11:00 AM - 2:00 PM

Sp/S/F24F \$30 for 1 session - Sunday, 11/10, 11:00 AM - 2:00 PM

Sp/S/F24G \$30 for 1 session - Sunday, 11/17, 11:00 AM - 2:00 PM

Sp/S/F24H \$30 for 1 session - Sunday, 11/24, 11:00 AM - 2:00 PM

9T9 Designs - 809 E. Hudson Circle



Sturgis

BEGINNING LINE DANCING

Instructor: Amber Lopez

Come join the fun as you 'try on' some of the latest line dances! There's no partner needed so don't sit home as these steps are easy to learn, great exercise for everyone and something you can enjoy your life long. We'll dance to all types of music and numerous dance rhythms. Ages 12 to 17 yrs old are welcome to attend when accompanied by an adult. Class size is limited.

St/LD/F24A \$35 for 4 sessions - Thursdays, 10/31 - 11/21, 5:30 - 7:00 PM
Sturgis Community Center - 1401 Lazelle St

GHOST TOWNS OF THE BLACK HILLS PREQUEL

Instructor: William Swanson

This chapter will look into the Ghost Town Series with new research and more materials making it necessary to revamp one of the longest running classes in Community Education. You will learn about the geology and the geography of South Dakota and discover the history behind the Black Hills during the early exploration of the American West, and the importance of the Black Hills to that history. Go back into a time when this was the blank spot in the map of North America. We'll take a look at this area from 1491 to 1875, including Amerindians; Custer, Russell - Collins Party, the Dodge - Jenny expedition, and more. Join this class to find out more about where you live. A must for everyone in the Black Hills. One field trip will be discussed, and date set in class. Note: Tuition is for two! No class on 9/27 or 10/18.

St/GTP/F24A \$79 for 8 sessions - Fridays, 9/20 - 11/22, 6:30 - 8:00 PM
Sturgis Community Center - 1401 Lazelle St

LET'S GOLF

Instructor: John Jambor

Come join this introduction to the game of golf! Students will learn the basic fundamentals of the golf grip, stance, aim, golf protocols, swing check, and playing the game. We'll discuss 'situational' golf, history and your area golf opportunities. Most importantly, the winter months can be utilized to form good habits or restructure old bad habits into proper ones. Your instructor is a golf professional, a longtime member of the Professional Golfers' Association of America and has taught all ages the love of the game for 30-years. Students will receive a FORE lesson book, teaching grip and more! NOTE: Additional \$10 supply fee paid to instructor at class for materials to take home.

St/Golf \$55 for 4 sessions - Fridays, 9/13 - 10/4, 10:00 - 11:30 AM
Meade County Senior Center - 919 Harley Davidson Way, Basement

LANDSCAPING FOR THE BLACK HILLS

Instructor: Vicki Hoffman

Are you a do-it-yourselfer that has always wanted to learn better landscaping for your home? Join this opportunity to learn from a master gardener and artist about design principles and how to plan a backyard that reflects your personality and good use of space! We'll discuss gardening methods, structures, common garden and yard mistakes and practical considerations for your space. Students should bring a diagram of your yard to class. There will be handouts and visuals.

St/Land/F24A \$50 for 1 session - Saturday, 10/12, 9:00 AM - 12:00 PM
Sturgis Public Library - 1040 Harley Davidson Way, Ste 101



www.BHSSC.org

OUR MISSION

To build strong communities by helping individuals and organizations reach their full potential.

OUR VISION

To provide innovative and comprehensive services in education, training, and employment.

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Community Education
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www.communityeducationclasses.org

CLC Testing Center Sponsorship Letter

I hope this letter finds you well. I am writing on behalf of the Career Learning Center (CLC) to request your support as a sponsor for the Assessment Center. We believe your partnership can be crucial in making this center a success and furthering our mission of providing over 1,325 professional assessments, certifications, and licensures to our community and surrounding areas.

