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Community Education of the Black Hills

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Workforce Connections

*Supporting adults to
further their education
and training.*



Career Learning Center
of the Black Hills

730 East Watertown St
Rapid City, SD 57701
(605) 394-5120 • clcbh.org



JOHN T. VUCUREVICH
FOUNDATION
...to make a place of the world a brighter place.

What Services Will I Receive from the Workforce Connections Program?

The Workforce Connections Program provides navigation support, mentoring, and advocacy to individuals pursuing adult education.

Supports can include:

- Support Obtaining a GED®
- Career Exploration
- Mentoring to Pursue Further Education and Training
- Assistance with Education and Training Expenses
- Assistance with Other Emergency Expenses
- Resource Navigation
- Resume Development
- Developing Interview Skills

What is the Workforce Connections Coalition?

A group of area community partners who collaborate to reach the goals of the Workforce Connections Program. Activities of the Coalition will include:

- Sharing expertise including workforce development strategies.
- Serving as advocates to promote the program.
- Providing agency and organization updates that benefit the participants.



Program Goals

- To increase the number of individuals entering education and training programs that lead to higher wages.
- To create a workforce to meet employer needs.

Why Participate?

- Increased education and training are fundamental to improving the well-being of families and communities in the Black Hills.

Who is This For?

- Individuals with a high school diploma or GED® who want to refresh their academic skills to pursue further education and training.
- Individuals without a high school diploma who want to earn their GED® and pursue further education and training.



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The Career Learning Center of the Black Hills has a variety of education, training and pre-employment offerings and services. Below is a brief description of these services. Please call our office for more information.

Adult Education at the Career Learning Center of the Black Hills (CLCBH): The CLCBH serves adult education students throughout Western South Dakota in the communities of Belle Fourche, Spearfish, Sturgis, Rapid City, and Custer. There are three primary areas of study for students enrolled:

GED Preparation: Serves most of our students ages 18 and older without a high school diploma with instruction offered during daytime and evening hours for preparation to take the GED exams.

Adult Basic Education: Serves individuals 18 and older with a high school diploma or GED who need academic review to prepare for enrollment into a university, technical college, apprenticeship or other post-high school education/training. Tutoring is also available.

English as a Second Language: Serves students 18 & over who are studying oral and written English skills.

Testing Services: The Career Learning Center of the Black Hills (CLC) represents 10 National and International Test Centers providing hundreds of proctored assessments. Tests are administered regularly for professionals, job applicants, employers, government agencies and students. The CLC has met the comprehensive facility, technology and security requirements for all assessment providers represented at our facility. In the past 12 months, the CLC has provided over 2,000 exams!

The CLC strives to meet the electronic testing needs of the Black Hills community members. To register for a test, individuals will access the appropriate link to their exam which will identify if that test is offered in the Rapid City area. If it is, it will most likely be provided at the Career Learning Center. If a test is not offered in this area, we welcome the opportunity to research the possibility of providing the exam at our facility. Testing Centers represented at the CLC include:

- Certiport Performance Assessment Network—PAN

(CLC also provides I-9 Employment Verification through PAN)

- Pearson VUE

- ISO Quality Testing

- PSI

Many of the computer training courses and the MOS tests are approved for funding through the South Dakota Department of Labor and Regulation and the Veteran's Affairs.



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Welcome

We are glad you are joining us for the new season of Community Education! As you look through the Fall 2022 offerings, you will see most classes are held in-person and several conveniently hosted with a live instructor via Zoom. Registration begins September 1st.

We extend a sincere Thank You to:

- All of our amazing instructors who lend their expertise, time, and energy to provide wonderful opportunities to learn;
- 'Partners' who make this program a success with sponsorships and classroom space; and
- Especially you, the participant, who continues to support this program by taking a class.

Wishing you all the best.

Live & Learn -

Tammy Sellars, Program Director

Gloria Pluimer, Division Director

Students and Employers: Affordable Computer Training Courses!

- Students wanting to increase skills and employment opportunities.
- Employers wanting to provide training needs to sustain employees.

The Career Learning Center of the Black Hills can customize a training program with one, two or more computer courses to meet your needs. Offerings include:

- Microsoft Word
- Microsoft Excel
- Microsoft Access
- Microsoft PowerPoint
- Introduction to Computers
- Keyboarding
- QuickBooks Pro
- Outlook

Computer Classes at NO-CHARGE!!!
The Career Learning Center recieved a grant from United Way of the Black Hills to provide computer classes to individuals who are pursuing education, training, and/or employment, including promotion opportunities. There is no charge for these classes until the funds are depleted. **Contact Kay Crandall at 605-394-5120** for more information.

These classes are open entry and self-paced allowing you to set your schedule and go at your own pace. For more information on the cost of the courses, please contact the Career Learning Center of the Black Hills at 394-5120.

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Active Living

AMERICAN MAH JONGG: THE BASICS

Instructor: Linda Lockner

Mah Jongg is a table game in which players use number and symbol tiles to form hands and score points. With origins in ancient China, the exotic tiles provide an experience in sight and sound for a fun and mentally challenging social game of chance. This course teaches rules and basic strategies of American Mah Jongg, using National Mah Jongg League rules. Tile sets are provided for class practice, but in addition to the tuition fee, each student purchases a NMJL Rules and Hands reference card through the instructor. NOTE: Additional \$9 supply fee paid to instructor at class.

AMJ/F22A \$39 for 4 sessions - Wednesdays, 9/21 - 10/12, 6:30 - 8:30 PM
Career Learning Center of the Black Hills
730 E. Watertown Street, use North entrance & parking lot

BEGINNING BELLY DANCING

Instructor: Kisa

Belly dancing is poetry of the body expressed in ancient meaningful gestures and for the purpose of celebrating womanhood. Let Kisa help bring out the femininity in you with this beautiful art-form. She will start off with the basics of Cabaret-style and teaching the old-school method. Come join her and start your journey as a belly dancer! No requirements on age, size or previous dance experience to attend. All women are beautiful and welcome. Wear clothing to move freely and bring a bottle of water. Class is suitable for all shapes and sizes.

BBD/F22A \$39 for 5 sessions - Saturdays, 10/1 - 10/29, 10:00 - 11:00 AM
The Weight Room - 601 12th St, use back entrance off parking lot

BEGINNING LINE DANCING

Instructor: Haley Manning

Come join the fun as you try on some of the latest line dances! No partner needed for this class so don't sit home because you don't have a partner, come join the movement! These steps are easy to learn, great exercise for everyone, and something you can do your life long. We will dance to all types of music and numerous dance rhythms. Ages 10 yrs and above welcome! Class size limited.

LD/F22A \$30 for 6 sessions - Mondays, 9/19 - 10/24, 7:45 - 8:45 PM
Rapid City Elks Lodge #1187 - 3333 Jolly Lane

COUNTRY TWO-STEP!

Instructor: Debbie Ellerton

Country Two-Step is a partner dance with a lead and a follower involving walks and spins to the timing of quick, quick, slow, slow...sounds fun! We typically dance to fast country-western music and the dance follows the line of dance which travels in a counterclockwise circle around the room. Register individually. NOTE: Class size is limited.

CTS/F22A \$30 for 4 sessions - Tuesdays, 10/11 - 11/1, 7:45 - 8:45 PM
Rapid City Elks Lodge #1187 - 3333 Jolly Lane

BIRD FEEDER FRENZY!

Instructor: Maggie Engler

How do you get started feeding birds in your backyard? What kinds of birds might come to a new feeding station? What do you do about the undesirable species? Cats? Raccoons? Deer? Join us for an evening of conversation as you learn how to feed birds this winter. We will take a Saturday morning field trip to a local feeding station in a well-established neighborhood in Rapid City, tentatively planned for Saturday, 11/19, with time to be arranged in class. Please bring your own binoculars for the field trip.

BF/F22A \$30 for 1 session - Thursday, 11/17, 6:00 - 8:30 PM
1 Rapid City High School - 601 Columbus St

Active Living

BIRDS OF PREY

Instructor: Maggie Engler

Hawks, eagles, vultures, and owls are magnificent predators. During this intermediate level birding class, you will learn to identify South Dakota's raptors. We will explore their habits, habitats and unique adaptations. There will be two field trips: one a prairie birding expedition, and the other a trip to the Black Hills Raptor Center to see the avian ambassadors up close. The field trips are planned for 11/5 and 11/12, weather permitting, in the morning with time to be arranged in class. Please bring your own binoculars for the field trips.

BOP/F22A \$40 for 2 sessions - Thursdays, 11/3 & 11/10, 6:00 - 8:00 PM
Rapid City High School - 601 Columbus St

DOES YOUR FIDO OR FIFI NEED 'FIXING'?

Instructor: Katherine Andrews

This unique class is great as Fido gets an individual evaluation and your questions get answered by an animal behaviorist! We will offer Basic Obedience; Advanced Obedience; Social Skills; and Communication Skills. You and your dog will have a chance to get Canine Good Citizen certified and have one-on-one time to 'fix' the issues your dog is having. This program is designed to fit the needs of you and your dog with your schedule. Class will work both individually and as a small group to accomplish your goals. Please bring your own dog with leash and training collar, plus snacks. Dog should be 6-months old or older. Class is limited to 1 dog per registered student. NOTE: Class is 2 sessions with a week break in between for homework. Please meet at the round pen at the park at 10:45am to check-in and let your dog run around so they'll focus better. For more information or questions: www.animalpsychologycenter.com or call 605-390-7295.

