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Community Education of the Black Hills

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Career Learning Center

of the Black Hills

730 E. Watertown Street • Rapid City, SD 57701
Phone (605) 394-5120
www.clcbh.org

The Career Learning Center of the Black Hills has a variety of education, training and pre-employment offerings and services. Below is a brief description of these services. Please call our office for more information.

Adult Education at the Career Learning Center of the Black Hills (CLCBH): The CLCBH serves adult education students throughout Western South Dakota in the communities of Belle Fourche, Spearfish, Sturgis, Rapid City, and Custer. There are three primary areas of study for students enrolled:

GED Preparation: Serves most of our students ages 18 and older without a high school diploma with instruction offered during daytime and evening hours for preparation to take the GED exams.

Adult Basic Education: Serves individuals 18 and older who need academic review to prepare for job opportunities, enrollment into a university, technical college, apprenticeship or other post-high school education/training. Tutoring is also available.

English as a Second Language: Serves students 18 & over who are studying oral and written English skills.

Testing Services: The Career Learning Center of the Black Hills (CLC) represents 10 National and International Test Centers providing hundreds of proctored assessments. Tests are administered regularly for professionals, job applicants, employers, government agencies and students. The CLC has met the comprehensive facility, technology and security requirements for all assessment providers represented at our facility. In the past 12 months, the CLC has provided over 2,000 exams!

The CLC strives to meet the electronic testing needs of the Black Hills community members. To register for a test, individuals will access the appropriate link to their exam which will identify if that test is offered in the Rapid City area. If it is, it will most likely be provided at the Career Learning Center. If a test is not offered in this area, we welcome the opportunity to research the possibility of providing the exam at our facility. Testing Centers represented at the CLC include:

- Certiport Performance Assessment Network—PAN

(CLC also provides FAA Certification Exams and I-9 Employment Verification through PAN)

- Pearson VUE
- ISO Quality Testing
- PSI



Many of the computer training courses and the MOS tests are approved for funding through the South Dakota Department of Labor and Regulation and the Veteran's Affairs.



Welcome

We are glad you are joining us for the new season of Community Education! As you look through the Spring 2024 offerings, you will see most classes are held in-person and several conveniently hosted with a live instructor via Zoom. Registration begins January 1st.

We extend a sincere Thank You to:

- All of our amazing instructors who lend their expertise, time, and energy to provide wonderful opportunities to learn;
- ‘Partners’ who make this program a success with sponsorships and classroom space; and
- Especially you, the participant, who continues to support this program by taking a class.

Wishing you all the best.

Live & Learn -

Tammy Sellars, Program Director

Jeanne McKenna, Division Director

Students and Employers: Affordable Computer Training Courses!

The Career Learning Center of the Black Hills is finding high interest in computer skill training for employees and job seekers. In response to this interest, we are offering all of our computer courses at a **50%** discount for employers sending their employees and for individuals who are employed or seeking employment.

The Career Learning Center of the Black Hills can customize a training program with one, two or more computer courses to meet your needs. Offerings include:

Course	Number of Hours	Original Price	Discounted Price
Keyboarding	36	\$200	\$100
Intro to Computers	36	\$250	\$125
Microsoft Word	40	\$300	\$150
Microsoft Excel	40	\$300	\$150
Microsoft PowerPoint	40	\$300	\$150
Microsoft Outlook	36	\$250	\$125
QuickBooks Pro	60 - 70	\$400	\$200
Administrative Office Assistant	480	\$2,000	\$1,000
Office & Accounting Assistant	560	\$2,250	\$1,125

These classes are open entry and self-paced allowing you to set your schedule and go at your own pace. For more information on the cost of the courses, please contact the Career Learning Center of the Black Hills at 394-5120.

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Active Living

ADULT: INTRO TO KAYAKING

Instructors: Renee Raisanen & Justin Herreman

First things first: come learn the basics of kayaking that will help set the foundation for a safe, enjoyable paddling future from certified American Canoe Association (ACA) instructors. ACA-certification is the national standard for professional kayak instructors. The setting is calm flat water in a pool so you're at ease and can focus on a great experience. Emphasis will be on safe practices, learning and feeling the differences between equipment, proper boat fit, and principles of strokes and maneuvers. All equipment, kayaks and pool fees are provided and included in the tuition. At the end of this class, you'll be familiar and comfortable with basic paddling skills and equipment, and ready for the beautiful recreational kayaking venues the Black Hills has to offer. **NOTE:** Mandatory signed waiver at class or on the web site at registration. Please complete the Info for Kayaking form attached to class regarding age, height and weight of registrant. Ages 18 yrs old to 114 yrs old welcome! What to bring: Set of clothes to get wet in (shorts or leggings) to get in/out of boats, dry clothing to change into after class, towel, water bottle.

KA/S24A \$105 for 1 session - Saturday, 3/23, 3:00 - 7:00 PM

KA/S24B \$105 for 1 session - Sunday, 3/24, 3:00 - 7:00 PM
Roosevelt Swim Center - 125 Waterloo St

AMERICAN MAH JONGG REFRESHER!

Instructor: Linda Lockner

Those that have played know that Mah Jongg is an enjoyable table game in which players use number and symbol tiles to form hands and score points. Have you learned the basics of American Mah Jongg (National Mah Jongg League Rules), but it's been a while since you played with the tiles? Maybe you've forgotten some practices or strategies and would like a refresher to get back into the game. Here's your opportunity to join other novice players to advance your proficiency and bring a higher level of confidence to your game. Tile sets are provided for playing, so come have a great time! **NOTE:** NMJL cards of hands and rules will be available for class use.

AMJR/S24A \$35 for 2 sessions - Wednesdays, 3/13 & 3/20, 5:30 - 7:30 PM
Career Learning Center of the Black Hills
730 E. Watertown Street, use North entrance & parking lot

BASICS OF SAILING!

Instructors: Sarah Mangelsen & Angostura Yacht Club Members

This course is designed to instruct a newcomer, as well as an old salt, on the art and science of sailing! Class is taught by local sailors and boat captains of the Angostura Yacht Club. Some of the topics will be boat handling and safety, seamanship and knots, weather, nautical terms, sailing vacations and more. Students will enjoy a short sailing day on Sheridan Lake on May 5th. If you've ever had the desire to sail, to feel the roll of the deck under your feet and wind in your sails, take this opportunity! Tuition includes all supply fees.

Sail/S24A \$55 for 3 sessions - Thursdays, 4/18 - 5/2, 7:00 - 9:00 PM
Rapid City High - 601 Columbus St
Use right front glass entrance with class sign

BEGINNER BELLY DANCING!

Instructor: Kisa

Beauty is ageless, love is ageless, kindness is ageless and Middle Eastern dance is also ageless! Let Kisa help you add power and grace to your femininity with this beautiful art form and you'll be forever dancing from within. We start off with the basics of Cabaret-style. Come join as no previous dance experience is necessary. Class is suitable for all shapes and sizes. Wear clothing to move freely and bring a bottle of water.

BBD/S24A \$39 for 4 sessions - Tuesdays, 1/16 - 2/6, 9:00 - 10:00 AM
The Weight Room - 601 12th St
Use entrance off back parking lot

BEGINNING LINE DANCING

Instructor: Debbie Ellerton

Come join the fun as you try on some of the latest line dances! No partner needed for this class, so don't sit home because you don't have a partner, come join the movement! These steps are easy to learn, great exercise for everyone, and something you can do your life long. We will dance to all types of music and numerous dance rhythms. Ages 10 yrs and above welcome! Class size limited.

LD/S24A \$35 for 4 sessions - Tuesdays, 2/6 - 2/27, 6:30 - 7:30 PM
1 Rapid City Elks Lodge #1187 - 3333 Jolly Lane

Active Living

BIRDS OF PREY

Instructor: Maggie Engler

Hawks, eagles, vultures, and owls are magnificent predators. During this intermediate level birding class, you will learn to identify South Dakota's raptors. We will explore their habits, habitats and unique adaptations. There will be two field trips: one a prairie birding expedition, and the other a trip to the Black Hills Raptor Center to see the avian ambassadors up close. The field trips are tentatively planned for April 13 and April 20 to be discussed in class. Please bring your own binoculars for the field trips.

BOP/S24A \$40 for 2 sessions - Mondays, 4/8 & 4/15, 6:00 - 8:00 PM
Rapid City High - 601 Columbus St
Use right front glass entrance with class sign

DOES YOUR FIDO OR FIFI NEED FIXING?

Instructor: Katherine Andrews

This unique class provides your dog an individual evaluation and your questions get answered by an animal behaviorist! We will offer Basic Obedience; Advanced Obedience; Social Skills; and Communication Skills. You/doggo will have a chance to get Canine Good Behavior certified with one-on-one time to 'fix' the issues your dog is having and fit the needs of you/your dog with your schedule. Class will work both individually and small group to accomplish goals. Please bring your own dog with leash, training collar plus snacks. Dog should be 6 months old or older. Class is limited to 1 dog per registered student. **NOTE:** Class meets bi-weekly. Please check in at the round pen at the park at 10:45am to let your dog run around so they'll focus better. For more info/questions: www.animalpsychologycenter.com or call 605-390-7295.

Fido/S24A \$95 for 2 sessions - Saturdays, 6/1 - 6/15, 10:45 AM - 2:00 PM
Braeburn Dog Park - 3324 Idlehurst Ln - off Jackson Blvd

DOG AGILITY: AN INTRODUCTION

Instructor: Rebecca Almy

This class will introduce you to healthy and happy basics of dog agility. You and your pooch will get an opportunity to jump, run through a tunnel, and learn the weave poles to develop muscles and control. Your dog must be obedient and physically able to jump and run, as both of you get a bit of exercise! Please bring to class: Current shot records and yummy dog treats for motivation. **NOTE:** Aggressive dogs will not be allowed in class. One dog per registered student.

Dog/S2FA \$25 for 1 session - Saturday, 2/10, 4:00 - 5:00 PM
Dog/S24B \$25 for 1 session - Wednesday, 3/13, 6:00 - 7:00 PM
Tails n' Training - 5531 Mill Rd, Black Hawk

DUO DANCING

Instructors: Linda & Henry Olivier

This wonderful 6-week class is open to people of all ages and will teach lifelong enjoyment! So, get off the couch, grab a partner, and enjoy an energizing and inexpensive time together. We will cover learning the moves and steps of the Two-Step, Waltz, and Jitterbug together! Come join the fun! Please note that any dance is great exercise and can be aerobic. Class size is limited. **NOTE:** Register individually!

DD/S24A \$50 for 6 sessions - Mondays, 1/22 - 2/26, 7:00 - 8:30 PM
Rapid City Elks Lodge #1187 - 3333 Jolly Lane

LET'S GOLF!

Instructor: John Jambor

Come join this introduction to the game of golf! Students will learn the basic fundamentals of the golf grip, stance, aim, golf protocols, swing check, and playing the game. We'll discuss ?situational? golf, history and your area golf opportunities. Most importantly, the winter months can be utilized to form good habits or restructure old bad habits into proper ones. Your instructor is a golf professional, a longtime member of the Professional Golfers' Association of America and has taught all ages the love of the game for 30-years. **NOTE:** S24A is for seniors ages 50 - 110 years old, S24B is open to all ages. Additional \$10 supply fee paid to instructor at class for materials to take home.