The Career Learning Center of the Black Hills has provided proctored assessments for over 20 years. We welcome 1,500 – 2,000 test takers every year. Tests are administered regularly for professionals, job applicants, employers, government agencies, and students. Some examples of the tests administered are certifications for EMTs, paramedics, nurses, home inspectors, SD real estate brokers, construction residential and commercial licenses, mobile crane operators, medical billing and coding, dialysis, Indian Health Services employees, alcohol and drug counselors, flight nurses, electrical technicians, GED testing, daycare providers, restaurant certification, federal agents, I-9 verification processing, engineers, Department of Interior employees, Bureau of Land Management employees, drone pilots, FFA Airman testing, and so much more. We continue to add tests as our community needs arise.

The assessment center has met the comprehensive facility, technology, and security requirements for all assessment providers represented at our location. We offer secure, standardized testing conditions with pleasant and knowledgeable proctors to ensure the best customer experience.

Black Hills Special Services Cooperative (BHSSC) has offered and supported this community service for over 20 years. Our average revenue per test is \$5.00. Due to the rural nature of our location in the state, BHSSC is losing over \$30,000/year and incurring facility costs of \$1,350/month. BHSSC will not be able to continue to offer this vital community service without your help in sponsorship. The closest assessment center is in Casper, Wyoming.

We genuinely believe that your involvement as a sponsor will showcase your commitment to community development and significantly contribute to the success of the Assessment Center. We look forward to the possibility of having your company as a partner in this endeavor.

Please get in touch with any further questions and sponsorship opportunities.

Thank you for your consideration!
Jeanne (Burckhard) McKenna, Director
Jmckenna@bhssc.org
605-394-5120 (Office)
801-231-3998 (Cell)



DakotaLink

Technology Solutions for Life's Limitations



DakotaLink is South Dakota's program for linking you to assistive technology devices and services. If you or someone you know are experiencing limitations due to a disability, injury, or aging, we can help! We work with people in all age groups and can provide information that may help you at home, in school, on the job or in the community.



Contact us:

1-605-394-6742 or 1-800-645-0673

atinfo@dakotalink.net

www.dakotalink.net



Registration Information



- **Register Online:** Go to www.communityeducationclasses.org or bhcommunityed.digitalsignup.com to register quickly and easily with your credit card.
- **Register by Hand:** Complete the registration form below. Choose one of the following options for payment:
 - Fax the form to (605) 721-7504. Please include your credit card information or your corporate billing information.
 - Mail or hand-deliver the form with payment to **Community Education of the Black Hills, 730 East Watertown Street, Rapid City, SD 57701.** Office hours are Monday - Friday 7:30 AM - 4:00 PM.

Class Confirmation: Registration is confirmed by your payment of tuition. No registration is complete until the tuition is paid. You will receive a confirmation notice and receipt if you provide an email address in your profile. Classes fill quickly - don't delay!

Cancellations: We reserve the right to cancel any class due to insufficient enrollment. When area public schools are closed due to inclement weather, the Community Education and Career Learning classes are also canceled. Listen to your local radio or TV stations for the latest information.

Withdrawals and Refunds: Community Education students who wish to withdraw from a class must notify the Career Learning Center at (605) 394-5120 at least two working days before class begins. Refunds will be mailed within 30 days. A \$7 processing fee will be deducted from all refunds (\$20 for Driver Education). No refunds will be made after the first class session.

REGISTRATION FORM

Last Name: _____ First Name: _____ Home Phone: _____ Mobile Phone: _____
 Address: _____ City: _____ State: _____ Zip: _____
 Email address: _____ *for reminders, class confirmations, receipts, and announcements*

Media Release Do we have permission to take photos or video while in class? YES NO

SESSION NUMBER	COURSE TITLE	TUITION FEE
NOTE: Supply fees (if any) are separate non-refundable expenses paid directly to the instructor at class. Instructors will not accept tuition fees.		TOTAL DUE

Visa, Mastercard, or Discover #: _____ CVV (3-digit code): _____ Expiration Date: _____
 Name exactly as it appears on card: _____ Signature of card-holder: _____

Check # _____ Cash / money order
****PLEASE NOTE: MAKE CHECKS and MONEY ORDERS PAYABLE TO: BHSSC**



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