scan to register



— LIVE and LEARN



## Community Education of the Black Hills

www.communityeducationclasses.org

Registration
Starts
1/1/2022!



Sponsored by:









## Career Learning Center of the Black Hills

an affiliate of Black Hills Special Services Cooperative

730 E. Watertown Street • Rapid City, SD 57701 Phone (605) 394-5120 www.clcbh.org

The Career Learning Center of the Black Hills has a variety of education, training and pre-employment offerings and services. Below is a brief description of these services. Please call our office for more information.

**Adult Education at the Career Learning Center of the Black Hills (CLCBH):** The CLCBH serves adult education students throughout Western South Dakota in the communities of Belle Fourche, Spearfish, Sturgis, Rapid City, and Custer. There are three primary areas of study for students enrolled:

**GED Preparation:** Serves most of our students ages 18 and older without a high school diploma with instruction offered during daytime and evening hours for preparation to take the GED exams.

**Adult Basic Education:** Serves individuals 18 and older with a high school diploma or GED who need academic review to prepare for enrollment into a university, technical college, apprenticeship or other post-high school education/training. Tutoring is also available.

English as a Second Language: Serves students 18 & over who are studying oral and written English skills.

### **Pre-Employment Services**

- Resume and Cover Letter Development
- Interviewing Skill Practice

**Testing Services:** The Career Learning Center of the Black Hills (CLC) represents 10 National and International Test Centers providing hundreds of proctored assessments. Tests are administered regularly for professionals, job applicants, employers, government agencies and students. The CLC has met the comprehensive facility, technology and security requirements for all assessment providers represented at our facility. In the past 12 months, the CLC has provided over 2,000 exams!

The CLC strives to meet the electronic testing needs of the Black Hills community members. To register for a test, individuals will access the appropriate link to their exam which will identify if that test is offered in the Rapid City area. If it is, it will most likely be provided at the Career Learning Center. If a test is not offered in this area, we welcome the opportunity to research the possibility of providing the exam at our facility. Testing Centers represented at the CLC include:

- Certiport Performance Assessment Network—PAN
  - (CLC also provides I-9 Employment Verification through PAN)
- Pearson VUE
- ISO Quality Testing
- PSI
- Total Testing





730 E. Watertown Street • Rapid City, SD 57701 Phone (605) 394-5120 www.communityeducationclasses.org

### **Welcome**

We are glad you are joining us for the new season of Community Education! As you look through the Winter/Spring 2022 offerings, you will see most classes are held in-person and several conveniently hosted with a live instructor via Zoom. Registration begins January 1st.

We extend a sincere Thank You to:

- All of our amazing instructors who lend their expertise, time, and energy to provide wonderful
  opportunities to learn;
- 'Partners' who make this program a success with sponsorships and classroom space; and
- Especially you, the participant, who continues to support this program by taking a class.

Wishing you all the best for the new year.

Live & Learn -

Tammy Sellars, Program Director

Gloria Pluimer, Division Director

## <u>Students and Employers:</u> <u>Affordable Computer Training Courses!</u>

- Students wanting to increase skills and employment opportunities.
- Employers wanting to provide training needs to sustain employees.

The Career Learning Center of the Black Hills can customize a training program with one, two or more computer courses to meet your needs. Offerings include:

- Microsoft Word
- Microsoft Excel
- Microsoft Access
- Microsoft PowerPoint
- Introduction to Computers
- Keyboarding
- QuickBooks Pro
- Outlook

These classes are open entry and self-paced allowing you to set your schedule and go at you own pace. For more information on the cost of the courses, please contact the Career Learning Center of the Black Hills at 394-5120.

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### **Active Living**

### **AMERICAN MAH JONGG: THE BASICS**

### Instructor: Linda Lockner

Mah Jongg is a table game in which players use number and symbol tiles to form hands and score points. With origins in ancient China, the exotic tiles provide an experience in sight and sound for a fun and mentally challenging social game of chance. This course teaches rules and basic strategies of American Mah Jongg, using National Mah Jongg League rules. Tile sets are provided for class practice, but in addition to the tuition fee, each student purchases a NMJL Rules and Hands reference card through the instructor. NOTE: Additional \$9 supply fee paid to instructor at class.