Golf/S24A \$35 for 3 sessions - Tuesdays, 2/13 - 2/27, 10:00 - 11:30 AM
Golf/S24B \$35 for 3 sessions - Tuesdays, 3/5 - 3/19, 10:00 - 11:30 AM
Career Learning Center of the Black Hills
730 E. Watertown Street, Upstairs Conference Rm



Active Living

INTRO TO BOULDERING!

Instructors: *Laura Bellisle & Kolton Arthur*

Ready to try something new in the new year? This class is a basic introduction to the rock-climbing discipline of bouldering. It's a great way to increase your core strength and perfect for those with little or no experience. Basecamp's intro class will teach students climbing safety, footwork, and tips & tricks to climb routes on walls of all skill levels and difficulties with experienced climbing instructors. All equipment will be provided including climbing shoes. **NOTE:** Tuition includes all supply fees. Class S24A and S24C is intended for any person ages 14 yrs old and above. Class S24B is for women only aged 18-yrs old and above. Students should wear comfortable clothing and bring a bottle of water.

Bould/S24A \$99 for 4 sessions - Wednesdays, 2/7 - 2/28, 5:00 - 6:00 PM
Bould/S24B \$99 for 4 sessions - Wednesdays, 3/6 - 3/27, 5:00 - 6:00 PM
Bould/S24C \$99 for 4 sessions - Wednesdays, 4/3 - 4/24, 5:00 - 6:00 PM
Black Hills Base Camp - 2461 Seger Dr

INTRO TO PICKLEBALL!

Instructors: *Paul Cohen & Mark Geyer*

Pickleball has taken over the country in popularity for all ages because it's great fun and you can be active in all weather conditions as you play indoor pickleball! This class will introduce you to the sport, proper form, scoring and much more, so come join the fun! It's naturally social-distanced! Students should please dress comfortably, wear tennis shoes, and bring a bottle of water. If you'd prefer to use your own racquet, please bring it, but court time, balls and racquets will be provided for everyone. Persons 12-years old and above welcome. **NOTE:** Additional \$10 supply fee per person paid to instructor at class.

Pick/S24A \$29 for 4 sessions - Mondays, 1/15 - 2/5, 12:00 - 1:00 PM
Pick/S24B \$29 for 4 sessions - Tuesdays, 1/16 - 2/6, 6:30 - 7:30 PM
Pick/S24C \$29 for 4 sessions - Wednesdays, 2/7 - 2/28, 12:00 - 1:00 PM
Pick/S24D \$29 for 4 sessions - Thursdays, 3/7 - 3/28, 8:00 - 9:00 PM
Pick/S24E \$29 for 4 sessions - Fridays, 3/1 - 3/22, 12:00 - 1:00 PM
Pick/S24F \$29 for 4 sessions - Saturdays, 4/6 - 4/27, 4:30 - 5:30 PM
Pick/S24G \$29 for 4 sessions - Sundays, 2/4 - 2/25, 12:00 - 1:00 PM
Pick/S24H \$29 for 4 sessions - Tuesdays, 3/5 - 3/26, 6:30 - 7:30 PM
Tennis Center of the Black Hills - 7802 Albertta Drive

INTRODUCTION TO HAM RADIO

Instructors: *Members of the Black Hills Amateur Radio Club*

Come join this great group to begin your HAM Radio adventures! We'll discuss terminology, FCC requirements, operating a radio, and more. Class will include lecture, demonstration and hands-on activity. After completing the class, you will be prepared to take the test for a HAM Radio Technician's License if you wish! Study materials will be available for free online. **NOTE:** class is 3-sessions and there will be a public testing session for the HAM radio licenses on March 23. Additional fees as follows: \$15 test fee (pass or fail) if you opt to test for the license; and \$35 fee for the license to be active for 10-years once you pass the test.

HAM/S24A \$45 for 3 sessions - Saturdays, 2/24 - 3/9, 10:00 AM - 1:00 PM
Westhills Village - 255 Texas St - Rimrock Rm

JITTERBUG DANCING FOR THE BEGINNER

Instructor: *Debbie Ellerton*

The Jitterbug is so fun to do and it seems to be the dance all ages enjoy as everyone is always smiling while jitterbugin'! If you want to learn how, this 4-week class will teach you the basics. You will learn turns and fun moves of this swinging dance. This very social dance can be done at any occasion and you will have a blast even if it's in the living room. We will dance to a variety of music from country to funky. Register individually. **NOTE:** Class size is limited.

JD/S24A \$35 for 4 sessions - Tuesdays, 2/6 - 2/27, 7:45 - 8:45 PM
Rapid City Elks Lodge #1187 - 3333 Jolly Lane



Active Living

ROCKHOONDING 101

Instructors: *Kayleigh Johnson & Kelsey Mills*

This class is for the novice rockhounds out there interested in rockhounding but are not sure where to begin. Can't walk by an interesting pile without stopping? This course will teach you some basic geology; rock, mineral and fossil identification; and local regulations for collecting rocks and fossils in the Black Hills region. Your instructors have Bachelor's in Geology and Paleontology and will provide a basic introduction to this fun hobby with lecture, demonstration and hands-on experience identifying basic and local rock and minerals! Don't miss this opportunity to rock out! **NOTE:** Additional \$15 supply fee paid to instructor at class. Students should bring a notebook and pen/pencils for notes.

Rock/S24A \$39 for 4 sessions - Fridays, 2/2 - 2/23, 7:00 - 8:00 PM
Rapid City High - 601 Columbus St
Use right front glass entrance with class sign

STAYING 'DOGGONE SAFE'!

Instructor: *Linda Kelly*

Dogs are everywhere and whether you love them or are indifferent, you and your teens/tweens/children are going to encounter them. A fact: if we, as humans, can learn to recognize the signs of exhaustion, stress, frustration or worry reflected in a dog's demeanor, there could be a lot fewer bites, tears, and fears which can lead to dogs living to an older age. Class will help you and your teens/tweens/children learn to recognize and understand the signs and body language of dogs, and how we can help keep ourselves and kids of all ages 'Doggone Safe'. **NOTE:** Parent must be present with their children, 1 dog per handler registered; dog 'parent' must show proof of up-to-date shots, and please bring a leash for your dog. Additional \$20 supply fee paid to instructor at start of class. Aggressive or highly reactive dogs are not allowed but if you have any questions, please call the instructor at 605-391-3750.

DSafe/S24A \$32 for 1 session - Sunday, 5/26, 1:00 - 3:00 PM
Krazy K9 - 14697 Saddle Rd, Piedmont

TEACH YOUR DOG TO COME TO A WHISTLE!

Instructor: *Linda Kelly*

Does your dog struggle with recall? Do they hear their name and run in the opposite direction? Maybe they stare at you from a distance then go on their merry way, sniffing, and completely ignoring you? Woof! Trust us, you're not alone in the struggle and we'll share with you a game-changer. This will be demonstration with lots of opportunities for hands-leash-on activities! Handouts, whistle with lanyard, treats, and supplies to practice recalls with distractions will be provided. One dog per registered student, please bring a leash for your dog and wear comfortable walking shoes. **NOTE:** Additional \$20 supply fee paid to instructor at start of class. Bring proof of up-to-date shots for your dog. If you have any questions, please call the instructor at 605-391-3750.

Whistle/S24A \$32 for 1 session - Sunday, 5/19, 1:00 - 3:00 PM
Krazy K9 - 14697 Saddle Rd, Piedmont

THE BASICS OF LOOSE LEASH WALKING YOUR DOG!

Instructor: *Rebecca Almy*

Is Fido or Fifi not so fun to take on a walk? Are they distracted, pulling, or taking you for the walk most of the time? This class will teach you the basics of loose leash walking with your dog. It's not always a race! Bring your dog, a leash that attaches to their collar, and a few treats. Class is limited to one dog per registered student.

LLDog/S24A \$25 for 1 session - Wednesday, 2/14, 6:00 - 7:00 PM
LLDog/S24B \$25 for 1 session - Saturday, 3/16, 4:00 - 5:00 PM
Tails n Training - 5531 Mill Road, Black Hawk

THE LITTLE BIG SPARROW!

Instructor: *Maggie Engler*

These seemingly 'little brown birds' called sparrows are truly magnificent. A study in browns, grays and blacks, they are a big birding challenge! Spend two evenings and two morning field trips getting to know the species that are in western South Dakota in the spring. This class is designed for intermediate to advanced level birders. **NOTE:** Please bring your own field guide to class and your own binoculars to the field trips. Field trip dates are tentatively scheduled for Saturdays March 9 and March 16 in Rapid City.

Spar/S24A \$40 for 2 sessions - Thursdays, 3/7 & 3/14, 6:00 - 8:00 PM
Rapid City High - 601 Columbus St
Use right front glass entrance with class sign

Active Living

TEACH LUCKY DOG NEW TRICKS!

Instructor: Rebecca Almy

Whatever their perfect name is, your doggo will love this class as we review basic commands and teach you both some tricks so come enjoy learning techniques. Please bring to class current shot records and yummy dog treats for motivation. **NOTE:** Doggos must be obedient and aggressive dogs will not be allowed in class. One dog per registered student.

DTricks/S24A \$25 for 1 session - Saturday, 2/24, 4:00 - 5:00 PM
Tails n Training - 5531 Mill Road, Black Hawk

Arts & Crafts



BASICS OF DRAWING

Instructor: Brad Petersen

Come learn the basics of drawing which can be enjoyed thoroughly on its own or as the basis of many other art forms/projects. This class will begin by focusing on the basics of the fundamentals of drawing and will include techniques such as shading, perspective and using other sources. It's time to get started doing something you'll love. **NOTE:** Students must bring to class a drawing pad, drawing pencils and a couple of erasers. All other supplies will be provided.

Draw/S24A \$45 for 4 sessions - Mondays, 4/29 - 5/20, 7:00 - 8:00 PM
Rapid City High - 601 Columbus St
Use right front glass entrance with class sign

CREATE A MALA: A MEDITATIVE EXPERIENCE

Instructor: Jessica Lewis

A mala is a lovely string of beads used to aid in mediation or prayer, and sometimes worn like a necklace. The process of making a mala can be meditative as you self-reflect while creating something beautiful with your hands. Come join this inviting environment with a cup of tea and gentle music as you are introduced to the history and styles of malas. You'll learn the overhand knot and create your own personal mala as you practice setting intentions. **NOTE:** Students may purchase a pre-made mala kit for \$40 paid to Jessica at class or you must bring your own supplies: 108 8mm or 6mm beads for the mala, 5 extra 8mm beads and scrap string, 18-feet of nylon blend chord 1mm in diameter, 1 10mm bead with a 1.5 - 2mm hole, 5 beads of a larger size in a different texture or color. All other supplies will be provided.

For more information on the instructor, go to www.westrivermalas.com
Mala/S24A \$35 for 1 session - Saturday, 4/13, 8:00 AM - 12:00 PM
Career Learning Center of the Black Hills
730 E. Watertown Street, use North entrance & parking lot

CROCHET THERAPY!

Instructor: Kim Oslund

Are you curious about crochet? Or maybe you want to refresh your skills, and learn some new stitches, tips and tricks? After this class you will know the basics of crochet, ALL the basic stitches, a bit of terminology, pattern reading, counting techniques and make some really cool stuff! Everything you need is provided (hook, good yarn, and great patterns) for you to begin your crocheting adventure. **NOTE:** Additional \$20 supply fee paid to instructor includes yarn for first project, hook(s) and patterns.