Fido/F22A \$95 for 2 sessions - Saturdays, 9/10 & 9/24, 10:45 AM - 2:00 PM
Braeburn Dog Park - 3324 Idlehurst Ln

DOG AGILITY: AN INTRODUCTION

Instructor: Rebecca Almy

This class will introduce you to healthy and happy basics of dog agility. You and your pooch will get an opportunity to jump, run through a tunnel, and learn the weave poles to develop muscles and control. Your dog must be obedient and physically able to jump and run, as both of you get a bit of exercise! Please bring to class: Current shot records and yummy dog treats for motivation. NOTE: aggressive dogs will not be allowed in class. One dog per registered student.

Dog/F22A \$25 for 1 session - Saturday, 9/17, 4:00 - 5:00 PM
Tails n Training - 5531 Mill Road, Black Hawk

GOLF CLASS FOR SENIORS (AGES 50-101 YRS)

Instructor: David Noble

Not only does this curriculum give seniors a chance to learn the sound fundamentals of the golf grip, stance, ball position, posture and athletic motion of the golf swings; but it provides the students a foundation to prepare for the future! Most importantly, the winter months can be utilized to form good habits or restructure bad habits into proper ones. Your instructor is a golf professional, a longtime member of the Professional Golfers' Association of America and teacher of thousands of golfers of all abilities. Come learn knowledge for a lifetime. NOTE: Tuition includes all class materials to take home upon completion of class.

Golf/F22A \$25 for 3 sessions - Tuesdays, 10/4 - 10/18, 10:00 - 11:30 AM
Career Learning Center of the Black Hills
730 E. Watertown Street



Active Living

GOLF CLASS FOR SENIORS (AGES 50-101 YRS), PART 2

Instructor: David Noble

This course is Part 2 but you don't have to take the first Senior Golf class to attend! This will be more information on techniques and tips to actually enjoy your game of golf! Your instructor is a golf professional, a longtime member of the Professional Golfers' Association of America and teacher of thousands of golfers of all abilities, and services are provided by Fore the Good of Our Game, Inc. Come learn knowledge for a lifetime.

Golf2/F22A \$25 for 3 sessions - Tuesdays, 11/1 - 11/15, 10:00 - 11:30 AM
Career Learning Center of the Black Hills
730 E. Watertown Street

INTRO TO BOULDERING!

Instructors: Laura Bellisle & Kolton Arthur

Ready to try something new? This class is a basic introduction to the rock-climbing discipline of bouldering. It's a great way to increase your core strength and perfect for those with little or no experience. Basecamp's intro class will teach students climbing safety, footwork, and tips & tricks to climb routes on walls of all skill levels and difficulties with experienced climbing instructors. All equipment will be provided including climbing shoes. NOTE: Additional \$64 (a \$399 value) supply fee paid to instructor at class. Students should wear comfortable clothing and bring a bottle of water.

Bould/F22A \$35 for 6 sessions - Saturdays, 10/15 - 11/19, 10:30 - 11:30 AM
Bould/F22B \$35 for 6 sessions - Saturdays, 10/15 - 11/19, 12:00 - 1:00 PM
Black Hills Base Camp - 2026 Samco Rd, Suite 101

INTRO TO PICKLEBALL!

Instructor: Paul Cohen & Mark Geyer

Pickleball has taken over the country in popularity for all ages because it's great fun and something you can be active with all year. This class will introduce you to the sport, proper form, scoring and much more, so come join the fun...it's naturally social-distanced! Students should please dress comfortably, wear tennis shoes, and please bring a bottle of water. If you'd prefer to use your own racquet, please bring it, but court time, balls and racquets will be provided for everyone. Please register for the class that suits you. Persons 12-years old and above welcome. NOTE: Additional \$10 supply fee paid to instructor at class. NOTE: No class on November 23rd, F22F class.

Pick/F22A \$19 for 4 sessions - Tuesdays, 9/13 - 10/4, 6:00 - 7:00 PM
Pick/F22B \$19 for 4 sessions - Tuesdays, 10/18 - 11/8, 6:00 - 7:00 PM
Pick/F22C \$19 for 4 sessions - Tuesdays, 11/15 - 12/6, 6:00 - 7:00 PM
Pick/F22D \$19 for 4 sessions - Wednesdays, 9/14 - 10/5, 12:00 - 1:00 PM
Pick/F22E \$19 for 4 sessions - Wednesdays, 10/19 - 11/9, 12:00 - 1:00 PM
Pick/F22F \$19 for 4 sessions - Wednesdays, 11/16 - 12/14, 12:00 - 1:00 PM
Tennis Center of the Black Hills - 7802 Albertta Drive

JITTERBUG DANCING FOR THE BEGINNER

Instructor: Debbie Ellerton

The Jitterbug is so fun to do and it seems to be the dance all ages enjoy...everyone is always smiling while jitterbugin'! If you want to learn how, this 4-week class will teach you the basics. You will learn turns and fun moves of this swinging dance. This very social dance can be done at any occasion and you will have a blast even if it's in the living room. We will dance to a variety of music from country to funky. Register individually. NOTE: Class size is limited.

JD/F22A \$30 for 4 sessions - Tuesdays, 10/11 - 11/1, 6:30 - 7:30 PM
Rapid City Elks Lodge #1187 - 3333 Jolly Lane

Active Living

LET'S DO THE LINDY HOP!

Instructor: Ryan Englehaupt

Referred to as the "original" swing dance, the Lindy Hop evolved from Charleston and Tap dancing. It's characterized by fast rotations, swing outs and high-energy footwork...Yes! We'll cover the basics as well as some fun moves that you can combine in all kinds of ways. With some improvisation and a little flare, you can make this dance your own. The Lindy Hop is the most iconic style of swing dancing and some consider it to be as popular today as it was in the 1930's! Class size limited.

LH/F22A \$30 for 6 sessions - Mondays, 9/19 - 10/24, 6:30 - 7:30 PM
Rapid City Elks Lodge #1187 - 3333 Jolly Lane



SCANDINAVIAN FOLK DANCE!

Instructors: Jerry Majzner & Sons of Norway Members

It's said that the best cultural export of Scandinavia is dance because it's so fun and dynamic! You'll learn a number of Scandinavian dances to include Polka, Waltz, Schottische, and very unique dances that are group orientated (multiple couples) which are exceptionally fun and upbeat. No special skills necessary as the pace can be slowed down to make learning the steps easier. Note: no partner necessary, couples may mix/rotate on occasion to help get the steps down. Please register individually.

SFD/F22A \$45 for 6 sessions - Mondays, 9/12 - 10/17, 6:30 - 8:30 PM
Canyon Lake Activity Center - 2900 Canyon Lake Dr

TEACH YOUR DOG TO COME TO A WHISTLE!

Instructor: Linda Kelly

Do they hear their name and run in the opposite direction? Maybe they stare at you from a distance then go on their merry way, sniffing, and completely ignoring you? Woof! Trust us, you're not alone in the struggle and we'll share with you a game-changer. This will be demonstration with lots of opportunities for hands-leash-on activities! Handouts, whistle with lanyard, treats, and supplies to practice recalls with distractions will be provided. One dog per registered student, please bring a leash for your dog and wear comfortable walking shoes. NOTE: Additional \$20 supply fee paid to instructor at start of class. You/dog must show proof of up-to-date shots.

Whistle/F22A \$29 for 1 session - Sunday, 10/9, 1:00 - 3:00 PM
Krazy K9 - 14697 Saddle Rd, Piedmont

THE BASICS OF LOOSE LEASH WALKING YOUR DOG!

Instructor: Rebecca Almy

Is Fido or Fifi not so fun to take on a walk? Are they distracted, pulling or taking you for the walk most of the time? This class will teach you the basics of loose leash walking with your dog...it's not always a race! Bring your dog, a leash that attaches to their collar, and a few treats. Class is limited to one dog per registered student.

LLDog/F22A \$25 for 1 session - Saturday, 10/15, 9:00 - 10:00 AM
Tails n Training - 5531 Mill Road, Black Hawk

Arts & Crafts

CREATE A MALA: A MEDITATIVE EXPERIENCE

Instructor: *Jessica Lewis*

A mala is a lovely string of beads used to aid in mediation or prayer, and sometimes worn like a necklace. The process of making a mala can be meditative as you self-reflect while creating something beautiful with your hands. Come join this inviting environment with a cup of tea and gentle music as you are introduced to the history and styles of malas. Following, you'll learn the overhand knot and create your own personal mala as you practice setting intentions. NOTE: Students may purchase a pre-made mala kit for \$30 paid to Jessica at class or you must bring your own supplies: 108 8mm or 6mm beads for the mala, 5 extra 8mm beads and scrap string, 9-feet of hemp chord 1mm or .75mm in diameter, 1 10mm bead with a 1.5 – 2mm hole, 5 beads of a larger size in a different texture or color. All other supplies will be provided. For more information on the instructor, go to www.westrivermalas.com

Mala/F22A \$30 for 1 session - Saturday, 9/24, 8:00 AM - 12:00 PM
Career Learning Center of the Black Hills
730 E. Watertown Street, use North entrance & parking lot



ENJOY THE JOURNEY OF BASIC SCRAPBOOKING!