AMJ/S22A \$39 for 4 sessions - Wednesdays, 4/6 - 4/27, 6:30 - 8:30 PM Career Learning Center of the Black Hills

730 E. Watertown Street, use North entrance & parking lot

### **SCANDINAVIAN FOLK DANCE!**

### Instructors: Jerry Majzner & Sons of Norway Members

It's said that the best cultural export of Scandinavia is dance because it's so fun and dynamic! You'll learn a number of Scandinavian dances to include Polka, Waltz, Schottische, and very unique dances that are group orientated (multiple pairs) which are exceptionally fun and upbeat. No special skills necessary as the pace can be slowed down to make learning the steps easier. Note: no partner necessary, couples may mix/rotate on occasion to help get the steps down. Please register individually.

SFD/S22A \$45 for 6 sessions - Mondays, 3/7 - 4/11, 6:30 - 8:30 PM Canyon Lake Activity Center - 2900 Canyon Lake Dr

### **DUCKS AND GEESE IN SPRINGTIME**

### Instructor: Maggie Engler

Our native waterfowl share amazing behaviors in the spring as they make pair bonds and get ready to breed. Learn what species they are and what they're doing in this intermediate level birding class. Field trips will be at Canyon Lake Park and the Outdoor Campus West in Rapid City. Please bring your own binoculars for the field trips. NOTE: field trip dates are planned for April 2 and 9th with details arranged in class.

DG/S22A \$40 for 2 sessions - Mondays, 3/28 - 4/4, 6:30 - 8:30 PM Rapid City High School - 601 Columbus St

#### **INTRO TO BOULDERING!**

### Instructors: Laura Bellisle, Ian Osborn, Sarah Ponwith, and Kolton Arthur

Ready to try something new in the new year? This class is a basic introduction to the rock-climbing discipline of Bouldering. It's fun, a great way to increase your strength and core, and perfect for those with little or no experience. Basecamp's intro class will teach students basic climbing safety, footwork, tips and tricks to climb routes on walls of all skill levels and difficulty with experienced climbing instructors. All equipment will be provided including climbing shoes. NOTE: Additional \$49 (a \$399 value) supply fee paid to instructor at class. Students should wear comfortable clothing to move around in and bring a bottle of water.

Boulder/S22A \$35 for 6 sessions - Saturdays, 1/8 - 2/12, 12:00 - 1:00 PM Boulder/S22B \$35 for 6 sessions - Saturdays, 4/2 - 5/7, 12:00 - 1:00 PM Black Hills Base Camp - 2026 Samco Rd, Suite 101



### **Active Living**

### **BEGINNING LINE DANCING**

#### Instructor: Debbie Ellerton

Come join the fun as you try on some of the latest line dances...no partner needed for this class, so don't sit home because you don't have a partner, come join the movement! These steps are easy to learn, great exercise for everyone, and something you can do your life long. We will dance to all types of music and numerous dance rhythms. Ages 10 yrs and above welcome! Class size limited.

LD/S22A \$30 for 4 sessions - Tuesdays, 1/25 - 2/15, 6:30 - 7:30 PM Rapid City Elks Lodge #1187 - 3333 Jolly Lane

### **DUO DANCING**

#### Instructor: Linda Beckman

This wonderful 6-week class is open to people of all ages and will teach lifelong enjoyment! So, get off the couch and join in a fun, energizing time that's inexpensive to do together. Dances covered include the Single Step, Cowboy Cha Cha, Denver Cha Cha, Fox Trot, Two Step and Waltz! Please note that any dance is great exercise and can be aerobic. Class size is limited. NOTE: Register individually!

DD/S22A \$45 for 6 sessions - Mondays, 3/28 - 5/2, 6:30 - 7:40 PM Rapid City Elks Lodge #1187 - 3333 Jolly Lane

#### **WEST COAST SWING!**

#### Instructor: Linda Beckman

West Coast Swing is a popular pattern dance that allows innovation and freedom of expression on the floor. Adaptable to many tempos, it is fun and creative. This beginner class will cover the essentials: Starter Step, Sugar Push, Sugar Tuck, 8 Count Whip, Under Arm Pass and Side Pass! We will be putting them all together for an easy pattern that will have you dancing with your partner in no time. Come join the upbeat fun! NOTE: Register individually!