CT/S24A \$45 for 3 sessions - Mondays, 1/22 - 2/5, 3:00 - 4:30 PM
CT/S24B \$45 for 3 sessions - Mondays, 1/22 - 2/5, 5:00 - 6:30 PM
CT/S24C \$45 for 3 sessions - Saturdays, 3/2 - 3/16, 1:00 - 3:00 PM
Slip-Knits, 1109 W Omaha St, Suite G

ESSENTIAL OILS: LET'S PAMPER WITH NATURAL PRODUCTS!

Instructor: Tina Sharp

Join this fun class to make three amazing natural and organic products you can use to pamper yourself or someone special! Mother's Day is coming! What a joy to create our own wellness and clean-living items like Hand Scrub, Lip Scrub, and Perfume. You get to choose the aroma for 2 of the products. All supplies are provided so come join this fun class. **NOTE:** Additional \$15 supply fee paid to instructor at class.

NGifts/S24A \$25 for 1 session - Monday, 5/6, 6:00 - 7:30 PM
Dahl Arts Center - 713 7th St
Use Education entrance on Kansas City St

Arts & Crafts

FUNDAMENTALS OF KNITTING

Instructor: Kim Oslund

WARNING: Knitting is very addicting! Begin your love of fiber arts and learn to knit, purl, work the stockinette stitch, ribbing and bind-off. You'll read and follow written patterns with confidence. The class project will knit an impressive scarf for yourself or someone you love! **NOTE:** Additional \$40 supply fee (includes yarn, needles, and pattern) paid to instructor at beginning of classes.

FUN/S24A \$45 for 4 sessions - Saturdays, 1/20 - 2/10, 1:00 - 2:30 PM
FUN/S24B \$45 for 4 sessions - Mondays, 3/4 - 3/25, 3:00 - 4:30 PM
FUN/S24C \$45 for 4 sessions - Mondays, 3/4 - 3/25, 5:00 - 6:30 PM
Slip-Knits, 1109 W Omaha St, Suite G

HAND-CRAFTED GREETING CARDS

Instructor: Jo Prang

Handmade gifts are always the most loved and appreciated! This class features Valentine-themed cards for the special 'sweethearts' in your life! Whether you're a newcomer or an experienced card-maker, you will enjoy creating 5 custom-made beautiful, high-quality cards and have fun in the process. You will have the opportunity to learn various techniques, including the secrets of using stamps, punches, embossing folders, and dies, and sentiments may be added. All supplies, including beautiful decorative paper, cardstock, envelopes, and embellishments, will be provided. **NOTE:** Additional \$10 supply fee paid to instructor at class. Ages 14 yrs - 17 yrs old are also welcome to attend class accompanied by an adult to create special "I love you".

Cards/S24A \$30 for 1 session - Thursday, 2/1, 6:00 - 9:00 PM
Cards/S24B \$30 for 1 session - Monday, 2/12, 6:00 - 9:00 PM
Dahl Arts Center - 713 7th St
Use Education entrance on Kansas City St

HARDANGER EMBROIDERY WORKSHOP

Instructors: Debra Kronenbitter & Sons of Norway Members

Hardanger is a traditional Norwegian craft of embroidery that takes its name from that region. You see this beautiful stitch work on linens like tablecloths or runners, caps and other items. Come join us to learn the basic stitches and work toward finishing a beautiful project of your own. All materials will be provided to you. **NOTE:** Additional supply fee paid to instructor at class of up to \$20.

Hard/S24A \$50 for 6 sessions - Mondays, 4/1 - 5/6, 6:30 - 8:30 PM
Canyon Lake Activity Center - 2900 Canyon Lake Dr

HEIRLOOMS: CREATIVE LIFE-WRITING FOR ADULTS

Instructor: Molly Barari

Have you always wanted to record your memories onto paper so your family can cherish your stories for years to come? This class is open to all ages and writing levels of adults providing writing prompts which will encourage participants to pen their life memories through sensory detail. Creative writing has many benefits aside from preserving valuable memories. It helps sharpen the mind and provides a therapeutic outlet for emotions. Please bring writing materials to each class. For information on the instructor, who has a doctorate in adult education, please visit www.mollybarari.com

Heir/S24A \$29 for 1 session - Saturday, 1/27, 10:30 AM - 12:30 PM
Heir/S24B \$29 for 1 session - Saturday, 2/10, 10:30 AM - 12:30 PM
Heir/S24C \$29 for 1 session - Saturday, 3/16, 10:30 AM - 12:30 PM
Heir/S24D \$29 for 1 session - Saturday, 4/13, 10:30 AM - 12:30 PM
Heir/S24E \$29 for 1 session - Saturday, 5/4, 10:30 AM - 12:30 PM
Bean Counter - 4956 5th St, inside Aspen FCU

NATIVE HAND DRUM WORKSHOP

Instructor: Debra Blair

Come join us to create your own 13-inch Native American hand drum with a drumstick. We'll use cedar wood (a sacred herb), deer leather, and black walnut to make each one unique and beautiful. Then we'll stain and wrap the drumstick. This is your opportunity to learn this true native art. **NOTE:** Additional \$120 supply fee paid to instructor at class; cash or debit/credit cards are accepted but no checks please. Students will bring a sack lunch/snack/drink and take a 45-minute break to enjoy.

Drum/S24A \$29 for 1 session - Saturday, 1/20, 10:00 AM - 2:00 PM
Drum/S24B \$29 for 1 session - Saturday, 3/2, 10:00 AM - 2:00 PM
Drum/S24C \$29 for 1 session - Saturday, 5/11, 10:00 AM - 2:00 PM
Dahl Arts Center - 713 7th Street, Use Kansas City Entrance

Arts & Crafts

NATURAL QUILL EARRINGS WORKSHOP

Instructor: Debra Blair

Come join us to create a pair of lovely earrings made from natural quills. All supplies will be provided for you, and you'll have many different colors of beads to choose from to add to your earrings. Don't miss this opportunity. **NOTE:** Additional \$35 supply fee paid to instructor at class; cash or debit/credit cards are accepted but no checks please.

Quill/S24A \$35 for 1 session - Saturday, 4/27, 9:30 AM - 2:00 PM
Dahl Arts Center - 713 7th Street, Use Kansas City Entrance

NORWEGIAN LITERATURE WORKS

Instructors: Karen Pitbaroulis & Sons of Norway Members

This workshop will read and discuss Red River of the North, books 1 and 2, by Lauraine Snelling. The book chronicles the story of the Bjorklund family leaving Norway for the banks of the Red River in Dakota Territory and covers the unimagined hardships and triumphs of this family. Books can be purchased for \$6 at class.

NorLit/S24A \$50 for 6 sessions - Mondays, 4/1 - 5/6, 6:30 - 8:30 PM
Canyon Lake Activity Center - 2900 Canyon Lake Dr

POETRY FOR SENIORS (AGES 50 - 101)

Instructor: Bill Schulz

Always wanted to try your 'hand' at poetry? This class is for the beginner or a person who likes to 'practice' as it's not a class in the techniques of poetry, but instead we focus on how a poem is rather than what it is. We will create poems from poetic examples, personal memories, workshop writing and community-shared writing. Your instructor taught English at BHSU, Creative Writing at Stevens HS, is a self-published author and continues to be bitten by the writing bug! **NOTE:** Students should bring paper, pens/pencils to class.

Poet/S24A \$30 for 4 sessions - Thursdays, 4/4 - 4/25, 10:00 - 11:30 AM
Career Learning Center - 730 East Watertown St

ROSEMALING: TRADITIONAL FOLK ART

Instructors: Brenda Rud & Sons of Norway Members

Rosemaling or 'rose painting' is a folk art that began in the lowlands of Norway in 1750 and very important to their culture. You see it on wooden boxes, bowls, etc., but really you can do rosemaling on anything like a wall, ceilings, ornaments, picture frames. We'll begin with the basic strokes and work toward finishing a beautiful project of your own. All materials will be provided to you. **NOTE:** Additional supply fee paid to instructor at class of up to \$20.

Rose/S24A \$50 for 6 sessions - Mondays, 4/1 - 5/6, 6:30 - 8:30 PM
Canyon Lake Activity Center - 2900 Canyon Lake Dr

WOOD CARVING

Instructors: Mike Martin & Sons of Norway Members

Woodcarving and whittling is an ancient form of expression, and some classify it as a lost art. It's a medium that you can be very unique and creative, and with a little knowledge, can produce fun and interesting projects. This course will have a Scandinavian focus with hands-on instruction for both the beginner and the intermediate carver. You'll learn about tools, different types of wood and techniques. The best wood for small carvings will be provided and students must bring their own carving knife (these can be found at Who's Hobby/RC, online, or at your favorite local craft store). Ages 16 yrs and older welcome. **NOTE:** Additional \$5 supply fee paid to instructor.

Wood/S24A \$50 for 6 sessions - Mondays, 4/1 - 5/6, 6:30 - 8:30 PM
Canyon Lake Activity Center - 2900 Canyon Lake Dr

Body & Mind

A GREAT WARM-UP FOR YOUR PICKLEBALL GAME!

Instructor: Britt Wickett

Pickleball is one of the fastest growing sports in America! Regardless of experience or ability level an appropriate warm-up can help keep aches and pains away and allow for a more enjoyable playing experience. Come learn about the muscle groups used during Pickleball and receive instruction in a dynamic upper and lower body warm up to promote lifelong participation in Pickleball. This course will be instructed by a Doctor of Physical Therapy.

WUP/S24A \$29 for 1 session - Wednesday, 3/20, 1:00 - 3:00 PM
Elevate Performance - 420 E St Patrick, Suite 101

Body & Mind

AIKIDO: INTRO FOR KIDS (AGES 8 - 12 YRS OLD)

Instructor: Willi Kurniawan

Aikido is a Japanese self-defense art with the main principal of being in harmony with everyone! This class introduces children ages 8 yrs old - 12 yrs old to Aikido basic exercises, learning to do front and back roll as well as some Japanese language. Classes will be taught at Canyon Lake Activity Center 2nd floor. We are affiliated with the Aikido Shimbokukai organization. Students should wear comfortable work out clothing or judo/karate do gi. **NOTE:** Tuesdays, 5:30 - 6:10pm, and Saturdays, 12:20 - 1:00pm.

AK/S24A \$40 for 5 sessions - 4/13 - 4/27, Tuesdays, 5:30 - 6:10 PM
& Saturdays, 12:20 - 1:00 PM
Canyon Lake Activity Center - 2900 Canyon Lake Drive

ANTI-AGING CLASS: CHINESE MEDICINE PRACTICES

Instructor: Ariann Wolff

Ready to help turn back the clock on your skin? Come learn simple facial Gua Sha techniques you can easily perform to bring out your skin's natural beauty. Gua Sha is a treatment regularly used in Traditional Chinese Medicine to stimulate blood flow which assists in releasing unhealthy elements from the body. Gua Sha can help treat age spots, stimulate collagen production, reduce the appearance of fine lines and wrinkles, and increase the absorption of beauty products. Your instructor has a doctorate in Acupuncture Chinese Medicine, with Cosmetic and Dermatological background. Each student will receive a Gua Sha tool and instructions. **NOTE:** Please come to class with a clean face. Additional \$10 supply fee paid to instructor at class.