Instructor: *Jo Prang*

Have you always meant to put those family photographs in a keepsake scrapbook? Never found the time or had the right materials to do so? Or you just can't seem to get started? Set your worries aside and join us for scrapbook creation time... hooray! Materials for occasions such as birthdays, graduations, weddings, baby arrivals, and so on will be available. In addition, all the tools you might need will be provided including a Cricut machine, paper, stickers, edge trimmer, Crop-a-dile, Stampin' Up trimmer, Stampin' Up stamps and ink, embellishments and more! All you need to bring are those photos of your chosen event! Then join me for time dedicated to the art of scrapbooking and make that decision to salvage those priceless memories in the best way possible! Each attendee will receive a Stampin' Up" kit of their choice from my collection for free at the end of the class worth \$27.00. NOTE: Additional \$25 supply fee paid to instructor at class for materials.

SB/F22A \$25 for 1 session - Tuesday, 10/4, 6:30 - 9:00 PM
Rapid City High School - 601 Columbus St

HARDANGER EMBROIDERY WORKSHOP

Instructors: *Debra Kronenbitter & Sons of Norway Members*

Hardanger is a traditional Norwegian craft of embroidery that takes its name from that region. You see this beautiful stitch work on linens like tablecloths or runners, caps and other items. Come join us to learn the basic stitches and work toward finishing a beautiful project of your own. All materials will be provided to you. NOTE: Additional supply fee paid to instructor at class of up to \$20.

Hard/F22A \$45 for 6 sessions - Mondays, 9/12 - 10/17, 6:30 - 8:30 PM
Canyon Lake Activity Center - 2900 Canyon Lake Dr

Arts & Crafts

HAND-CRAFTED GREETING CARDS

Instructor: *Jo Prang*

Receiving a handmade card is a gift unto itself! Whether you're a newcomer or an experienced card-maker, you can make beautiful, high-quality cards to give your family and friends as we create 8 custom-made cards per class and have a whole lotta fun! We will feature Christmas/holiday themed cards to get an early start on your card giving list! You can alter the card to have your favorite sentiment and several options will be available to personalize it. A variety of techniques will be used which can include stamping, punches and embossing/thin-lit dies; All supplies will be provided including beautiful decorative paper, cardstock, envelopes, and embellishments. NOTE: Additional \$10 supply fee paid to instructor at each class. Ages 15 yrs – 17 yrs are welcome accompanied by adult.

Cards/F22A \$25 for 1 session - Thursday, 10/13, 6:30 - 9:00 PM
Rapid City High School - 601 Columbus St

HEIRLOOMS: CREATIVE LIFE-WRITING FOR ADULTS

Instructor: *Molly Barari*

Have you always wanted to record your memories onto paper so your family can cherish your stories for years to come? This class is open to all ages and writing levels of adults providing writing prompts which will encourage participants to pen their life memories through sensory detail. Creative writing has many benefits aside from preserving valuable memories. It helps sharpen the mind and provides a therapeutic outlet for emotions. Please bring writing materials to each class. For information on the instructor, who has a doctorate in adult education, please visit www.mollybarari.com

Heir/F22A \$20 for 1 session - Saturday, 9/17, 10:30 AM - 12:30 PM
Heir/F22B \$20 for 1 session - Saturday, 10/15, 10:30 AM - 12:30 PM
Heir/F22C \$20 for 1 session - Saturday, 11/19, 10:30 AM - 12:30 PM
Bean Counter - 4956 5th St, inside Med5 Fed Credit Union

LET'S MAKE NATURAL PERFUME FOR GIFTS!

Instructor: *Tina Sharp*

Bring life and purpose to your perfume scent! Let's make some amazing natural and organic perfume you can use as gifts for yourself or someone special...gift giving is coming soon! What a blessing to create our own beautiful perfume...I call them God's beauty for our body. And you get to choose the aroma for each perfume! All supplies are provided. NOTE: Additional supply fee paid to instructor at class depending on size and quantity of perfumes you make, starting at \$5.

Perf/F22A \$25 for 1 session - Monday, 11/14, 6:00 - 7:30 PM
Dahl Arts Center - 713 7th Street, Use Kansas City entrance

MOVIES: THE LITERATURE OF OUR TIMES

Instructor: *Charlie Abourezk*

Great films easily manipulate us into feeling certain emotions and adopting certain cultural or social values. Movies, like books, have multiple layers of meaning and symbolism, triggering our imagination in multiple ways. This class will teach how to 'read' movies at a deeper level to understand how they influence our feelings and values, and how certain characters, colors, camera angles, symbolism, and devices like 'forecasting' themes in the movie make that happen. Film theory will be discussed, and we'll watch some of our favorite films each class, analyzing and dissecting so you gain insight and enjoyment.

Mov/F22A \$45 for 5 sessions - Thursdays, 9/22 - 10/20, 5:00 - 8:00 PM
Dahl Arts Center - 713 7th Street, use Kansas City entrance



Arts & Crafts

ROSEMALING : TRADITIONAL FOLK ART

Instructors: Rosella Beaumont, Brenda Rud, & Sons of Norway Members

Rosemaling or 'rose painting' is a folk art that began in the lowlands of Norway in 1750 and very important to their culture. You see it on wooden boxes, bowls, etc., but really you can do rosemaling on anything like a wall, ornaments, picture frames. We'll begin with the basic strokes and work toward finishing a beautiful project of your own. All materials will be provided to you. NOTE: Additional supply fee paid to instructor at class of up to \$20.

Rose/F22A \$45 for 6 sessions - Mondays, 9/12 - 10/17, 6:30 - 8:30 PM
Canyon Lake Activity Center - 2900 Canyon Lake Dr

INTRO TO CARVING WOODEN SPOONS & KITCHEN UTENSILS

Instructor: KJ Groven

Making objects from fresh green wood is something that's been done for as long as we've had cutting tools. Working 'green' is much easier to carve compared to dry but it can still crack and twist if not done correctly. We're lucky to have well suited resources in our 'back yard' and it's wonderful to hike in the woods and 'see' utensils in every tree! We'll talk about ways to harvest wood, and begin with making a jam spreader, learning the basics of knife use and carving wood. Then we'll make a simple cooking spoon with a 'blank' the instructor has roughed out with an axe. K.J. will demonstrate the use of the axe, draw knife, and a shave horse. Wood chips will fly, then we'll talk about decorative carving, paint, and tool sharpening. Tools and materials will be provided for borrowing or for sale, and you're welcome to bring your own straight sloyd knife, a spoon knife, saw, pencil and eraser. Although you will be taught to carve safely and must pay attention to the knife/wood, some use Kevlar gloves while learning, you can find them online. NOTE: Additional \$25 paid to instructor at class. Carving tools will be for sale ranging from \$25 - \$50 depending on type. Class is Tuesday and Wednesday each week and, if you wish, there's an option to stay after class to socialize/talk about the subject until 9PM.

WS/F22A \$55 for 4 sessions - Tues & Weds, 9/27 - 10/5, 5:00 - 8:00 PM
Hay Camp Brewery - 601 Kansas City St, Suite 1



WOOD CARVING

Instructors: Mike Martin & Sons of Norway Members

Woodcarving and whittling is an ancient form of expression...and some classify it as a 'lost art'. It's a medium that you can be very unique and creative, and with a little knowledge, can produce fun and interesting projects. This course will have a Scandinavian focus with hands-on instruction for both the beginner and the intermediate carver. You'll learn about tools, different types of wood and techniques. The best wood for small carvings will be provided and students must bring their own carving knife (these can be found at Who's Hobby/RC, online, or at your favorite local craft store). Ages 16 yrs and older welcome. NOTE: Additional \$5 supply fee paid to instructor.

Wood/F22A \$45 for 6 sessions - Mondays, 9/12 - 10/17, 6:30 - 8:30 PM
Canyon Lake Activity Center - 2900 Canyon Lake Dr

Body & Mind

A GREAT WARM-UP FOR YOUR PICKLEBALL GAME!

Instructor: Britt Wickett

Pickleball is one of the fastest growing sports in America! Regardless of experience or ability level an appropriate warm-up can help keep aches and pains away and allow for a more enjoyable playing experience. Come learn about the muscle groups used during Pickleball and receive instruction in a dynamic upper and lower body warm up to promote lifelong participation in Pickleball. This course will be instructed by a Doctor of Physical Therapy.

WUP/F22A \$29 for 1 session - Wednesday, 9/21, 1:00 - 3:00 PM
Elevate Performance - 420 E St Patrick, Suite 101

ANTI-AGING CLASS: CHINESE MEDICINE PRACTICES

Instructor: Ariann Wolff

Ready to help turn back the clock on your skin? Come learn simple facial Gua Sha techniques you can easily perform to bring out your skin's natural beauty. Gua Sha is a treatment regularly used in Traditional Chinese Medicine to stimulate blood flow which assists in releasing unhealthy elements from the body. Gua Sha is able to help treat age spots, stimulate collagen production, reduce the appearance of fine lines and wrinkles, increase the absorption of beauty products and more! Your instructor has a doctorate in Acupuncture & Chinese Medicine, with Cosmetic and Dermatological from a Chinese Medicine perspective. Each student will receive a Gua Sha tool and instructions. NOTE: Please come to class with a clean face. Additional \$15 supply fee paid to instructor at class.