WCS/S22A \$45 for 6 sessions - Mondays, 3/28 - 5/2, 7:45 - 8:45 PM Rapid City Elks Lodge #1187 - 3333 Jolly Lane

### JITTERBUG DANCING FOR THE BEGINNER

#### Instructor: Debbie Ellerton

The Jitterbug is so fun to do and it seems to be the dance all ages enjoy...everyone is always smiling while jitterbugin'! If you want to learn how, this 4-week class will teach you the basics. You will learn turns and fun moves of this swinging dance. This very social dance can be done at any occasion and you will have a blast even if it's in the living room. We will dance to a variety of music from country to funky. Register individually. NOTE: Class size is limited.

JD/S22A \$30 for 4 sessions - Tuesdays, 1/25 - 2/15, 7:45 - 9:00 PM Rapid City Elks Lodge #1187 - 3333 Jolly Lane

### **MIGRATING SONGBIRDS!**

### Instructor: Maggie Engler

Springtime in South Dakota means many migrating birds and is a highly anticipated time as it signals a change in our seasons. This intermediate level class will focus on the passerines, or songbirds, and we'll discuss the families of blackbirds, sparrows, warblers, swallows and vireos. There will be classroom time plus 2 Saturday morning field trips in Rapid City with details arranged in class, tentatively on 4/30 and 5/7. Please bring your own binoculars for the field trips.

MS/S22A \$40 for 2 sessions - Thursdays, 4/28 - 5/5, 6:30 - 8:30 PM Rapid City High School - 601 Columbus St

### **Active Living**

#### DOES YOUR FIDO OR FIFI NEED 'FIXING'?

#### Instructor: Katherine Andrews

This unique class is great as your dog gets an individual evaluation and your questions get answered by an animal behaviorist! We will offer Basic Obedience; Advanced Obedience; Social Skills; and Communication Skills. You and your dog will have a chance to get Canine Good Citizen certified and have one-on-one time to 'fix' the issues your dog is having. This program is designed to fit the needs of you and your dog with your schedule. Class will work both individually and as a small group (with social distancing protocols) to accomplish your goals. Please bring your own dog with leash and training collar, plus snacks. Dog should be 6 months old or older. Class is limited to 1 dog per registered student. NOTE: Class is 2 sessions with a week break in between for homework. Please meet at the round pen at the park at 10:45am to check-in and let your dog run around so they'll focus better. For more information or questions: www.animalpsychologycenter. com or call 605-390-7295.



### DOG AGILITY: AN INTRODUCTION Instructor: Rebecca Almy

This class will introduce you to healthy and happy basics of dog agility. You and your pooch will get an opportunity to jump, run through a tunnel, and learn the weave poles to develop muscles and control. Your dog must be obedient and physically able to jump and run, as both of you get a bit of exercise! Please bring to class: Current shot records and yummy dog treats for motivation. NOTE: aggressive dogs will not be allowed in class. One dog per registered student.

Dog/S22A \$29 for 1 session - Thursday, 4/7, 6:00 - 7:00 PM Tails n Training - 5531 Mill Road, Black Hawk

### TEACH YOUR DOG TO COME TO WHISTLE!

Instructor: Linda Kelly

Do they hear their name and run in the opposite direction? Maybe they stare at you from a distance then go on their merry way, sniffing, and completely ignoring you? Woof! Trust us, you're not alone in the struggle and we'll share with you a gamechanger. This will be demonstration with lots of opportunities for hands-leash-on activities! Handouts, whistle with lanyard, treats, and supplies to practice recalls with distractions will be provided. One dog per registered student, please bring a leash for your dog and wear comfortable walking shoes. NOTE: Additional \$20 supply fee paid to instructor at start of class. You must show proof of up-to-date shots for your dog.