AA/S24A \$29 for 1 session - Saturday, 4/27, 10:00 - 11:15 AM
West River Acupuncture & Wellness
2620 Jackson Blvd, Suite G

BIO-IDENTICAL HORMONES

Instructor: Melissa Aberle & Cathy Wilson

Are you struggling with the inevitable shifting of hormones? This time of life can bring fatigue, weight gain, hot flashes, muscle loss, and lack of vitality. Come learn how to navigate through Premenopause, Menopause and Andropause and get some relief. Class includes a free infrared sauna session valued at \$40! Your instructors practice functional medicine as nurse practitioners and have 35 years combined experience in the field of medicine. There will be time for questions. For more information: wellbeyondmed.com or Facebook **NOTE:** Class is for both males and females. Students should bring a notebook and pen to class.

Bio/S24A \$29 for 1 session - Tuesday, 2/13, 7:00 - 8:30 PM
Well Beyond Personalized Medicine - 3808 Sheridan Lake Rd

BODY BALANCE

Instructor: Rhianna Wickett

One in four Americans age 65+ falls each year. Don't be a statistic! Join us for a strength and balance screen to determine your risk of falling! You will be given exercise recommendations based on your results. We will discuss how you can improve your balance, strategies to decrease injury if you do fall, and how to get up off the floor safely. This class is for all individuals and skill levels, including those that use a walker or cane. This course will be instructed by a Doctor of Physical Therapy.

BB/S24A \$29 for 1 session - Wednesday, 3/6, 1:00 - 3:00 PM
Elevate Performance - 420 E St Patrick, Suite 101

BREATHING RECOVERY CLASS

Instructor: Jamie McMurtry

Come join this class to learn information on reducing stress and boosting endurance through restorative breathing. Any person noticing or experiencing shortness of breath, lack of endurance, stress, effects of having COVID in the past, or any other pulmonary issue would benefit from the information provided.

BR/S24A \$25 for 1 session - Thursday, 2/22, 5:15 - 6:15 PM
BR/S24B \$25 for 1 session - Thursday, 4/25, 5:15 - 6:15 PM
About You Physical Therapy - 3808 Sheridan Lake Rd



Body & Mind

COMMUNITY SELF DEFENSE

Instructor: Naomi Even-Aberle

Live boldly, be fierce. Learn the basics of self-defense with a hands-on approach in this community-based self-defense class. Develop skills in prevention, assertiveness, situational awareness and reactionary time. Explore body language, verbal/physical spatial skills and much more. Class is taught by a certified martial arts instructor and open to all body types and skill levels. Children ages 12 yrs old and above are welcome accompanied by parent/guardian. Students in this class are required to wear comfortable athletic clothing and bring a bottle of water.

CSD/S24A \$25 for 1 session - Saturday, 2/10, 1:00 - 2:00 PM
CSD/S24B \$25 for 1 session - Saturday, 3/2, 10:00 - 11:00 AM
CSD/S24C \$25 for 1 session - Saturday, 4/6, 10:00 - 11:00 AM
CSD/S24D \$25 for 1 session - Saturday, 5/4, 11:00 AM - 12:00 PM
Full Circle Martial Arts - 412 Oshkosh St, Suite 2

DISCOVER TAI CHI CHUAN

Instructor: Gregg Fischer

Tai Chi Chuan is a Chinese martial arts exercise that focuses on mind intention and big, smooth, slow core movement to recharge and energize the body. Tai Chi Chuan has demonstrated numerous benefits including better balance, strength and improved bone density. The class consists of warm up/loosening exercises and instruction on body structure (how you hold your body in a Tai Chi way). You'll also begin to learn the choreography of the Hunyuan Tai Chi 48-forms set and the 'how to's' of the moves like where to place your feet, how your body and hands move, and how your weight shifts. **NOTE:** Tai Chi is physical exercise equivalent to moderate walking. Be prepared to stand and move for an entire hour. Class is suitable for ages 14 to 80+. Please wear loose, comfortable clothing and flat soled shoes.

Tai/S24A \$39 for 4 sessions - Mondays, 3/4 - 3/25, 5:30 - 6:30 PM
Roosevelt Swim Center - 125 Waterloo Street

EXPLORING MINDFULNESS

Instructor: Camille Riner

Looking to find more ease and understanding in your life? Join this 21-day journey to explore mindfulness strategies and meditation. You will be introduced to mindfulness of the body, bringing this practice to daily activities and basic meditation styles. Students will receive a digital workbook with daily prompts and four recorded, guided meditations to use between classes. To get the most from the course, students are requested to commit to practice daily for the 21 days. Weekly classes meet conveniently online, so there is no need to travel or drive. **NOTE:** The instructor will email each week's materials with a Zoom class link to your email address provided at registration. Class size is limited to allow for discussion and personalization.

Mind/S24A \$40 for 4 sessions - Sundays, 2/11 - 3/3, 3:30 - 5:00 PM - Online
Mind/S24B \$40 for 4 sessions - Saturdays, 3/2 - 3/23, 8:30 - 10:00 AM - Online

HAPKIDO EXPLORATION

Instructor: Naomi Even-Aberle

Hapkido is designed to provide students with an all-around total martial art background. This martial art relies on the convergence of energies and is a dynamic and highly eclectic Korean martial art. It's a form of self-defense that employs joint locks, grappling, throwing techniques, kicks, punches, and other striking attacks. This class is designed for all students and provides a customizable curriculum to fit all needs. This class is taught by a certified martial arts instructor and is open to all body types and skill levels. **NOTE:** Students are required to wear comfortable athletic clothing and bring a water bottle to each class. Students 18-yrs old and above are welcome.

HE/S24A \$45 for 4 sessions - Tuesdays, 2/6 - 2/27, 6:45 - 7:45 PM
Full Circle Martial Arts - 412 Oshkosh St, Suite 2

HAVING CONVERSATIONS THAT MATTER

Instructor: Laura Piening

The timing is perfect for this opportunity to learn how to reconnect in conversations about what matters to you in a safe environment. Think about it: we're all in 'instant' mode with our 'conversations' (term used loosely ??) being quick texts, short social media comments, or cryptic emails. All ages say, "we're too busy to talk". Not here! In this class, you participate in actual conversation circles. Students describe class as impactful, challenging, and exciting. Come join us to learn the Conversation Cafe guidelines and engage in the process to go from small talk to big. You can take these skills into the world and enjoy the art of talking with others in satisfying and edifying ways no matter the topic or the time. For more instructor info: www.CreatingClarityNow.com and on Substack, <https://laurapiening.substack.com>

Conv/S24A \$35 for 2 sessions - Tuesdays, 2/27 & 3/5, 6:00 - 7:30 PM
Rapid City High School - 601 Columbus St
Use right front glass entrance with class sign

Body & Mind

HOW TO USE AIKIDO TO IMPROVE BODY BALANCE

Instructor: Willi Kurniawan

No matter our age, sometimes we fall and need good balance. Aikido is a Japanese self-defense art with the main principal of being in harmony with everyone! Get introduced to exercises used to help in falling safely and improve your balance as well as your core. Classes are suitable for adults only (18 yrs old and above) and will be taught at Canyon Lake Activity Center 2nd floor. We are affiliated with the Aikido Shimbokukai organization. All physical sizes, shapes and skill levels are most welcome to join us and students should wear comfortable work out clothing or judo/karate do gi. **NOTE:** No class on Saturday, 2/3. Tuesday class time is 5:30 - 6:15pm, Saturday class time is 11 - 11:45AM.

FAik/S24A \$42 for 5 sessions - 1/20 - 2/6, Tuesdays, 5:30 - 6:15 PM
& Saturdays, 11:00 - 11:45 AM
Canyon Lake Activity Center - 2900 Canyon Lake Drive

INTRO TO AIKIDO FOR ALL (TEEN TO 100 YRS OLD)!

Instructor: Willi Kurniawan

Aikido is a Japanese self-defense art with the main principle of being in harmony with everyone! This class introduces Aikido basic exercises, some practical self defense exercises, as well as some basic Japanese language. We are affiliated with the Aikido Shimbokukai organization. Students should wear comfortable work out clothing or judo/karate do gi. **NOTE:** Class time is Tuesdays 6:20 - 7:20PM and Saturdays 11AM - Noon.

IA/S24A \$50 for 5 sessions - 4/13 - 4/27, Tuesdays, 6:20 - 7:20 PM
& Saturdays, 11:00 AM - 12:00 PM
Canyon Lake Activity Center - 2900 Canyon Lake Drive

INTRO TO KUNG FU: VING TSUN INSTINCT

Instructor: Pete Peterson

Join us for an introduction Ving Tsun Kung with demonstration, lecture and practice. We will cover stances; forward, backward and side movements; punches; kicks; combination moves; and theory. Your instructor has been involved in martial arts since a teen and has trained in Japan and China. Waiver signed for class. We are associated with an international Kung Fu group. **NOTE:** Students should wear comfortable clothing to move around and bring a bottle of water.

KF/S24A \$35 for 6 sessions - Mondays, 1/22 - 2/26, 5:30 - 6:30 PM
RC Kung Fu Studio - 5649 Coal Bank Dr

INTRO TO MAT PILATES

Instructor: Jan McGrath

Get Pilates Strong! Develop core strength, balance, flexibility, and coordination by taking an introduction to mat Pilates. You will learn how to breathe while moving through low impact exercises to strengthen the entire body. **NOTE:** You will need to bring a Pilates mat (different from a yoga mat), wear comfortable clothing that provides coverage as you move and socks with grippers (also known as Pilates socks). Students also will need to sign an Assumption of Risk Form at class. To learn more visit, www.PilatesWholeBody.com If you have any questions, please email: pilateswholebodysd@gmail.com

MP/S24A \$29 for 2 sessions - Wednesdays, 1/24 - 1/31, 3:15 - 4:00 PM
Canyon Lake Activity Center - 2900 Canyon Lake Drive

INTRO TO STRENGTH TRAINING!

Instructor: Rhianna Wickett

Would you like to start using dumbbells or weights and not sure where to begin? This course will teach you a total body routine you can use at home or at the gym to safely begin strength training. You will learn the proper technique with each movement, modifications for previous injuries you may have and how to group exercises for the most effective program. This course is taught by a Doctor of Physical Therapy and get you on track for a healthier 2024.

Strength/S24A \$29 for 1 session - Wednesday, 1/24, 1:00 - 3:00 PM
Elevate Performance - 420 E St Patrick, Suite 101

OSTEOARTHRITIS & KNEE PAIN

Instructor: Rhianna Wickett

Do you have knee pain, or have you been told you have osteoarthritis that is keeping you from staying active or doing the things you love? Have you been told you may need a knee replacement? Come learn general anatomy, causes of arthritis, and what you can do about it! We'll discuss stages of degeneration, what you can do to take back control of your body and manage knee pain. You'll leave with an understanding of your symptoms and evidence-based exercises from a Doctor of Physical Therapy that you can start right away to begin your journey toward decreasing your pain!