AA/F22A \$20 for 1 session - Sunday, 10/2, 10:00 - 11:30 AM
West River Accupuncture & Wellness - 343 Quincy, Suite 104

BEAUTY THE NATURAL WAY

Instructor: Martina Muckler

This informative and fun class teaches you what Nature has to offer to take care of your skin and wellness. Come learn about being more mindful about the products you use on your skin and how to make better choices. You'll discover fairly common ingredients and how to make and use easy natural remedies to nurture your skin and body. You'll come away with wellness routines to improve your personal confidence and self-esteem. Your instructor is a German trained esthetician & masseus.

BNW/F22A \$20 for 1 session - Tuesday, 9/27, 5:30 - 7:30 PM
Manolie - 2218 Jackson Blvd, Suite 8

BODY BALANCE

Instructor: Rhianna Wickett

One in four Americans age 65+ falls each year. Don't be a statistic! Join us for a strength and balance screen to determine your risk of falling! You will be given exercise recommendations based on your results. We will discuss how you can improve your balance, strategies to decrease injury if you do fall, and how to get up off the floor safely. This class is for all individuals and skill levels, including those that use a walker or cane. This course will be instructed by a Doctor of Physical Therapy.

BB/F22A \$29 for 1 session - Wednesday
10/26, 1:00 - 3:00 PM
Elevate Performance -
420 E St Patrick, Suite 101



Body & Mind

CHEN STYLE TAI CHI CHUAN

Instructor: Gregg Fischer

Tai Chi Chuan is a Chinese martial arts exercise that focuses on mind intention and big, smooth, slow core movement to recharge and energize the body. Tai Chi Chuan has demonstrated numerous benefits including better balance, strength and improved bone density. The class consists of warm up/loosening exercises and instruction on body structure (how you hold your body in a Tai Chi way). You'll also begin to learn the choreography of the Hunyuan Tai Chi 48-forms set and the 'how to's' of the moves like where to place your feet, how your body and hands move, and how your weight shifts. Class is suitable for ages 14 to 80+. Please wear loose, comfortable clothing and flat soled shoes.

Tai/F22A \$39 for 4 sessions - Mondays, 10/3 - 10/24, 5:30 - 6:30 PM
Roosevelt Swim Center - 125 Waterloo Street

CREATE YOUR OWN SPIRITUAL VESSEL: HEALING THRU ART

Instructor: Kristina Benter & Amy Lamphere

This is a creative workshop presented with the intent of helping participants create and fill their own spiritual vessel. The world is full of chaos and real change begins with self. A local artist will guide you through the fun process of making your own spiritual vessel using a felting process and this will be in combination with a counselor to give education and guidance on how to best use your creation. NOTE: Additional \$45 supply fee paid to instructor at class. Students should wear comfortable clothing.

SV/F22A \$25 for 1 session - Saturday, 9/24, 10:00 AM - 1:00 PM
On Common Ground - 610 St. Francis

ESSENTIAL OILS: FALL & WINTER WELLNESS

Instructor: Tina Sharp

Are you looking for ways to help keep your family well this fall and winter season? If you're searching for a more thriving and health-filled life, let's discover how to strengthen our immune systems. Join us as we learn the best natural health support in the world...God's plants! Learn easy steps to keep our bodies healthy during the changing of the seasons which affect us all. Students will make and take a throat spray home! NOTE: Additional \$5 supply fee paid to instructor at class.

OFW/F22A \$25 for 1 session - Saturday, 9/19, 6:00 - 7:30 PM
Dahl Arts Center - 713 7th Street, Use Kansas City entrance

ESSENTIAL OILS: NATURAL WELLNESS AND CLEAN LIVING!

Instructor: Tina Sharp

Are you seeking energy, focus, and relaxation naturally? Searching for a more thriving and health-filled life? Discover how to strengthen your immune system, increase energy, provide focus, support emotions, and deepen relaxation. Join us as we discover the best natural health support in the world...God's plants! Learn easy steps on how to make little changes in your life to bring about and support wellness. Come experience the aromas as students will make/take a room spray home. NOTE: Additional \$5 supply fee paid to instructor at class.

EO/F22A \$25 for 1 session - Monday, 10/17, 5:30 - 7:30 PM
Dahl Arts Center - 713 7th Street, Use Kansas City entrance



Body & Mind

FALL INTO ROUTINE: HOW TO BALANCE VATA DOSHA & BOOST IMMUNITY

Instructor: Stacey McNally

Discover what Ayurveda can do for you this fall season! Fall is the Vata time of year which can create some imbalance when transitioning from summer. We will discuss how to fall into routine, boost your immune system naturally and create balance in the physiology by balancing Vata dosha. NOTE: Students should have a basic understanding of Ayurveda and the doshas. We will not cover the foundations of Ayurveda in this class. Personal recommendations will not be given. This class is for general knowledge. Discounted appointments can be made with a follow up consultation within 6-months of class. The power point presentation will be emailed to students for references/materials after class.

Vata/F22A \$29 for 1 session - Wednesday, 10/26, 5:30 - 8:00 PM
Career Learning Center of the Black Hills
730 E. Watertown Street, use North entrance & parking lot

FIT FOR LIFE!

Instructor: Rhianna Wickett

This course is ideal for those interested in staying strong, healthy, and injury free throughout the lifespan! We will discuss how to exercise with various medical conditions, such as diabetes, arthritis, or back pain. You will learn exercises for total body strength, aerobics, balance, and flexibility as we age. You will walk away with ideas for a program that you can use to make sustainable changes in your life and continue doing the things you love! You will be able to ask questions and feel at ease with your health whether you are currently active or just getting started. This course is taught by a Doctor of Physical Therapy.

FFL/F22A \$29 for 1 session - Wednesday, 10/5, 1:00 - 3:00 PM
Elevate Performance - 420 E St Patrick, Suite 101

HOW TO SAFELY FALL USING AIKIDO

Instructor: Willi Kurniawan

Aikido is a Japanese self-defense art with the main principle of being in harmony with everyone! This class introduces exercises that Aikido uses to help in falling safely and improve your balance as well as your core. It is suitable for Adults only (over 21 years old). Classes will be taught at Canyon Lake Activity Center 2nd floor. We are affiliated with the Aikido Shimbokukai organization. All physical sizes, shapes and skill levels are most welcome to join us and students should wear comfortable work out clothing or judo/karate do gi.

FAik/F22A \$40 for 5 sessions - Tuesdays, 9/20 - 10/18, 5:45 - 6:30 PM
Canyon Lake Activity Center - 2900 Canyon Lake Drive

INTRO TO AIKIDO FOR ALL (TEEN TO 100 YRS OLD)!

Instructor: Willi Kurniawan

Aikido is a Japanese self-defense art with the main principle of being in harmony with everyone! This class introduces Aikido basic exercises, some practical self defense exercises, as well as some basic Japanese language. We are affiliated with the Aikido Shimbokukai organization. Students should wear comfortable work out clothing or judo/karate do gi. Classes are Tuesdays and Saturdays, at different times, no class 10/29.

IA/F22A \$50 for 5 sessions - Tuesdays, 10/25 - 11/12, 6:20 - 7:20 PM
& Saturdays, 10/25 - 11/12, 2:20 - 3:20 PM
Canyon Lake Activity Center - 2900 Canyon Lake Drive



Body & Mind

INTRO TO AIKIDO FOR KIDS (AGES 8 - 12 YEARS OLD)

Instructor: Willi Kurniawan

This class introduces children to Aikido basic exercises, learning to do front and back roll as well as some Japanese language. We are affiliated with the Aikido Shimbokukai organization. Students should wear comfortable work out clothing or judo/karate do gi. Classes are Tuesdays and Saturdays at different times.

IAk/F22A	\$35 for 5 sessions - Tuesdays, 10/25 - 11/12, 5:30 - 6:10 PM & Saturdays, 10/25-11/12, 1:30 - 2:10 PM Canyon Lake Activity Center, 2nd flr - 2900 Canyon Lake Drive
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INTRO TO AYURVEDA & YOGA NIDRA

Instructor: Stacey McNally

Come discover the oldest form of traditional medicine which dates back to at least 5,000 years. We will cover the basics of Ayurveda and finish class with a heavily-guided meditation (yoga nidra). Our session will include discovering your Prakriti (constitution), Vikriti (your current state of imbalance) and simple tools to create balance in the physiology. Personal recommendations will not be given, however we will have time to open up for questions. If you wish, discounted appointments can be made with a follow up consultation within 6-months of class. NOTE: Students need to bring a yoga mat, writing materials, and dress comfortably. The power point presentation will be emailed to students after class.