Whistle/S22A \$25 for 1 session - Saturday, 3/26, 1:00 - 3:00 PM Whistle/S22B \$25 for 1 session - Saturday, 5/7, 1:00 - 3:00 PM Krazy K9 - 14697 Saddle Rd, Piedmont

### **BASICS OF SAILING!**

Instructors: Sarah Mangelsen & Angostura Yacht Club Members

This course is designed to instruct a newcomer, as well as an old salt, on the art and science of sailing! Class is taught by qualified boat captains of the Angostura Yacht Club and includes a day of sailing aboard one of the fleet boats on the beautiful Angostura Lake. Some of the topics will be boat handling and safety, sail trip, seamanship and knots, weather, nautical terms, and more. If you've ever had the desire to sail, to feel the roll of the deck under your feet and wind in your sails, take this opportunity! Tuition includes all supply fees.

Sail/S22A \$55 for 4 sessions - Thursdays, 4/21- 5/5, 7:00 - 9:00 PM Rapid City High School - 601 Columbus St

### **Active Living**

#### ADULT: INTRO TO KAYAKING

Instructor: Renee Raisanen & Justin Herreman

First things first: come learn the basics of kayaking that will help set the foundation for a safe, enjoyable paddling future from certified American Canoe Association (ACA) instructors. ACA-certification is the national standard for professional kayak instructors. The setting is calm flat water in a pool so you're at ease and can focus on a great experience. Emphasis will be on safe practices, learning and feeling the differences between equipment, proper boat fit, and principles of strokes and maneuvers. All equipment, kayaks and pool fees are provided and included in the tuition. At the end of this class, you'll be familiar and comfortable with basic paddling skills and equipment, and ready for the beautiful recreational kayaking venues the Black Hills has to offer. NOTE: Mandatory signed waiver at class, plus age/height/weight of student must be provided at registration. Ages 18 yrs old to 114 yrs old welcome! What to bring: Set of clothes to get wet in (shorts or leggings) to get in/out of boats, dry clothing to change into after class, towel, water bottle.

KA/S22A \$105 for 1 session - Saturday, 4/2, 5:00 - 9:00 PM Roosevelt Swim Center - 125 Waterloo St

#### YOUTH: INTRO TO KAYAKING

### Instructors: Renee Raisanen & Justin Herriman

Safe, fun, and educational: Kids love kayaking and take to it almost instantly! Water and life jacket safety along with steering and controlling a kayak are our primary goals in this personal, small group class. Students learn through a variety of games, group activities, and camaraderie. Taught by certified American Canoe Association (ACA) instructors. ACA-certification is the national standard for professional kayak instructors. Class setting is calm flat water in a pool so kids are at ease and can focus on a great experience. All equipment and pool fees are provided and included in the tuition. Equipment used is specifically designed for kids. NOTE: Ages 10 yrs to 17 yrs old. Mandatory signed waiver at class by parent or guardian plus age/height/weight of student must be provided at registration. Parents are not required to stay during class but are welcome. Students must feel comfortable getting wet. What to bring: comfortable set of clothes to get wet in (shorts or leggings ideal for getting in & out of boats) and a dry set to change into after class, towel, and water bottle.

KY/S22A \$85 for 1 session - Friday, 4/1, 6:00 - 9:00 PM Roosevelt Swim Center - 125 Waterloo St

### INTRO TO MOVING WATER KAYAKING

### Instructors: Renee Raisanen & Justin Herriman

Get a taste for whitewater and learn the basics of kayaking moving water from ACA certified instructors. We'll learn about hydrology, river features, and how to maneuver your kayak through the current with eddy turns, ferries, and peel-outs. Day 1 of this course will be indoors where we will develop a level of comfort in a kayak. Day 2 will take us outside at Canyon Lake and on Rapid Creek. By the end of this course, you'll be able to kayak through small rapids, avoid hazards, stay safe and will be well on your way to paddling class I-II rapids. Tuition covers use of all the kayaking gear including a boat, paddle, skirt, PFD, helmet, splash jacket/pants along with pool fees. The student will provide appropriate footwear (old tennis shoes, aqua socks or neoprene booties), dress appropriately (shorts or leggings) to comfortably get in/out of boats, bring towels and a change of dry clothing for after class. If you have your own equipment, we encourage you to bring it. See you on the water! NOTE: Mandatory signed waiver plus age/height/weight of student must be provided at registration. Class is dependent upon water flow and conditions, students will be notified if level isn't appropriate for safe kayaking.