OK/S24A \$29 for 1 session - Wednesday, 2/21, 1:00 - 3:00 PM
Elevate Performance - 420 E St Patrick, Suite 101

Body & Mind

POSITIVE SELF-DISCOVERY COURSE

Instructors: *Mary Kurniawan & Tamara Keefner*

This course will use positive psychology principles to help students learn more about themselves, how to improve self-regulation, and use skills to live with a greater sense of wellbeing and balance. You'll learn about your individual strengths, gain tools for inspiration and resolving hardships and conflicts, and much more. Students will receive supplies and should bring either pens or pencils for writing. The course will be focused on discussion and activities.
PSD/S24A \$49 for 4 sessions - Thursdays, 2/1 - 2/22, 5:30 - 7:30 PM
SPEAK - 1011 11th St, Rm #106

REBOOTING YOUR RESOLUTIONS

Instructor: *Michelle Dennis*

Having a tough time sticking to your resolutions and goals for the new year? Or even getting started? Join us to take a look at the theory of habits and techniques for forming new habits. Students will participate in group discussions and complete exercises to examine their goals as well as the barriers that keep us from achieving them. You'll actually develop a plan that fits you for moving forward with a specific goal plus action steps to achieve the goal, a timeline for reaching it, and an important accountability/reward plan! Take this opportunity to learn tools for your success. **NOTE:** Additional \$8 supply fee paid to instructor at class. Please bring writing materials like paper/pen or pencil, and whatever you wish for note taking.

Goal/S24A \$35 for 2 sessions - Saturdays, 2/3 & 2/10, 10:00 AM - 12:00 PM
Career Learning Center - 730 East Watertown St
Use North entrance and parking lot

TAEKWONDO EXPLORATION

Instructor: *Naomi Even-Aberle*

This class focuses on building physical, mental, and emotional health through traditional and contemporary martial arts training. We apply a variety of workout routines to help students achieve their goals. You will learn kicking, punching, and practical self-defense techniques and philosophies to develop your body, mind, and spirit. Class is taught by a certified martial arts instructor and open to all body types and skill levels. **NOTE:** Students are required to wear comfortable athletic clothing and bring a water bottle to class. Students 18-yrs old and above are welcome. No class February 19th.

TE/S24A \$45 for 3 sessions - Mondays, 2/5 - 2/26, 6:45 - 7:45 PM
Full Circle Martial Arts - 412 Oshkosh St, Suite 2

THE ART OF THE SWORD

Instructor: *Naomi Even-Aberle*

Kumdo & Kumbup is the ancient Korean art of the sword and is meditation in action. The class focuses on developing the mind, body, and spirit through the extension of the sword. Students will learn various techniques including partner work and forms with bamboo and wooden sword. Training emphasizes awareness, acute observation, perseverance and controlled, quick, and precise movements. Class is taught by a certified martial arts instructor and open to all body types and skill levels. **NOTE:** Students are required to wear comfortable athletic clothing and bring a water bottle to class. Class is for students 18-yrs old and above. No class on February 19th.

Sword/S24A \$45 for 3 sessions - Mondays, 2/5 - 2/26, 8:00 - 9:00 PM
Full Circle Martial Arts - 412 Oshkosh St, Suite 2

THE WAY OF ZEN: INTRO TO MEDITATION

Instructors: *Members of the Laughing Teabowl Sangha*

Find inner peace and clarity through online Zazen meditation. This 4-week introductory opportunity meets for 90-minutes over Google Meet and is open to all levels from beginners, experienced practitioners, and anyone simply interested in trying meditation. Course is led by Zen practitioners and includes basic instruction in proper seated meditation techniques, opportunities for private Dokusan meetings and post-meditation discussions to deepen your practice. Even online, you can experience the tranquility and insight that comes from focused Zazen meditation during the sessions in your own home. Once conditions allow, you may have the opportunity to practice in-person with the sangha community. **NOTE:** Class is hosted on Google Meet, directions are provided on the registration site. Prior to class, students will be emailed the meeting link to join the class at their email address they provide at registration.

Zen/S24A \$39 for 4 sessions - Wednesdays, 2/7 - 2/28, 6:50 - 8:20 PM
Online - Google Meet

Body & Mind

YOGA FOR AGING WELL!

Instructor: *Jamie Clark*

Keep yourself moving and grooving by joining us to learn breathing techniques, centering, proper hand and feet placement, basic yoga postures with props for the proper alignment of your body and much more. You'll learn proper stances and alignment for the prevention of injury, so you can safely continue this practice on your own. This is for all body types! Handouts will be available. **NOTE:** You will need to bring a simple yoga mat (not a pilates mat), wear comfortable clothing you're able to stretch out in, and note that yoga is done in bare feet.

Yoga/S24A \$39 for 4 sessions - Mondays, 4/8 - 4/29, 6:00 - 7:00 PM
Rapid City High School - 601 Columbus
Use right front glass entrance with class sign

Cuisine

INTRODUCTION TO COOKING AMERICAN LAMB

Instructors: *Derek Phillips, Gwen Kitzen, Jaelyn Whaley & Tammy Basel*

If you've always been curious about lamb, here's your opportunity to join this exclusive class to unlock the secrets of cooking lamb to perfection! Class will be demonstration and hands-on activities as you learn about lamb cuts and their characteristics; how to select quality lamb; prepping techniques including marinades and rubs; and various cooking techniques. We'll also discuss accompaniments and pairings, plating and troubleshooting common cooking issues. Let's take a journey through the kitchen and the pasture together and from prep to plate, you'll have learned the art of ensuring delicious and memorable lamb dishes. Your post-class experience will be enhanced by taking home an expertly prepared lamb dish to finish cooking in your own home. **NOTE:** S24A class will cover a 4-bone rib rack of lamb and S24B will learn a succulent leg of lamb. Additional \$20 supply fee paid to instructor at class.

Lamb/S24A \$29 for 1 session - Saturday, 2/10, 10:00 AM - 12:00 PM
Lamb/S24B \$29 for 1 session - Saturday, 2/24, 10:00 AM - 12:00 PM
WSDCA Kitchen - 1844 Lombardy

LET'S MAKE POACHED PEAR TART!

Instructor: *Jeff Slathar*

Jeff's classes are always brimming with techniques and treats and this course he'll show you the making of an elegant and delicious Poached Pear Tart. You'll also learn wonderful treats like Chocolate Toffee Bark and Carmel Popcorn on the stove-top! WOWzers! Recipes are all from scratch with a member of the American Culinary Federation. Tuition includes supply fees.

Pear/S24A \$55 for 1 session - Thursday, 3/7, 4:00 - 7:00 PM
Terra Sancta Retreat Center Kitchen - 2101 City Springs Rd

SCANDINAVIAN COOKING WORKSHOP!

Instructors: *John Burke & Sons of Norway Members*

Mumsig! (that's Scandinavian for scrumptious). Come join us as we concentrate on three of the most popular specialties of Norway: lefse, the potato-based staple that can be used in a variety of ways; krumkake, a delicious and delicate cookie baked on a griddle; and rosettes, a deep fat fried yummy cookie. **NOTE:** Additional \$5 supply fee paid to instructor at class.

Scan/S24A \$45 for 3 sessions - Mondays, 4/1 - 4/15, 6:30 - 8:30 PM
Canyon Lake Activity Center, 2900 Canyon Lake Rd

WINE: CABERNET FRANC IS ONE OF CALIFORNIA'S MOST SOUGHT-AFTER WINES

Instructor: *Eric Gardner*

Just a few years ago, cabernet franc was mainly used as a blending grape. A few finer wineries made "stand-alone" cab francs, but not too many. Today, Cabernet Franc is all the rage! And many wineries are making some outstanding wines from the old varietal - many garnering 95pt to 100pt scores. In this special class, students will taste some of the better cabernet francs coming out of California today. Maybe Cabernet Franc will become the students' new faves! A light charcuterie will be provided but students may want to eat a late lunch before class as you'll be tasting several wines. **NOTE:** Students will enter thru the building's side door on 9th Street. If there is not parking available on Main, you may use the Rushmore Hotel's parking lot and walk. Tuition includes all supply fees. You must be at least 21-years old with a valid ID to attend.

Wcf/S24A \$50 for 1 session - Saturday, 3/16, 2:00 - 4:00 PM
Mount Rushmore Society - 830 Main St - use side door

Cuisine

WINE: THE 5 GRAPES OF BORDEAUX

Instructor: Eric Gardner

Bordeaux is a region in France, not the name of a grape. But there are 5 grape varieties that make up a Bordeaux blend and either two or all five grapes are used depending upon the vintner. The marriage of these grapes makes for elegant and complex wines. In this class, students will taste wines made singly from each of the 5 grapes of Bordeaux, then taste some amazing Bordeaux blends that incorporate a couple of even all 5 of the grapes. Students will discover the unique flavors of each varietal; see how they pair with each other to make a fine wine, and which is your favorite. A light charcuterie will be provided but students will want to eat a late lunch before class as you'll be tasting several wines. **NOTE: Students will enter thru the side door on 9th Street. If there is not parking available on Main, you may use the Rushmore Hotel's parking lot and walk.** Tuition includes all supply fees. You must be at least 21-years old with a valid ID to attend.

WBord/S24A \$50 for 1 session - Saturday, 3/2, 2:00 - 4:00 PM
Mount Rushmore Society - 830 Main St - use side door



WINE: THE 5 GRAPES OF BORDEAUX

Instructor: Eric Gardner

Zinfandel continues to be a favorite with many wine drinkers today. It never really lost its place in the market, unlike Malbec and Merlot. The friendly wine is easy to drink and can be drunk by itself or paired with simple foods. But with an ever-more-sophisticated wine palate these days, many wineries now make zinfandels that fit into that "luxury wine" category, proving that Zinfandel can either wear a T-Shirt or black-tie. Students will taste some of the better, more serious Zinfandels produced today. Maybe you'll gain a whole new perspective on what was once considered a 1-dimensional wine. A light charcuterie will be provided but students may want to eat a late lunch before class. **NOTE: Students will enter thru the side door on 9th Street. If there is not parking available on Main, you may use the Rushmore Hotel's parking lot and walk.** Tuition includes all supply fees. You must be at least 21-years old with a valid ID to attend.

Wzin/S24A \$35 for 1 session - Saturday, 3/30, 2:00 - 4:00 PM
Mount Rushmore Society - 830 Main St - use side door

History & Exploration

GHOST TOWNS OF THE BLACK HILLS 1: EARLY TOWNS OF THE BLACK HILLS

Instructor: William Swanson

The series continues after the Prequel as you witness the establishment of the hopes and dreams of those who braved the journey to the Hills, discover the early gold rush, and settlement of some of the first towns in the Black Hills. Learn the early history of Deadwood, the establishment of communities and the people of the gold and silver camps. A few camps/towns have prospered, many have not, and most have disappeared. Look back 140-years and see the color in those black and white photographs. Join us as we explore the Black Hills like you've never seen it, get a different perspective on what there is to discover. **NOTE: Two field trips will be discussed, and dates set in class!** Tuition is for two!