Ayur/F22A \$29 for 1 session - Saturday, 10/15, 9:00 AM - 12:00 PM
Career Learning Center of the Black Hills
730 E. Watertown Street, use North entrance & parking lot

LIVING WITH OSTEOPOROSIS

Instructor: Rhianna Wickett

Have you or someone you know been diagnosed with osteoporosis or osteopenia? In this course you'll learn what osteoporosis and osteopenia are and exercises to build bone density. We will discuss the importance of strength and balance training to reduce the risk of fractures and maintain a healthy, active lifestyle. This will be an interactive class, teaching you safe exercises for both prevention and support. You'll receive a handout with the information presented and safe exercises. This course will be instructed by a Doctor of Physical Therapy.

Ost/F22A \$29 for 1 session - Wednesday, 10/19, 1:00 - 3:00 PM
Elevate Performance - 420 E. St Patrick, Suite 101

NATURAL BEAUTY PRODUCTS

Instructor: Martina Muckler

This course will expand upon information and methods introduced in the Beauty the Natural Way class and will include a review of those basics. Martina will demonstrate the ingredients to use and how to make the products. You'll come away supplied with a higher knowledge to create your own skin and wellness care and cleansing products to add to your skin care routines along with samples to take home. NOTE: Additional \$25 supply fee paid to instructor at class.

Nat/F22A \$20 for 1 session - Tuesday, 10/11, 5:30 - 7:30 PM
2218 Jackson Blvd, Suite 8

PARKINSON'S DISEASE & PHYSICAL THERAPY

Instructor: Britt Wickett

Have you or a loved one been diagnosed with Parkinson's Disease? This course will take an in-depth look at how Parkinson's Disease affects walking and functional mobility. We will discuss the symptoms of Parkinson's Disease, decreasing the fear of falling, and home modifications to improve safety for patients and caregivers. We will also discuss ways that Physical Therapy can potentially slow symptom progression related to Parkinson's Disease. This course will be instructed by a Doctor of Physical Therapy.

PD/F22A \$29 for 1 session - Wednesday, 9/28, 1:00 - 3:00 PM
Elevate Performance - 420 E St Patrick, Suite 101

Body & Mind

POSITIVE SELF-DISCOVERY COURSE

Instructors: Mary Kurniawan & Tamara Keefner

This course will use positive psychology principles to help students learn more about themselves, how to improve self-regulation, and use skills to live with a greater sense of wellbeing and balance. You'll learn about your individual strengths, gain tools for inspiration and resolving hardships and conflicts, and much more. Students will receive supplies and should bring either pens or pencils for writing. The course will be focused on discussion and activities.

PSD/F22A \$45 for 4 sessions - Thursdays, 9/22 - 10/13, 5:30 - 7:30 PM
SPEAK - 1011 11th St, Rm #106

STRETCH, TONE & SHIMMY FOR AGES 50 PLUS!

Instructor: Carol LaBau

Ladies! Your instructor has put together a program that will help stretch, strengthen and tone your upper body! With her many years' experience as a belly dance instructor, she will help you open up and loosen those 'tight hips' we all experience. If you have arthritis, she has exercises to help you manage it. You'll also learn a fun Salsa that's sure to whittle away waists. Come let's start a new shape-up routine together! Wear clothing to move freely and bring a bottle of water. Class is suitable for all shapes and sizes.

STS/F22A \$39 for 5 sessions - Wednesdays 10/5 - 10/26, 10:30 - 11:20 AM
The Weight Room - 601 12th St, back entrance of parking lot

UNDERSTANDING ADDICTIONS: THE BASICS

Instructor: Kristina Benter

Understanding Addictions is an educational course presented and designed to help anyone, not just professionals, have a basic understanding of the way the disease of addiction works inside the brain and body. We will discuss the Addictions System, warning signs, and the process of treatment presented in an interactive way. In the follow up session, we will talk about the impact of substance use disorders on the family system, methods of coping, prevention strategies and the process of recovery for the family as a whole. Your instructor is a licensed addiction counselor. NOTE: CEU's will be available for this class. Additional \$10 supply fee paid to instructor at class. Students are encouraged to bring writing materials of choice. Handouts will be available.

UA/F22A	\$25 for 2 sessions - Tuesdays, 10/4 & 10/11, 6:00 - 7:30 PM Rapid City High School - 601 Columbus
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UNMASKING THE CORONAVIRUS

Instructor: Ron Froeblich

This class is designed to assist the layperson become better informed about Covid 19 and how to cope with the contradicting information that continues to develop. We'll explain the science behind the virus, how does it find a host, why some people get sick, and others don't. Are masks effective? Are vaccines effective and if so, why are we continually advised to get boosters? What is the correlation between hand washing and face touching among other topics. Additionally, we'll explore the human immune system and the role of stress in increasing susceptibility, and suggestions that may increase your resistance. Q & A session will follow. Your instructor has a master in virology, teaching at a university in Oregon, North Dakota and Washington, and has collaborated with the CDC, FDA, and numerous physicians, nurses and veterinarians in epidemiological case work.

C19/F22A	\$20 for 1 session - Tuesday, 9/20, 6:00 - 8:00 PM
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C19/F22A \$20 for 1 session - Thursday, 10/20, 6:00 - 8:00 PM
Rapid City High School - 601 Columbus

Cuisine

JAPANESE COOKING: SUSHI, GYOZA AND TEMPURA!

Instructor: *Kazumi Tinant*

Oishi! That's Japanese for delicious! Expand your cooking menu and get introduced to making delicious Japanese food for potluck parties or dinner/lunch for your family as Kazumi demonstrates these techniques. Students will receive recipes, learn techniques, and local resources for finding ingredients. NOTE: This class will be **live online via Zoom** and you'll be sent a link to the email address you provide at registration to join class. Students will also be sent recipes and an ingredients list to purchase in case they'd like to make/follow along in class.

JC/F22A \$35 for 3 sessions - Fridays, 11/4 - 11/18, 6:00-7:00 PM - Online

WINE: BECOME A RHONE RANGER!

Instructor: *Eric Gardner*

Rhone blends, both red and white, have enjoyed exponential growth throughout the wine industry. The standard varietals from the Rhone region of France are now grown in many other countries around the world, including California. What makes Rhones so great are their versatility with lots of different foods. And they are easy to drink, and many are pocketbook friendly. In this class, students will taste Rhone varietal wines from California and France, and maybe another country or two. You will quickly see why Rhone blends have become one of the most popular blended wines on the market today! A light charcuterie will be provided but students may want to eat a late lunch before class as you'll be tasting several wines. NOTE: Tuition includes all supply fees! You must be at least 21 years old to attend with valid ID.

Wrhone/F22A \$50 for 1 session - Saturday, 11/5, 2:00 - 4:00 PM
Arrowhead Country Club - 3675 Sheridan Lake Rd

WINE: UP AND COMING CAB FRANC

Instructor: *Eric Gardner*

For generations, this Bordeaux grape was mainly used for blending in some of the world's most famous wines. But today, cabernet franc stands alone in many winery portfolios. The father of cabernet sauvignon, cabernet franc offers unique, if not seductive flavors and textures on the palate. It's no wonder that cab franc is the go-to red wine in Paris! In this class, students will taste cab francs from around the world. Who knows, you may join a growing crowd of cab franc lovers (like me) after you taste what this grape has to offer! A light charcuterie will be provided but students may want to eat a late lunch before class as you'll be tasting several wines. NOTE: Tuition includes all supply fees! You must be at least 21 years old to attend with valid ID.

Wcf/F22A \$45 for 1 session - Saturday, 10/8, 2:00 - 4:00 PM
Arrowhead Country Club - 3675 Sheridan Lake Rd

LET'S MAKE FRENCH GALETTES!

Instructor: *Jeff Slathar*

Come join this course to learn to create a wonderful and versatile French Galette using artisanal dough, fruit filling and sauces. Is your mouth watering yet?! Recipes are all from scratch with a member of the American Culinary Federation. Tuition includes supply fees.

Gal/F22A \$55 for 1 session - Wednesday, 10/12, 4:30 - 7:30 PM
WSDCA Kitchen - 1844 Lombardy Dr

History & Exploration

ASTROLOGY 101

Instructor: *Gary Price*

Have you always been curious about astrology? Let your curiosity lead you to this course as it introduces astrology using the western/Vedic model and will provide historical background and in-depth information on signs, planets, and houses. Come explore and discover how to work out the details of your personal natal (birth) chart. There will be dialog, questions, and group activities. Handouts will be provided. NOTE: Students must please bring pencil, paper and 2 books: Christian Astrology (1647) and Levacy's Vedic Astrology Simply Put which may be found locally or online.

Astro/F22A \$35 for 2 session - Tuesdays, 9/20 - 9/27, 6:00 - 8:00 PM
Rapid City High School - 601 Columbus

EXPLORING THE JFK ASSASSINATION

Instructor: *James Olson*

The assassination of John F Kennedy continues to fascinate as it remains an unsolved murder case. Come join this informational class to see what the early evidence showed and what has been unearthed since. As we know, Lee Harvey Oswald was accused of the crime and murdered days later on national TV by Jack Ruby. Who were these men? The government has investigated the case several times as have numerous private researchers. The 1991 movie JFK shocked the nation and precipitated the Assassination Archives Records Agency. Over time, much more evidence has been produced that we'll discuss. As a lawyer, the instructor will focus on the evidence including discrepancies. Feel free to bring writing materials of choice. Handouts will be available.