KMW/S22A \$150 for 2 sessions - Saturday, 5/21, 6:00 - 9:00 PM & Sunday, 5/22, 10:00 AM - 3:00 PM

Roosevelt Swim Center - 125 Waterloo St

### **Active Living**

### **INTRO TO PICKLEBALL!**

### Instructor: Daryl Paluch

Pickleball has taken over the country in popularity for all ages because it's great fun and something you can be active with all year. This class will introduce you to the sport, proper form, scoring and much more, so come join the fun...it's naturally social-distanced! Students should please dress comfortably, wear tennis shoes, and please bring a bottle of water. If you'd prefer to use your own racquet, please bring it, but court time, balls and racquets will be provided for everyone. Please register for the class that suits you. Persons 12-years old and above welcome. NOTE: Additional \$10 supply fee paid to instructor at class.

PB/S22A	\$19 for 4 sessions - Tuesdays, 1/18 - 2/8, 6:00 - 7:00 PM
PB/S22B	\$19 for 4 sessions - Tuesdays, 2/22 - 3/15, 6:00 - 7:00 PM
PB/S22C	\$19 for 4 sessions - Tuesdays, 3/29 - 4/19, 6:00 - 7:00 PM
PB/S22D	\$19 for 4 sessions - Thursdays, 1/20 - 2/10, 6:00 - 7:00 AM
PB/S22E	\$19 for 4 sessions - Thursdays, 2/17 - 3/10, 6:00 - 7:00 AM
PB/S22F	\$19 for 4 sessions - Thursdays, 3/17 - 4/7, 6:00 - 7:00 AM
PB/S22G	\$19 for 4 sessions - Wednesdays, 1/19 - 2/9, 12:00 - 1:00 PM
PB/S22H	\$19 for 4 sessions - Wednesdays, 2/23 - 3/16, 12:00 - 1:00 PM
PB/S22I	\$19 for 4 sessions - Wednesdays, 3/30 - 4/20, 12:00 - 1:00 PM
	Tennis Center of the Black Hills - 7802 Albertta Drive

### **Arts & Crafts**

### JOY OF MAKING NATURAL PRODUCTS FOR GIFTS

### Instructor: Tina Sharp

Let's make five amazing natural and organic products you can use as gifts for yourself or someone special...Mother's Day is coming! What a blessing to create our own wellness and clean-living items like Bath Salts, Perfume, Sugar Scrub, Bath Soak, and Room Spray...and you get to choose the aroma for each product! All supplies are provided. NOTE: Additional \$20 supply fee paid to instructor at class. Nat/S22A \$25 for 1 session - Monday

\$25 for 1 session - Monday 4/25, 6:00 - 7:30 PM Dahl Arts Center - 713 7<sup>th</sup> Street Use Education Entrance

### ROSEMALING : TRADITIONAL FOLK ART Instructors: Rosella Beaumont & Sons of Norway Members

Rosemaling or 'rose painting' is a folk art that began in the lowlands of Norway in 1750 and very important to their culture. You see it on wooden boxes, bowls, etc., but really you can do rosemaling on anything like a wall, ornaments, picture frames. We'll begin with the basic strokes and work toward finishing a beautiful project of your own. All materials will be provided to you. NOTE: Additional supply fee paid to instructor at class of up to \$20.

Rose/S22A \$45 for 6 sessions - Mondays, 3/7 - 4/11, 6:30 - 8:30 PM Canyon Lake Activity Center - 2900 Canyon Lake Dr





### **Arts & Crafts**

### LET'S MAKE A PERPETUAL CALENDAR!

### Instructor: Tracie Cassidy

A perpetual calendar is great for keeping track of important dates year-after-year and this class will help you create a fun and stylish calendar to enjoy or give to someone special. We'll decorate each month with custom, precut Circuit® die-cuts plus you'll be able to customize each page uniquely yours. Instructor will contact students with type of adhesive to bring but all other supplies and equipment will be provided so come enjoy a few hours of creativity! NOTE: Additional \$30 supply fee paid to instructor at class. For more information on calendar, go to https://tinyurl.com/y4ntxc54

PC/S22A \$20 for 1 session - Saturday, 2/5, 11:00 AM - 2:00 PM

Career Learning Center of the Black Hills - 730 East Watertown

Use North (back) entrance and parking lot

### INTRO TO CRICUT® DESIGN SPACE

### Instructor: Tracie Cassidy

Is your Cricut® still in the box? Come learn how to use this amazing tool as we explore using Cricut® Design Space and start with basic tips and functionality to help you learn to cut basic images, shapes, cards and layouts on your machine. NOTE: Please register your machine to online Cricut® Design Space BEFORE class. Class is live online with instructor via Zoom and you need reliable high-speed internet on a device with microphone and video camera (tablet, computer/laptop, phone). You'll be sent a link from the instructor to join this class to the email address you provide at registration.