GT1/S24A \$79 for 7 sessions - Thursdays, 3/14 - 4/25, 6:00 - 9:00 PM
Mount Rushmore Society - 830 Main St

GHOST TOWNS OF THE BLACK HILLS PREQUEL: EARLY EXPLORATION

Instructor: William Swanson

This chapter will look into the Ghost Towns Series. New research and more materials have made it necessary to revamp one of the longest running classes in Community Education for 2023. Discover the history behind the Black Hills of South Dakota and the early exploration of the American West, and the importance of the Black Hills to that history. Go back into a time when this was the blank spot in the map of North America. We'll take a look at this are from 1491 thru 1875 including Amerindians, Custer, Russell - Collins Party, the Dodge - Jenney expedition, and more. Join this class to find out more about where you live! A must for everyone in the Black Hills. **NOTE: One field trip will be discussed and date set in class. Tuition is for two!**

GTP/S24A \$79 for 7 sessions - Wednesdays, 3/6 - 4/17, 6:00 - 9:00 PM
Mount Rushmore Society - 830 Main St

History & Exploration

LAKOTA CULTURAL HISTORY: MOTHER EARTH

Instructor: Daryl No Heart

Is walking upon the 'Red Road' being in harmony with Mother/Grandmother Earth? What are they (non-Natives) teaching our children? They're killing our culture, our beliefs. You're invited to come see and hear the explanations from Indigenous Natives. Our belief: 'Mother Earth is Sacred.' This course is simple with relevant information of Nakota, Dakota, and Lakota history, cultural and spiritual belief regarding the natural world. You will learn and understand the connection you should feel with the land and it's indigenous people through traditionally passed down oral history and visually with film and art. Participants are encourage to come with an open mind and expect to leave enlightened. **NOTE: Bring a friend - tuition is for two!**

LCH/S24A \$60 for 5 sessions - Thursdays, 2/1 - 2/29, 6:00 - 7:30 PM
Dahl Arts Center - 713 7th St
Use Education entrance on Kansas City St

Home and Garden

A COURSE IN BONSAI

Instructor: Andy Smith

Come learn some of the history, aesthetics and techniques behind the amazing art of bonsai - the pastime of growing tiny, often ancient, trees in ornamental pots. Several bonsai trees over 100 years old will be available for examination. Get introduced to the art of bonsai, plus work hands-on with your own small Ponderosa pine tree that has been potted for a year or two, giving it the initial shaping for its bonsai journey at your home. Your instructor (a Yamadori Master, owner of Golden Arrow Bonsai, longtime Director of American Bonsai Society) has been growing/collecting ancient bonsai and teaching workshops/lectures across the country for 25 years! **NOTE: Students must bring a pair of electricians wire cutters (nothing fancy) and sharp scissors. Additional \$40 supply fee paid to instructor at class, with the option of spending more for a larger tree of your own if you desire. Check out www.goldenarrowbonsai.com**

Bon/S24A \$30 for 1 session - Saturday, 3/30, 2:00 - 5:00 PM
Career Learning Center - 730 East Watertown St
Use back (North) entrance and parking

BEE-GINNING BEEKEEPING!

Instructor: Tim Moran

Come join the buzz as Bee-ginning Beekeeping provides you with an introduction to hobby beekeeping! This class will review the origins of beekeeping and opportunities and challenges facing apiculture today. You'll learn the basics of how to start beekeeping as a hobby, along with aids like tools, hive and protective suit, further educational opportunities here in the Hills, and time for questions/answers.

Bee/S24A \$29 for 1 session - Wednesday, 2/21, 6:00 - 8:00 PM
Rapid City High School - 601 Columbus St
Use right front glass entrance with class sign

INTRO TO RESIDENTIAL ELECTRICAL WIRING

Instructor: Ryan Arne

Is the white wire connected to the black wire or?? This class is suitable for beginners with no electrical training as we'll begin with elementary electrical circuitry which include hands-on lab exercises to make common connections of receptacles and GFCIs and lighting circuits. Lab experiences include wiring mock-ups supervised by experienced master electricians. All materials and equipment will be provided to you. **NOTE: There will be a 1-hour lunch break on your own. Additional \$60 supply fee paid to instructor for equipment and supplies.**

EW/S24A \$50 for 1 session - Saturday, 4/6, 8:00 AM - 5:00 PM
AETech Electrical Training Center - 320 E Blvd N

LANDSCAPING FOR THE BLACK HILLS!

Instructor: Vicki Hoffman

Are you a do-it-yourselfer that has always wanted to learn better landscaping for your home? Join this opportunity to learn from a master gardener and artist about design principles and how to plan a backyard that reflects your personality and good use of space! We'll discuss gardening methods, structures, common garden and yard mistakes and practical considerations for your space. Students should bring a diagram of their yard to class. There will be handouts and visuals. **NOTE: Additional \$15 supply fee paid to instructor at class**

Land/S24A \$30 for 1 session - Tuesday, 4/16, 6:00 - 8:00 PM
Rapid City High School - 601 Columbus St
Use right front glass entrance with class sign

Home and Garden

SEED STARTING AND GARDEN PLANNING AT HOME!

Instructor: Brenda Pates

Save time and get a jump on gardening by learning tips and tricks to start your own plants at home! Certain plants need to be started early to be ready for the ground at the right time and this is an opportunity to try varieties not available at retail outlets. You'll learn about what grows best here in our challenging Black Hills climate and how to plan for the best outcome. Come with your questions and learn from an old master gardener! **NOTE:** Bring writing materials of choice. Handouts will be available.

SS/S24A \$29 for 1 session - Saturday, 1/27, 9:00 AM - 12:00 PM
Pates - 21664 Piedmont Meadows Rd, Piedmont

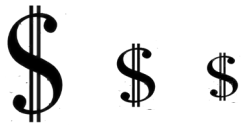
SOIL HEALTH AND GARDEN PLANNING!

Instructor: Brenda Pates

Come join this popular class to learn about the most important things to begin any garden project - soil health and composting! If you're going to put work into a garden you want to harvest the fruits of your labor and this long-time master gardener will help you learn how to do these steps for your successful garden dirt. Bring writing materials of choice. Handouts will be available.

Soil/S24A \$29 for 1 session - Saturday, 2/24, 9:00 AM - 12:00 PM
Pates - 21664 Piedmont Meadows Rd, Piedmont

Money Talk



BUSINESS STARTUP LEGAL BASICS

Instructor: David Hansen

Are you planning to start a business or have already begun the process? According to research, people who start businesses are often not 'business minded'. There are several aspects of being business-minded that should be developed to help with success and this class seeks to provide basic education on the legal aspects of starting a new business. We will discuss entity formation, business formalities, and strategies to limit your liability. Gaining knowledge of the law is time well spent.

BSB/S24A \$29 for 1 session - Tuesday, 3/12, 6:00 - 8:00 PM
Rapid City High School - 601 Columbus St
Use right front glass entrance with class sign

DIY INVESTING LIKE A PRO

Instructor: Rick Kahler

Are you curious if your investments are really working for you rather than against you. Are you concerned your investments are working to enrich your future rather than a financial salesperson's? This course includes research-based strategies and proven technique to help assure your investment strategy is on track. We will cover how extreme emotions can ruin your financial future and a worry-free way to consistently buy low and sell high. There is an easy way you can consistently earn above the 'average' investor. Join us for an entertaining learning experience on the basics of investing.

DIY/S24A \$29 for 1 session - Thursday, 2/8, 4:00 - 5:30 PM
Kahler Financial Group - 1010 9th St

LET'S EXPLORE RETIREMENT INCOME OPTIONS FOR YOU

Instructor: Brian Bickett

Now that you are approaching retirement, the focus switches from how to grow your retirement savings to how to turn those savings into income without running out of money in retirement. Come learn the considerations on how the different retirement income sources can affect you and your future surviving spouse. Some of the topics include Social Security claiming strategies, pension election options, the ins and outs of annuities, and investment portfolio withdrawal strategies. For more information or questions: imfinancialplanning.com or call 605-787-1255.

RIO/S24A \$29 for 1 session - Tuesday, 2/6, 6:00 - 7:30 PM
Rapid City High School - 601 Columbus St
Use right front glass entrance with class sign

MAKING SOCIAL SECURITY BENEFITS WORK FOR YOU

Instructor: Brian Bickett

Navigating the various Social Security benefit claiming strategies can be difficult and confusing. One of the most important decisions you make before you retire is when/how to claim Social Security benefits to enhance your income! Come learn the ins and outs of benefit timing from a Certified Financial Planner professional. Some of the topics include how married couples can coordinate benefits to help enhance your spouse and survivor benefits; how the 'do over' and 'start, stop, restart' strategies work; working while receiving benefits aka the Retirement Earnings Test and more! Bring your questions. Handouts will be available.

SSB/S24A \$29 for 1 session - Tuesday, 1/30, 6:00 - 7:30 PM
Rapid City High School - 601 Columbus St
Use right front glass entrance with class sign

Money Talk

REAL FINANCIAL PLANNING

Instructor: Rick Kahler

Money skills are the 21st century's survival skills! You may have a great education, a successful career, or be the best in your field...but if you don't understand how to make sound money decisions, you won't be going far. In this informative presentation, Rick provides straight talk on financial planning including what you need to know, what you don't, and when to get support. We will cover topics like knowing what insurance you need and don't need, when having a will can actually be worse than not having one, and a method of spending yourself to prosperity. We will cover the basics of creating a spending plan that REALLY works, determining your saving needs for retirement, how to find/hire trustworthy support. Discover that you don't have to be a financial genius to make sound money decisions!

FP/S24A \$30 for 1 session - Thursday, 1/25, 4:00 - 5:30 PM
Kahler Financial Group - 1010 9th St

TAXES IN RETIREMENT: MANAGING ONE OF YOUR BIGGEST EXPENSES

Instructor: Brian Bickett

You spend most of your life working, saving, and planning for retirement. The last thing you want is to give the IRS more of your hard-earned money than necessary. But that's what could happen if you go into retirement without considering the tax implications of your retirement income decisions. Come learn how the different retirement income sources are taxed, how income tax rates and brackets are scheduled to change in 2026, options to pay the tax you do owe, and the pros and cons of Roth Conversions. For more information or questions: imfinancialplanning.com or call 605-787-1255.

Tax/S24A \$29 for 1 session - Tuesday, 2/27, 6:00 - 7:30 PM
Rapid City High School - 601 Columbus St
Use right front glass entrance with class sign

THE BASICS OF PROBATE

Instructor: David Hansen

What is probate? Are the horror stories true? How do you prepare for it? Can it be avoided? For many people, one of the scariest things about probate may be that it is thrust upon them without any training or tools with which to navigate. In this class we will navigate the vocabulary and statutory procedure of probate in a way that is upbeat and in terms you can understand as we present answers to questions concerning probate under South Dakota law. Gaining knowledge of the law is time well spent.

Pro/S24A \$29 for 1 session - Tuesday, 1/23, 6:00 - 8:00 PM
Rapid City High School - 601 Columbus St
Use right front glass entrance with class sign

WILLS AND TRUST PLANNING BASICS

Instructor: David Hansen

In this class, we will navigate some of the vernacular of planning with wills and preparing to protect familial harmony in probate. This class will provide basic knowledge and dispel a few myths regarding South Dakota Wills and Trusts law. This is your chance to expand your knowledge of basic tools for effective estate planning, help answer your questions, learn how to keep your minor children, loved ones, and money out of court and conflict. Gaining knowledge of the law is time well spent.

WT/S24A \$29 for 1 session - Tuesday, 2/20, 6:00 - 8:00 PM
Rapid City High School - 601 Columbus St
Use right front glass entrance with class sign

Music



GUITAR FOR BEGINNERS!

Instructor: John Sowden

Have you always wanted to learn guitar? Enjoy this opportunity to learn basic guitar chords, how to read simple melodies in music notation and tablature, and develop a system of harmonizing these melodies 'by ear'. Course provides a strong base from which the student should be able to teach themselves to play virtually any type of music. Students must bring their own guitar and will derive maximum benefit from the class if they set aside 2-hours per week for practice at home. **NOTE:** Parents of prospective students under the age of 16 yrs must contact the instructor prior to registration at jwsowden@mail.com please. No class on February.