JFK/F22A \$60 for 6 session - Tuesdays, 9/20 - 10/25, 6:00 - 7:30 PM
Rapid City High School - 601 Columbus

GHOST TOWNS OF THE BLACK HILLS: PREQUEL IN DISCOVERING BLACK HILLS HISTORY

Instructor: *William Swanson*

This is a new chapter as we look into the Ghost Towns Series. New research and more materials have made it necessary to revamp one of the longest running classes in Community Education. Discover the history behind the Black Hills of South Dakota and the early exploration of the American West, and the importance of the Black Hills to that history. Go back into a time when this was the blank spot in the map of North America. Take a look at how conditions made the Rush to the Black Hills necessary as a land of opportunity in a time of trouble, along with the people and situations that caused that Rush. Join this class to find out more about where you live...a must for everyone in the Black Hills. Two field trips will be discussed, and dates set in class. NOTE: Tuition is for two!

GTP/F22A \$79 for 7 sessions - Wednesdays, 9/21 - 11/2, 6:00 - 9:00 PM
Mount Rushmore Society - 830 Main St

GHOST TOWNS OF THE BLACK HILLS I: EARLY TOWNS

Instructor: *William Swanson*

The series continues after the Rush to the Hills (Prequel) as you discover the settlement of some of the first towns in the Black Hills. Learn the early history of Deadwood, the establishment of communities and the people of the gold and silver camps. A few camps/towns have prospered, many have not, and most have disappeared. Look back 140-years and see the color in those black and white photographs. You'll witness the establishment of the hopes and dreams of those who braved the journey to the Hills and what has happened in the years since. Join us as we explore the Black Hills like you've never seen it, get a different perspective on what there is to discover. Two field trips will be discussed, and dates set in class! NOTE: tuition is for two!

GT1/F22A \$75 for 6 sessions - Thursdays, 10/6 - 11/10, 6:00 - 9:00 PM
Mount Rushmore Society - 830 Main St

Home and Garden

BEE-GINNING BEEKEEPING!

Instructor: *Tim Moran*

Come join the buzz as Bee-ginning Beekeeping provides you with an introduction to hobby beekeeping! This class will review the origins of beekeeping and opportunities and challenges facing agriculture today. You'll learn the basics of how to start beekeeping as a hobby, along with aids like tools, hive and protective suit, further educational opportunities here in the Hills, and time for questions/answers.

Bee/F22A \$20 for 1 session - Monday, 9/19, 6:00 - 8:00 PM
Rapid City High School - 601 Columbus

CREATING A HEALTHY HOME

Instructor: *Cindy Daw*

Our homes should be a sanctuary from man-made pollution. Unfortunately, today's building materials and practices have compromised our health. We'll discuss the entire home but will focus on the bedroom and kitchen areas. Topics will include air quality, electromagnetic pollution, natural products, mold, radon and more with suggestions for mitigation. This class is taught by a Building Biologist who will provide you with a DIY home inspection worksheet plus a 50% discount voucher for a professional Healthy Home Inspection if you'd like to have your home inspected.

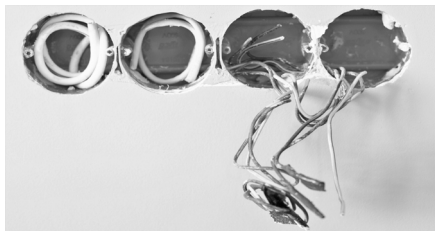
ER/F22A \$25 for 1 session - Wednesday, 10/12, 6:30 - 8:30 PM
Rapid City High School - 601 Columbus St

INTRO TO RESIDENTIAL ELECTRICAL WIRING

Instructor: *Ryan Arne*

Is the white wire connected to the black wire or...? This class is suitable for beginners with no electrical training as we'll begin with elementary electrical circuitry which include hands-on lab exercises to make common connections of receptacles and GFCIs and lighting circuits. Lab experiences include wiring mock-ups supervised by experienced master electricians. All materials and equipment will be provided to you. NOTE: There will be a 1-hour lunch break on your own. Additional \$50 supply fee paid to instructor for equipment and supplies.

EW/F22A \$45 for 1 session - Saturday, 10/15, 8:00 AM - 5:00 PM
AETech Electrical Training Center - 320 E Blvd N



Language

CULTURE AND LANGUAGE OF JAPAN

Instructor: *Kazumi Tinant*

This popular course will cover aspects of the Japanese language including basic Japanese grammar, greetings, and phrases/questions for traveling and general communication with others. Students will also begin learning HAIKU which can express the beauty of nature and emotions people feel in a short format with impact. Haiku has spread around the world and is also introduced in some American schools. This course is designed to be flexible and friendly, so come enjoy learning about this amazing country. This class will be **live via Zoom** and students will be sent the link to join the class at their email address provided at registration.

JL/F22A \$35 for 3 sessions - Fridays, 9/16 - 9/30, 6:00 - 7:00 PM - Online

Language

LEARN BASIC GERMAN

Instructor: *Martina Muckler*

Hallo! Come learn basic German from an expert: your instructor uses German as her first language. This class will be interactive and is strictly for the novice who hasn't any to very little German speaking experience or wants to take as a basic refresher. Students will learn greetings, numbers, simple phrases plus information on German customs and culture...Oktoberfest is coming! Your instructor asks that you purchase and bring to class the book "German for Beginners" by A. Wilkes and J.Shackell, which will allow you to continue to learn the language.

G/F22A \$35 for 4 sessions - Thursdays, 9/15 - 10/6, 5:30 - 6:30 PM
2218 Jackson Blvd, Suite 5

Money Talk



DO-IT-YOURSELF INVESTING LIKE A PRO

Instructor: *Rick Kahler*

Want to learn how to invest your money for the future without paying an investment advisor? Or maybe you want to learn more about investing to be sure your advisor is properly investing your money? This course includes research based strategies to properly diversify, a proven technique to keep your emotions from ruining your decisions, a worry-free way to consistently buy low and sell high and how to consistently earn returns 2 - 3 times higher than the 'average' investor. Join us for an entertaining learning experience on the basics of investing. This course will be conducted **live via Zoom** and you'll be sent a link to join the class at the email you provide at registration.

DIY/F22A \$25 for 1 session - Friday, 11/11, 4:00 - 5:30 PM - Online

FINANCIAL PLANNING: ALL YOU REALLY NEED TO KNOW!

Instructor: *Rick Kahler*

Money skills are the 21st century's survival skills! You may have a great education, a successful career, or be the best in your field...but if you don't understand how to make sound money decisions, you won't be going far. In this informative presentation, Rick provides straight talk on financial planning including what insurance you don't need, when having a will can actually be worse than not having one, and a method of spending yourself to prosperity. Topics include the basics of creating a spending plan that REALLY works, viable insurances, determining your saving needs for retirement, how to find/hire trustworthy advisors, and why smart people make dumb money mistakes...you don't have to be a genius to make sound money decisions! This class will be conducted **via Zoom** and you'll be sent a link to join the class at the email you provide at registration.

FP/F22A \$25 for 1 session - Thursday, 11/10, 4:00 - 5:30 PM - Online

MAKING SOCIAL SECURITY BENEFITS WORK FOR YOU!

Instructor: *Brian Bickett*

Navigating the various Social Security benefit claiming strategies can be difficult and confusing. One of the most important decisions you make before you retire is when/how to claim Social Security benefits to enhance your income! Come learn the ins and outs of benefit timing from a Certified Financial Planner™ professional. Some of the topics include how married couples can coordinate benefits to help enhance your spouse and survivor benefits; claiming a spousal benefit while earning delayed retirement credits; how the 'do over' and 'start, stop, restart' strategies work; and more! Bring your questions. Handouts will be available.

SSB/F22A \$25 for 1 session - Tuesday, 10/4, 6:00 - 7:30 PM

SSB/F22B \$25 for 1 session - Tuesday, 10/18, 6:00 - 7:30 PM
Rapid City High School - 601 Columbus St

Money Talk



PROBATE BASICS

Instructor: David Hansen

What is probate? Are the horror stories true? How do you prepare for it? Can it be avoided? For most people, one of the scariest things about probate is it is thrust upon them without any training or tools in which to navigate. This presentation endeavors to present answers to these and other questions concerning probate under South Dakota law. We'll discuss the vocabulary and statutory procedure of probate in a way that is upbeat and in terms you can understand. We'll also cover some proactive steps you can take to prepare for or avoid probate. Gaining knowledge of the law is time well spent.

Pro/F22A \$20 for 1 session - Thursday, 10/6, 6:00 - 8:00 PM
Rapid City High School - 601 Columbus St

WILLS AND TRUST PLANNING BASICS

Instructor: David Hansen

This class will provide basic knowledge and dispel a few myths regarding South Dakota Wills and Trusts law. This is your chance to expand your knowledge of basic tools for effective estate planning, help answer your questions, learn how to keep your minor children, loved ones and money out of court and conflict. Gaining knowledge of the law is time well spent.

EP/F22A \$20 for 1 session - Thursday, 9/22, 6:00 - 8:00 PM
EP/F22B \$20 for 1 session - Thursday, 10/20, 6:00 - 8:00 PM
EP/F22C \$20 for 1 session - Thursday, 11/10, 6:00 - 8:00 PM
Rapid City High School - 601 Columbus St

Music



GUITAR FOR BEGINNERS

Instructor: John Sowden

Have you always wanted to learn guitar? Enjoy this opportunity to learn basic guitar chords, how to read simple melodies in music notation and tablature, and develop a system of harmonizing these melodies "by ear". Course provides a strong base from which the student should be able to teach themselves to play virtually any type of music. Students must bring their own guitar and will derive maximum benefit from the class if they set aside 2-hours per week for practice at home. NOTE: Parents of prospective students under the age of 16 yrs must contact the instructor prior to registration at jwsowden@mail.com please. NOTE: No class on October 10th.

BG/F22A \$70 for 6 sessions - Mondays, 9/19 - 10/31, 6:00 - 8:00 PM
Rapid City High School - 601 Columbus St

INSTANT HOLIDAY PIANO FOR HOPELESSLY BUSY PEOPLE

Instructor: Craig Coffman

In just a few hours, you can learn enough secrets of the trade to give you years of musical enjoyment. Learn to play piano the way professionals do by using chords. Class will be conducted **via Zoom** to allow you to sit at your own piano or keyboard with no pressure! Course includes an online book to download and follow up video lessons to continue your practice and study on your own. An optional periodic online Q & A is included along with a recording of the class. Class is lecture/demonstration and hands-on instruction and will emphasize the learning of Holiday songs. Topics include how chords work; getting more out of sheet music by reading less of it; forming the three main types of chords; handling different keys and time signatures; avoiding "counting"; simplifying over 12,000 complex chords. NOTE: Students will be sent the zoom link to your email address provided at registration prior to class beginning.

OP/F22A \$59 for 1 session - Monday, 11/28, 6:30 - 9:30 PM - Online

Professional Development

INTRO TO PROPERTY MANAGEMENT

Instructor: Carol Lawhun

What do you need to consider before you rent out a property you own, or start a career as a property manager? Join us as we discuss an overview of the business side of property management; State and Federal laws which must be followed by all landlords and managers; and what do you need to do before deciding to rent your home out as a vacation rental. This class will be taught **via Zoom** by Carol Lawhun, owner of Carol's Classes LLC real estate school with Broker license in South Dakota. Students will be sent a link prior to class at the email address provided at registration.

PM/F22A \$25 for 1 session - Thursday, 10/13, 5:30 - 7:30 PM - Online

REAL ESTATE AS A CAREER!

Instructor: Carol Lawhun

This course is a great opportunity to explore what it takes to have a career as a real estate agent before you commit! Look at a day in the life of an agent as we discuss what is involved in creating a successful career, skills needed to succeed, licensing process, and more. This class will be taught only **via Zoom** by Carol Lawhun, owner of Carol's Classes real estate school and licensed in South Dakota with Keller Williams Realty Black Hills. Students will be sent a link prior to class to the email address provided at registration.

RE/F22A \$25 for 1 session - Thursday, 10/6, 5:30 - 7:30 PM - Online

Belle Fourche

CLIMATE CURIOUS?

Instructor: Jennifer Walker

Join us to make sense of all the fuss about climate change! It's in the news these days, but some of the information out there can be confusing. For some of us, this issue can be emotional and even a source of conflict. This course is informative and welcoming as we cut through the jargon, build a better understanding of the basic science of climate change, and move beyond taking sides to find our common ground. This course provides a brief overview; for a more in-depth look, consider "Climate Change in the Roaring 2020s".

CC/F22A \$19 for 1 session - Tuesday, 11/1, 6:30 - 8:00 PM
Belle Fourche Rec Center - 1111 National St

Custer

AMAZING STAINED GLASS I & II

Instructor: Pat Baird

Learn to make an AMAZING piece of art while learning stained glass techniques! Course is for both Beginners and Advanced students. Beginners: learn 3 techniques to create 3 beautiful projects: copper foil (or tiffany) technique on an 8 1/2" x 11" panel (straight line cuts, student's design); acid etching on mirror; and suncatcher (curved line cuts). Advanced students must have taken a class with this instructor and can do any project (lamp, larger panel, etc). All students must bring safety glasses (or regular glasses) and a pen to class. You will use the instructor's equipment and materials. NOTE: Classes are Tuesdays and Thursdays each week. Additional \$90 supply fee paid to instructor for Beginner supplies. Advanced Students: supply fee will be determined by instructor and you must contact her prior to class, 673-4537.

C/SG/F22A \$79 for 5 sessions - Tues & Thurs, 9/27 - 10/11, 6:30 - 9:30 PM
Custer School District Bldg, Rm 112 - 527 Montgomery Street



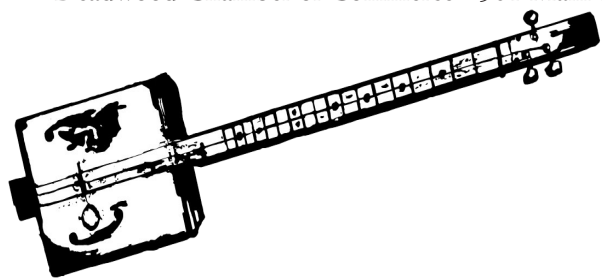
Deadwood

BUILD & PLAY A CIGAR BOX GUITAR!

Instructor: Bobby Joe Holman

The cigar box guitar is a simple instrument that dates back to the mid-1800's! Consisting of a few strings and an empty cigar box, many historical versions were completed with a neck made from the end of a broomstick! Contemporary cigar box guitars are still cost-efficient and easy projects that you create, and this class takes you step-by-step through the process of assembling the kit, tuning the guitar, holding and strumming, playing chords with a slide and one finger, playing single notes on the fretboard, changing a string, and learning to play 3 songs. NOTE: Students must purchase and/or bring to class a screwdriver, pliers, an adjustable clamp, and their own "Tin Pan Alley" 3-string Paint Can Resonator Guitar Kit. You can purchase the kit from C.B. Gitty Crafter Supply Company at www.cbgitty.com. Once you've registered for this class, Bobby Joe will issue you a 10% discount code from the C.B. Gitty Crafter Supply Company site to your email address to use for purchasing the kit.

D/CBG/F22A \$35 for 4 sessions - Mondays, 9/19 - 10/10, 6:00 - 7:00 PM
Deadwood Chamber of Commerce - 501 Main St



Hot Springs

BEGINNING WEAVING WITH A RIGID HEDDLE LOOM

Instructor: Terry Slagel

Have you seen the wonderful products made by weaving? Maybe you were lucky enough to receive a loom as a gift! Come join this intro level workshop to learn how to create a lovely hand-crafted wool scarf on a Rigid Heddle Loom. All materials, equipment, and handouts will be supplied to you, so just bring yourself prepared to enjoy this hands-on course in an age-old art! We will take a 1-hour lunch break on your own. NOTE: Additional \$20 supply fee paid to instructor.

HS/RH/F22A \$39 for 1 session - Saturday, 11/5, 9:30 AM - 4:30 PM
Chautauqua Artisans Market - 629 N River

SPINNING YOUR FIBERS ON A WHEEL!

Instructor: Terry Slagel

Imagine spinning unique yarns from exotic fleeces and luscious rovings...just as your ancestors did! If you're interested in fiber arts, there's nothing like making your own products. This hands-on intro class will teach you the basics of spinning on a wheel using a variety of prepared wool materials. We will also discuss carding, finishing, and plying. Students will have the opportunity to test out several models of Kromski and Ashford spinning wheels. You'll receive everything you need to make a skein of yarn with assorted roving and fiber, hand-outs and use of several spinning wheels during class. NOTE: \$20 supply fee paid to instructor. Class will take a 1-hour lunch break on your own.

HS/Spin/F22A \$39 for 1 session - Sunday, 11/6, 10:0 AM - 4:00 PM
Chautauqua Artisans Market - 629 N River

Spearfish

BUILD RESILIENCE THROUGH SELF-CARE STRATEGIES

Instructor: Anna Quinn

This class will include a brief explanation of stress and the neurological and physiological responses to stress; the importance of resilience in overall wellness; and how focusing on self-care will improve your resilience. Students will complete an exercise to determine their current levels of self-care and then make a personalized plan for improved self-care using the four pillars of resilience.

Sp/Res/F22A \$20 for 1 session - Tuesday, 10/11, 5:30 - 7:30 PM
Spearfish High School - 1725 N. Main St
Use main entrance on Spartan Drive

CREATE A SILVER AND STONE BRACELET

Instructor: Nancy Tripp

No skills or previous experience is necessary to join Nancy for this great workshop! We start by practicing our "Perfect Little Loops" using our "Magic Pliers", then you get to pick from Nancy's extensive "bead stash" for your design! Magically, we will find ourselves wearing our lovely & one of a kind handmade (by YOU) bracelet out the door! Fun, fast paced & all materials are included! The technique we use will have many applications should you choose to go further into your pursuit of jewelry designing...you don't want to miss it! NOTE: Additional \$40 supply fee paid to instructor at class. If you take more than one of Nancy's classes, she'll give you a 20% discount on materials!

Sp/BB/F22A \$25 for 1 session - Saturday, 10/22, 11:00 AM - 3:00 PM
Sp/BB/F22B \$25 for 1 session - Sunday, 10/23, 11:00 AM - 3:00 PM
9T9 Designs - 809 E. Hudson Circle

EARRING DESIGNS FOR EVERYONE!