BG/S24A \$70 for 6 sessions - Mondays, 1/22 - 3/4, 6:00 - 8:00 PM
BG/S24B \$70 for 6 sessions - Wednesday, 4/3 - 5/8, 6:00 - 8:00 PM
Rapid City High School - 601 Columbus St
Use right front glass entrance with class sign

Music

INSTANT PIANO FOR HOPELESSLY BUSY PEOPLE

Instructor: *Craig Coffman*

In just a few hours, you can learn enough secrets of the trade to give you years of musical enjoyment. Learn to play piano the way professionals do by using chords. The chord method is LOTS of fun and dramatically easier to learn than reading notes. Class fee includes the online book, online follow-up lessons, a recording of the class and an optional periodic question and answer session. Class is held online using zoom with you sitting at your own piano or keyboard and is partly hands-on instruction and partly lecture demonstration. **NOTE:** Students will be sent the zoom link to your email address provided at registration prior to class beginning.

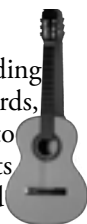
OP/S24A \$69 for 1 session - Monday, 3/4, 6:30 - 9:30 PM - Online

INTERMEDIATE GUITAR

Instructor: *John Sowden*

This continuing course offers a thorough review of basic chords, reading of notation and tablature, as well as an introduction to complex chords, fingerboard harmony and solo playing. Come enjoy this opportunity to reignite and enhance your skills on this versatile instrument. Students must have taken Intro to Guitar with instructor or have actively played for several years. Students must bring their own guitar and will benefit greatly in setting aside 2-hours per week for practice at home. **NOTE:** Parents of prospective students under 16 yrs old must contact the instructor prior to registration at jwsowden@mail.com.

IG/S24A \$70 for 6 sessions - Mondays, 4/8 - 5/13, 6:00 - 8:00 PM
Rapid City High School - 601 Columbus St
Use right front glass entrance with class sign



Professional Development

INTRO TO PROPERTY MANAGEMENT

Instructor: *Carol Lawhun*

What do you need to consider before you rent out a property you own, or start a career as a property manager? Join us as we discuss an overview of the business side of property management; State and Federal laws which must be followed by all landlords and managers; and what do you need to do before deciding to rent your home out as a vacation rental. This class will be taught both in-person and via Zoom by Carol Lawhun, owner of Carol's Classes LLC real estate school with Broker license in South Dakota. **NOTE:** Students that register for the online class will be sent a link prior to class time at the email address provided at registration. Students that register for the in-person class need to arrive to class on-time as the building door auto-locks at 5pm.

PM/S24A \$29 for 1 session - Wednesday, 3/6, 4:30 - 6:30 PM - **Online**
PM/S24B \$29 for 1 session - Wednesday, 3/6, 4:30 - 6:30 PM -
Carol's Classes - 2040 W Main St, Suite B4 (Lower Level)

REAL ESTATE AS A CAREER!

Instructor: *Carol Lawhun*

This course is a great opportunity to explore what it takes to have a career as a real estate agent before you commit! Look at a day in the life of an agent as we discuss what is involved in creating a successful career, skills needed to succeed, licensing process, and more. This class will be taught both in-person and via zoom by Carol Lawhun, owner of Carol's Classes real estate school and licensed in South Dakota with Keller Williams Realty Black Hills. **NOTE:** Students that register for the online class will be sent a link prior to class time to the email address provided at registration. Students that register for the in-person class need to arrive on-time as the building door auto-locks at 5pm.

RE/S24A \$29 for 1 session - Thursday, 3/7, 4:30 - 6:30 PM - **Online**
RE/S24B \$29 for 1 session - Thursday, 3/7, 4:30 - 6:30 PM -
Carol's Classes - 2040 W Main St, Suite B4 (Lower Level)



Custer

CONTAINER GARDENING ANYONE? YES!

Instructors: *Jeff Prior*

This is not your basic gardening class! This 5-week course includes everything you need to know about plants to plan, design, plant, care for, and enjoy gardens that will reflect your personality and style at home. Each session will be hands on with a potting project and you will learn from the expert about creating your own succulent bowl, terrarium, herb planter, combination planter and a hanging basket. Topics that you can apply for future gardening projects include choosing the right containers, fertilizers, potting mediums and amendments; water soluble fertilizers; controlling pests (insects and disease); and planning combination planters. All supplies are provided to you and included in the tuition. Don't miss this opportunity! For more information on instructor, visit www.dakotagreensofcuster.com

C/CG/S24A \$152 for 4 sessions - Thursdays, 4/4 - 5/2, 7:00 - 8:30 PM
Custer Greenhouse & Nursery - 25086 Shamrock Rd

EXPLORING MINDFULNESS

Instructors: *Camille Riner*

Looking to find more ease and understanding in your life? Join this 21-day journey to explore mindfulness strategies and meditation. You will be introduced to mindfulness of the body, bringing this practice to daily activities and basic meditation styles. Students will receive a digital workbook with daily prompts and four recorded, guided meditations to use between classes. To get the most from the course, students are requested to commit to practice daily for the 21 days. Weekly classes meet conveniently online, so there is no need to travel or drive. **NOTE:** The instructor will email each week's materials with a Zoom class link to your email address provided at registration. Class size is limited to allow for discussion and personalization.

Mind/S24A \$40 for 4 sessions - Sundays, 2/11 - 3/3, 3:30 - 5:00 PM - Online
Mind/S24B \$40 for 4 sessions - Saturdays, 3/2 - 3/23, 8:30 - 10:00 AM - Online

PHOTOGRAPHY: GET COMFORTABLE WITH YOUR CAMERA

Instructors: *Lori Thorson*

Do you have a digital camera gathering dust in the closet? Or perhaps you've received a new one recently? Cameras on cell phone and tablets that do amazing tasks for you are the norm these days, and enjoying photography will be the focus of this introductory class for novices to experienced students! Come get hands-on experience with a professional photographer as we discuss learning how to think thru designing images, learn on/about your camera, and do activities helping you get comfortable while gaining experience with your camera. Handouts will be available. **NOTE:** Students should bring to class a digital camera which is preferred over cell phones or tablets for this class; the camera manual if available; a pen or pencil; and any images you have taken. Additional \$15 supply fee paid to instructor at class.

Cu/Photo/S24A \$49 for 4 sessions - Tuesdays, 3/5 - 3/26, 6:30 - 8:30 PM
Custer Middle School - 527 Montgomery

BEGINNING SPANISH

Instructors: *Deyanira Carrero*

Join this class to learn the basic of the Spanish language. Your instructor's first language is Spanish, and she'll teach you this beautiful language for personal use, communicating for work/job, and traveling. Class will be lecture, demonstration and practice for pronunciations of greetings, numbers, colors, personal information, family, work and the vocabulary needed for basic conversation. **NOTE:** Students will be required to bring their cell phone capable of downloading at least one application that will be used in class.

CU/Spanish/S24A \$40 for 6 sessions - Tuesdays, 1/16 - 2/20, 5:00 - 6:30 PM
Custer School District Building - 527 Montgomery

Hot Springs

BAND WEAVING ON AN INKLE LOOM

Instructor: *Rhonda Kocourek*

You've seen those unique bookmarks that are woven with beautiful colors and unique designs...well here's your chance to learn to weave on an Inkle Loom using a plain weave pattern to create your first bookmark! This hands-on class will teach you how to warp an Inkle Loom, make your heddles and the basic techniques of weaving on an Inkle Loom. Class includes demonstration, basic weaving terms, reading a pattern, supplies and use of loom.

HS/BW/S24A \$30 for 1 session - Saturday, 4/13, 12:30 - 4:30 PM
HS/BW/S24B \$30 for 1 session - Saturday, 5/4, 12:30 - 4:30 PM
Chautauqua Artisans Market - 629 N River St

Hot Springs

BEGINNING WEAVING WITH A RIGID HEDDLE LOOM

Instructor: Terry Slagel

Have you seen the wonderful products made by weaving? Maybe you were lucky enough to receive a loom as a gift! Come join this intro level workshop to learn how to create a lovely hand-crafted wool scarf on a Rigid Heddle Loom. All materials, equipment, and handouts will be supplied to you, so just bring yourself prepared to enjoy this hands-on course in an age-old art! We will take a 1-hour lunch break on your own. **NOTE:** Additional \$20 supply fee paid to instructor. HS/RH/S24A \$39 for 1 session - Saturday, 4/20, 9:30 AM - 4:30 PM
Chautauqua Artisans Market - 629 N River St

SPINNING YOUR FIBERS ON A WHEEL!

Instructor: Terry Slagel

Imagine spinning unique yarns from exotic fleeces and luscious rovings, just as your ancestors did! If you're interested in fiber arts, there's nothing like making your own products. This hands-on intro class will teach you the basics of spinning on a wheel using a variety of prepared wool materials. We will also discuss carding, finishing, and plying. Students will have the chance to try several models of spinning wheels and will go home with a skein or two of handspun yarn! **NOTE:** Please plan to spin in your stocking feet. \$20 supply fee paid to instructor. Class will take a 1-hour lunch break on your own. HS/Spin/S24A \$39 for 1 session - Sunday, 4/21, 9:30 AM - 4:30 PM
Chautauqua Artisans Market - 629 N River St

Lead

BEGINNING LINE DANCING

Instructor: Amber Lopez

Come join the fun as you 'try on' some of the latest line dances! There's no partner needed so don't sit home as these steps are easy to learn, great exercise for everyone and something you can enjoy your life long. We'll dance to all types of music and numerous dance rhythms. **NOTE:** Ages 12 to 17 yrs old are welcome when accompanied by an adult. Class size is limited. L/LD/S24A \$35 for 4 sessions - Fridays, 1/12 - 2/2, 5:30 - 7:00 PM
That Place - 501 W Main St

BREAD BASICS!

Instructor: Karen Linn & Leigha Patterson

There are activities in life that are basic but quite satisfying and making your own bread is one of those. Come join us to explore the science behind bread and learn all you've ever wanted to know about how your favorite breads are made and enriched. This course will teach you how to create your own sourdough starter and use it to make your own bread. Have a Gluten intolerance? No problem; we will be working with gluten free flour during one of the sessions to develop a delightful tasting bread just for you! Take a break from life, get 'dirty' in flour and let's break bread! Course will be demonstration, lecture and hands-on activities. All supplies and equipment will be provided to you and, as a bonus, you'll find out how 'adoughable' bread puns are! **NOTE:** Additional \$120 supply fee paid to instructor at class. For more information on the Rustic Nook Bakery website. L/BB/S24A \$30 for 4 sessions - Wednesdays, 4/3 - 4/24, 6:00 - 8:00 PM
Rustic Nook Bakery - 318 W Main St

Spearfish

CREATE A SILVER AND STONE BRACELET

Instructor: Nancy Tripp

No skills or previous experience is necessary to join Nancy for this great workshop! We start by practicing our "Perfect Little Loops" using our "Magic Pliers", then you get to pick from Nancy's extensive "bead stash" for your design! Magically, we will find ourselves wearing our lovely one of a kind handmade (by YOU) bracelet out the door! Fun, fast paced, all materials are included! The technique we use will have many applications should you choose to go further into your pursuit of jewelry designing - you don't want to miss it! **NOTE:** Additional \$45 supply fee paid to instructor at class. Persons must be at least 18 years old and above to attend. Visit www.9t9designs.com to view projects and jewelry. Sp/BB/S24A \$29 for 1 session - Saturday, 1/27, 11:00 AM - 3:00 PM
Sp/BB/S24B \$29 for 1 session - Sunday, 2/18, 11:00 AM - 3:00 PM
Sp/BB/S24C \$29 for 1 session - Saturday, 4/13, 11:00 AM - 3:00 PM
9T9 Designs - 809 E. Hudson Circle

Spearfish

EARRING DESIGNS FOR EVERYONE!