Instructor: Nancy Tripp

Come explore the wonder of creating 3 different pairs of earrings, each with its own technique and style! You will be introduced to a variety of tools and techniques giving you a great head start for your own creative designing as there's a little something for every skill level in this class. All tools, materials, and the patient instruction of a 20-year veteran jewelry designer are included. NOTE: Additional \$40 supply fee paid to instructor at class.

Sp/Ear/F22A \$25 for 1 session - Sunday, 11/6, 11:00 AM - 3:00 PM
Sp/Ear/F22B \$25 for 1 session - Saturday, 11/12, 11:00 AM - 3:00 PM
9T9 Designs - 809 E. Hudson Circle

SILVER CUFF & EARRINGS WORKSHOP

Instructor: Nancy Tripp

This interesting class will teach the creation of a hammered cuff bracelet with earrings (matching or not) all by hand! Gary will guide you from cutting your Sterling Silver to fit right from the sheet to adding your choice of texture: hammering or stamping for that truly unique-to-you look! Next, Nancy will guide you in preparing the pieces to hand shape & form the ear-wires to complete your one-of-a-kind creation! This is a beginner's class, no prerequisite or experience needed. All materials and equipment will be supplied. NOTE: Additional \$165 supply fee paid to instructor at class.

Sp/CE/F22A \$30 for 1 session - Sunday, 10/2, 10:00 AM - 2:00 PM
Sp/CE/F22B \$30 for 1 session - Sunday, 10/16, 10:00 AM - 2:00 PM
Sp/CE/F22C \$30 for 1 session - Saturday, 11/5, 10:00 AM - 2:00 PM
Sp/CE/F22D \$30 for 1 session - Sunday, 11/20, 10:00 AM - 2:00 PM
9T9 Designs - 809 E. Hudson Circle

**If you take more than one of Nancy's classes, she'll give you a 20% discount on materials!*

Spearfish

Visit www.9t9designs.com to view projects and jewelry.

SILVER HANDMADE HAMMERED-LINK BRACELET

Instructor: Nancy Tripp

Come join us as you create your own silver "links" for this bracelet following the easy instructions Nancy gives in this workshop. Every link of this bracelet design will be hand formed, hammered & polished to a bright finish before you wear it home! This simple bracelet could easily become your favorite go-to piece of jewelry or give it as a heartfelt gift to someone special to adore wearing...and it plays well with other bracelets! All materials are provided, no previous experience is needed to join us! NOTE: Additional \$40 supply fee paid to instructor at class.

Sp/HL/F22A \$25 for 1 session - Sunday, 9/25, 11:00 AM - 3:00 PM

Sp/HL/F22B \$25 for 1 session - Saturday, 10/1, 11:00 AM - 3:00 PM
9T9 Designs - 809 E. Hudson Circle

THE ART OF SILVERSMITHING

Instructor: Gary Tripp

This is the perfect jewelry class for a beginner to learn the age-old art of silversmithing with one-on-one instruction. You'll make a beautiful sterling silver ring, finishing it off with a stone you set, that you'll be proud to wear or give as a unique gift. Come learn the basics of a classic art form! Each class takes only 2 students, so it's 'private' and limited enrollment. All materials and equipment will be supplied. No prior experience necessary. NOTE: Additional \$165 supply fee paid to instructor at class.

Sp/S/F22A \$30 for 1 session - Sunday, 9/11, 10:00 AM - 2:00 PM

Sp/S/F22B \$30 for 1 session - Saturday, 9/24, 10:00 AM - 2:00 PM

Sp/S/F22C \$30 for 1 session - Sunday, 10/9, 10:00 AM - 2:00 PM

Sp/S/F22D \$30 for 1 session - Saturday, 10/15, 10:00 AM - 2:00 PM

Sp/S/F22E \$30 for 1 session - Sunday, 11/13, 10:00 AM - 2:00 PM

Sp/S/F22F \$30 for 1 session - Sunday, 12/4, 10:00 AM - 2:00 PM

Sp/S/F22G \$30 for 1 session - Sunday, 12/11, 10:00 AM - 2:00 PM
9T9 Designs - 809 E. Hudson Circle

Sturgis

CLIMATE CHANGE IN THE ROARING 2020'S

Instructor: Jennifer Walker

Climate change is big in the news these days, but some of the information out there can be confusing. For some of us, this issue can be emotional and even a source of conflict. This course is informative and welcoming as we cut through the jargon, build a better understanding of the basic science of climate change and how it affects us. This course takes place over three sessions to develop an understanding of core concepts; a shorter version ("Climate Curious 101") is also available.

St/CC/F22A \$19 for 3 sessions - Thursdays, 10/27 - 11/10, 6:30 - 8:00 PM
Sturgis Community Center - 1401 Lazelle St

INTRO TO BRICK-STITCH BEADING!

Instructor: Kim Cano

Here's your chance to learn how to bead using the Brick Stitch. We'll complete a pair of beaded earrings for our project, read to wear! This is not a very difficult stitch to learn and you'll enjoy learning it, creating them and wearing them! You'll have a choice of colors to choose from and all supplies will be provided. Students 18 yrs old and above most welcome. NOTE: Additional \$25 supply fee paid to instructor at class.

St/BS/F22A \$20 for 1 session - Friday, 9/30, 6:30 - 8:30 PM
Sturgis Community Center - 1401 Lazelle St

Sturgis

INTRO TO PAINTING WITH ACRYLICS: PRAIRIE!

Instructor: Carol Brookens

Come let's paint the prairie! If you've always wanted to try your hand at acrylic painting, come join this beginning level class! You'll create a painting with grasses, prairie flowers, barb wire fence and maybe even a meadowlark! Test your painting skills while completing a 7" x 10" acrylic picture, learning how to blend colors and create depth. Class is for those with little or no acrylic painting experience, so relax and enjoy as all supplies are provided. Please wear an old shirt or bring an apron. Students 18 yrs old and above most welcome. NOTE: Additional \$20 supply fee paid to instructor at class.

St/Acr/F22A \$20 for 1 session - Friday, 9/23, 6:30 - 8:30 PM
Sturgis Community Center - 1401 Lazelle St



THE "RIGHT" KIND OF JUNK MAIL!

Instructor: Carol Brookens

Come join us to actually enjoy 'junk mail' where you will construct cards from three envelopes, bits and pieces of paper, ribbon, lace, olde jewelry, and whatever is laying around! These are a ton of fun to make with secret pockets, doors and flaps. Everyone will be happy to receive junk mail from you! It would be helpful if each participant brought scissors, otherwise all supplies are provided. Please wear an old shirt or bring an apron. Students 18 yrs old and above most welcome. NOTE: Additional \$15 supply fee paid to instructor at class.

St/Junk/F22A \$20 for 1 session - Friday, 10/7, 6:30 - 8:30 PM
Sturgis Community Center - 1401 Lazelle St

Computer Classes at NO-CHARGE!!!

The Career Learning Center recieved a grant from United Way of the Black Hills to provide computer classes to individuals who are pursuing education, training, and/or employment, including promotion opportunities. There is no charge for these classes until the funds are depleted. **Contact Kay Crandall at 605-394-5120 for more information.**



Registration Information



- **Register Online:** Go to www.communityeducationclasses.org to register quickly and easily with your credit card.
- **Register by Hand:** Complete the registration form below. Then get it to us with your payment in one of the following ways:
 - Fax the form to us at (605) 721-7504. Please include your credit card information or your corporate billing information.
 - Mail or hand-deliver the form with payment to **Community Education of the Black Hills, 730 East Watertown Street, Rapid City, SD 57701.** Office hours are Monday - Friday 7:30 AM - 4:00 PM.

Class Confirmation: Registration is confirmed by your payment of tuition. No registration is complete until the tuition is paid. You will receive a confirmation notice and receipt if you provide an email address in your profile. Classes fill quickly - don't delay!

Cancellations: We reserve the right to cancel any class due to insufficient enrollment. When area public schools are closed due to inclement weather, the Community Education and Career Learning classes are also canceled. Listen to your local radio or TV stations for the latest information.

Withdrawals and Refunds: Community Education students who wish to withdraw from a class must notify the Career Learning Center at (605) 394-5120 at least two working days before class begins. Refunds will be mailed within 30 days. A \$7 processing fee will be deducted from all refunds (\$20 for Driver Education). No refunds will be made after the first class session.

REGISTRATION FORM

Last Name: _____ First Name: _____ Home Phone: _____ Mobile Phone: _____

Address: _____ City: _____ State: _____ Zip: _____

Email address: _____ *for reminders, class confirmations, receipts, and announcements*

Media Release Do we have permission to take photos or video while in class? ☐ YES ☐ NO

SESSION NUMBER	COURSE TITLE	TUITION FEE
NOTE: Supply fees (if any) are separate non-refundable expenses paid directly to the instructor at class. Instructors will not accept tuition fees.		TOTAL DUE

☐ Visa, Mastercard, or Discover #: _____ CVV (3-digit code): _____ Expiration Date: _____

Name exactly as it appears on card: _____ Signature of card-holder: _____

☐ Check # _____ ☐ Cash / money order

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