Instructor: Nancy Tripp

Come create several pairs of fun, creative earrings! You will be introduced to a variety of tools and techniques giving you a great head start for your own creative designing as there will be a little something for every skill level in this fun, fast-paced workshop! All tool, materials and the patient instruction of a 20-year veteran jewelry designer are included. **NOTE:** Additional \$45 supply fee paid to instructor at class. Persons must be at least 18-years old to attend. Visit www.9t9designs.com to view projects and jewelry. Sp/Ear/S24A \$29 for 1 session - Saturday, 2/10, 11:00 AM - 3:00 PM
Sp/Ear/S24B \$29 for 1 session - Sunday, 3/3, 11:00 AM - 3:00 PM
Sp/Ear/S24C \$29 for 1 session - Saturday, 4/27, 11:00 AM - 3:00 PM
9T9 Designs - 809 E. Hudson Circle

LET'S LEARN TO PLAY GUITAR OR BASS!

Instructor: Tyler Voght

Have you always wanted to play guitar or bass? Come join this opportunity to learn the basic principles of playing this fun and diverse instrument; how to use your hands; how to tune; and the 7 basic chords as well as some music theory for good measure! This course will be lecture and demonstration with plenty of hands-on activities and lesson plans to choose. Students will benefit from setting aside an hour each week to practice what they learn as this helps your retention and enjoyment of playing guitar. **NOTE:** Students should bring their own acoustic or electric guitar (with an amp for electric). Sp/G/S24A \$45 for 4 sessions - Tuesdays, 4/23 - 5/14, 5:30 - 7:30 PM
Spearfish Chamber of Commerce - 106 W Kansas, Use side door

SILVER HANDMADE HAMMERED-LINK BRACELET

Instructor: Nancy Tripp

Come join us as each of you create your own silver "links" for this bracelet following the easy instructions Nancy gives in this workshop. Every link of this bracelet design will be hand formed, hammered & polished to a bright finish before you wear it home! This simple bracelet could easily become your favorite go-to piece of jewelry or give it as a heartfelt gift to someone special to adore wearing - and it plays well with other bracelets! All materials are provided, no previous experience is needed to join us! Light snacks and beverages plus all tools and materials will be provided. **NOTE:** Additional \$45 supply fee paid to instructor at class. Persons must be at least 18 years old and above to attend. Visit www.9t9designs.com to view projects and jewelry. Sp/HL/S24A \$29 for 1 session - Saturday, 1/20, 11:00 AM - 3:00 PM
Sp/HL/S24B \$29 for 1 session - Sunday, 2/11, 11:00 AM - 3:00 PM
Sp/HL/S24C \$29 for 1 session - Saturday, 4/6, 11:00 AM - 3:00PM
9T9 Designs - 809 E. Hudson Circle

SWEET SUITE!

Instructor: Nancy Tripp

Come to this 'suite' class! Each participant will design and create a beautiful suite which includes a necklace, bracelet and earrings! Fun and funky with plenty of room in the process to make a unique, one of a kind set of jewelry that's all you! You will be introduced to a variety of tools and techniques and all tools, materials and the patient instruction of a 20-year veteran jewelry designer are included. **NOTE:** Additional \$65 supply fee paid to instructor at class. Persons must be at least 18-yrs old to attend. Visit www.9t9designs.com to view projects and jewelry. Sp/Suite/S24A \$29 for 1 session - Saturday, 2/3, 11:00 AM - 3:00 PM
Sp/Suite/S24B \$29 for 1 session - Sunday, 2/25, 11:00 AM - 3:00 PM
Sp/Suite/S24C \$29 for 1 session - Saturday, 4/20, 11:00 AM - 3:00 PM
9T9 Designs - 809 E. Hudson Circle

Visit www.9t9designs.com
to view projects and jewelry.



Spearfish

THE ART OF SILVERSMITHING

Instructor: Gary Tripp

Always wanted to learn the age-old art of silversmithing? This is the perfect class for a beginner to learn jewelry making with one-on-one instruction. You'll make a beautiful sterling silver ring, finishing it off with a stone you set that you'll be proud to wear or give as a unique gift. Come learn the basics of a classic art form and put your jewelry on! Each class takes only 2 students, so it's 'private' and limited enrollment. All materials and equipment will be supplied. No prior experience necessary. Visit www.9t9designs.com to view projects and jewelry. **NOTE:** Additional \$165 supply fee paid to instructor at class. Persons must be at least ages 18-yrs old and above to attend.

Sp/S/S24A \$30 for 1 session - Saturday, 1/13, 11:00 AM - 2:00 PM
Sp/S/S24B \$30 for 1 session - Sunday, 1/21, 11:00 AM - 2:00 PM
Sp/S/S24C \$30 for 1 session - Sunday, 1/28, 11:00 AM - 2:00 PM
Sp/S/S24D \$30 for 1 session - Sunday, 2/4, 11:00 AM - 2:00 PM
Sp/S/S24E \$30 for 1 session - Saturday, 2/17, 11:00 AM - 2:00 PM
Sp/S/S24F \$30 for 1 session - Saturday, 2/24, 11:00 AM - 2:00 PM
Sp/S/S24G \$30 for 1 session - Saturday, 3/2, 11:00 AM - 2:00 PM
Sp/S/S24H \$30 for 1 session - Saturday, 3/9, 11:00 AM - 2:00 PM
Sp/S/S24I \$30 for 1 session - Saturday, 3/30, 11:00 AM - 2:00 PM
Sp/S/S24J \$30 for 1 session - Sunday, 4/7, 11:00 AM - 2:00 PM
Sp/S/S24K \$30 for 1 session - Sunday, 4/14, 11:00 AM - 2:00 PM
Sp/S/S24L \$30 for 1 session - Sunday, 4/28, 11:00 AM - 2:00 PM
9T9 Designs - 809 E. Hudson Circle

Sturgis

BEGINNING LINE DANCING

Instructor: Amber Lopez

Come join the fun as you 'try on' some of the latest line dances! There's no partner needed so don't sit home as these steps are easy to learn, great exercise for everyone and something you can enjoy your life long. We'll dance to all types of music and numerous dance rhythms. Ages 12 to 17 yrs old are welcome when accompanied by an adult. Class size is limited. **NOTE:** No class on 3/19.

St/LD/S24A \$35 for 4 sessions - Tuesdays, 3/5 - 4/2, 6:00 - 7:30 PM
Sturgis Community Center - 1401 Lazelle St

Sturgis

INTRO TO PAINTING WITH ACRYLICS: SPRING RENEWAL!

Instructor: Carol Brookens

Ahhh, the beauty of spring bursting forth. If you've always wanted to try your hand at acrylic painting, come join this novice level class! You'll create a painting with a spring motif of flowers as you learn how to choose colors and set the mood for spring renewal. Class is for those with little or no acrylic painting experience, so relax and enjoy as all supplies are provided and you should be able to complete at least one 9' x 12' canvas. **NOTE:** Please wear an old shirt or bring an apron. Students 18 yrs old and above most welcome. Additional \$20 supply fee paid to instructor at class.

St/Acr/S24A \$25 for 1 session - Tuesday, 4/16, 6:30 - 8:30 PM
Sturgis Community Center - 1401 Lazelle St

MAKING SOCIAL SECURITY BENEFITS WORK FOR YOU!

Instructor: Brian Bickett

Navigating the various Social Security benefit claiming strategies can be difficult and confusing. One of the most important decisions you make before you retire is when/how to claim Social Security benefits to enhance your income! Come learn the ins and outs of benefit timing from a Certified Financial Planner professional. Some of the topics include how married couples can coordinate benefits to help enhance your spouse and survivor benefits; how the 'do over' and 'start, stop, restart' strategies work; working while receiving benefits aka the 'Retirement Earnings Test' and more! Bring your questions. Handouts will be available.

St/SSB/S24A \$29 for 1 session - Tuesday, 3/19, 6:30 - 7:30 PM
Sturgis Community Center - 1401 Lazelle St

PROSPECTING FOR GOLD IN THEM THAR HILLS!

Instructor: Jim Van Hout

Take this fun course to learn all about gold prospecting in the Black Hills presented by a Chapter of the Gold Prospectors Association of America! Course will cover a bit of history, the techniques of prospecting, safety and equipment used including sluicing and panning and more. Each student will take home a gold pan and a 1-lb bag of "pay dirt" to practice gold panning on your own - does it get any better?! **NOTE:** \$35 supply fee paid to instructor. Lunch break on your own.

St/Pros/S24A \$45 for 1 session - Saturday, 4/20, 9:00 AM - 4:00 PM
Sturgis Community Center - 1401 Lazelle St

DakotaLink

Technology Solutions for Life's Limitations



DakotaLink is South Dakota's program for linking you to assistive technology devices and services. If you or someone you know are experiencing limitations due to a disability, injury, or aging, we can help! We work with people in all age groups and can provide information that may help you at home, in school, on the job or in the community.

Contact us:

1-605-394-6742 or 1-800-645-0673

atinfo@dakotalink.net

www.dakotalink.net



Registration Information



- **Register Online:** Go to www.communityeducationclasses.org to register quickly and easily with your credit card.
- **Register by Hand:** Complete the registration form below. Choose one of the following options for payment:
 - Fax the form to (605) 721-7504. Please include your credit card information or your corporate billing information.
 - Mail or hand-deliver the form with payment to **Community Education of the Black Hills, 730 East Watertown Street, Rapid City, SD 57701.** Office hours are Monday - Friday 7:30 AM - 4:00 PM.

Class Confirmation: Registration is confirmed by your payment of tuition. No registration is complete until the tuition is paid. You will receive a confirmation notice and receipt if you provide an email address in your profile. Classes fill quickly - don't delay!

Cancellations: We reserve the right to cancel any class due to insufficient enrollment. When area public schools are closed due to inclement weather, the Community Education and Career Learning classes are also canceled. Listen to your local radio or TV stations for the latest information.

Withdrawals and Refunds: Community Education students who wish to withdraw from a class must notify the Career Learning Center at (605) 394-5120 at least two working days before class begins. Refunds will be mailed within 30 days. A \$7 processing fee will be deducted from all refunds (\$20 for Driver Education). No refunds will be made after the first class session.

REGISTRATION FORM

Last Name: _____ First Name: _____ Home Phone: _____ Mobile Phone: _____

Address: _____ City: _____ State: _____ Zip: _____

Email address: _____ *for reminders, class confirmations, receipts, and announcements*

Media Release Do we have permission to take photos or video while in class? YES NO

SESSION NUMBER	COURSE TITLE	TUITION FEE
NOTE: Supply fees (if any) are separate non-refundable expenses paid directly to the instructor at class. Instructors will not accept tuition fees.		TOTAL DUE

Visa, Mastercard, or Discover #: _____ CVV (3-digit code): _____ Expiration Date: _____

Name exactly as it appears on card: _____ Signature of card-holder: _____

Check # _____ Cash / money order

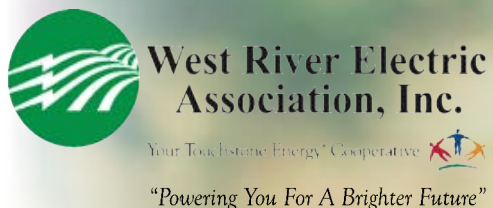


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