Cri/S22A \$25 for 1 session - Wednesday, 3/30, 6:30 - 8:30 PM

**ONLINE** 

### CRICUT® DESIGN SPACE ADVANCED

#### Instructor: Tracie Cassidy

If you attended the Intro class previously or have basic experience with Design Space, this is the next level. Come join us to learn more advanced functions such as grouping, attaching, editing images and uploading custom images to Design Space! Please connect your machine to online Cricut® Design Space BEFORE class. NOTE: This class will be conducted live online via Zoom, and you must have reliable high-speed internet on a device with a microphone and video camera. You'll receive a link in the email address you provide at registration to join class.

ACri/S22A \$25 for 1 session - Wednesday, 4/13, 6:30 - 8:30 PM ONLINE

### MOVIES: THE LITERATURE OF OUR TIMES

### Instructor: Charlie Abourezk

Great films easily manipulate us into feeling certain emotions and adopting certain cultural or social values. Movies, like books, have multiple layers of meaning and symbolism, triggering our imagination in multiple ways. This class will teach how to 'read' movies at a deeper level to understand how they influence our feelings and values, and how certain characters, colors, camera angles, symbolism, and devices like 'forecasting' themes in the movie make that happen. Film theory will be discussed, and we'll watch some of our favorite films each class, analyzing and dissecting so you gain insight and enjoyment.

Mov/S22A \$45 for 5 sessions - Thursdays, 3/31 - 4/28, 6:00 - 9:00 PM Dahl Arts Center - 713 7th Street

use Education Entrance on Kansas City Street

### **Arts & Crafts**

#### **LEARNING TO DRY BRUSH CERAMICS!**

### Instructor: Loretta Haney

The medium of ceramics is vast, fun and rewarding! Come join us as we focus on drybrushing, a technique for applying stains or paints to a ceramic piece already in bisque form. You'll use a dry brush with a minimal amount of paint to add depth, shading and highlighting. We'll complete a candy dish and you'll choose between a mouse with candy hearts or a bunny with jellybeans on the lid. All supplies will be provided to you from the ceramic bisque piece to paints and materials needed to complete the project. Students only need to bring a roll of paper towels and dress appropriately for painting. As a bonus, students may complete magnet project in class if there's time! NOTE: Additional \$58 supply fee paid to instructor at class.

DB/S22A \$25 for 2 sessions - Thursdays, 3/24 - 3/31, 6:00 - 8:00 PM Dahl Arts Center - 713 7<sup>th</sup> Street

use Education Entrance on Kansas City Street

### HEIRLOOMS: CREATIVE LIFE-WRITING FOR ADULTS Instructor: Molly Barari

Have you always wanted to record your memories onto paper so your family can cherish your stories for years to come? This class is open to all ages and writing levels of adults providing writing prompts which will encourage participants to pen their life memories through sensory detail. Creative writing has many benefits aside from preserving valuable memories. It helps sharpen the mind and provides a therapeutic outlet for emotions. Please bring writing materials to each class. For information on the instructor, who has a doctorate in adult education, please visit www.mollybarari.com NOTE: Register for whichever class you prefer: S22A and S22C will be conducted live via Zoom and students will be sent a link to join the class at their email address they provide at registration; S22B and S22D will be in-person at location.

Heir/\$22A \$20 for 1 session - Saturday, 1/29, 10:30 AM -12:30 PM

**ONLINE** 

Heir/S22B \$20 for 1 session - Saturday, 2/26, 10:30 AM - 12:30 PM

Bean Counter - 4956 5th St

Heir/S22C \$20 for 1 session - Saturday, 3/26, 10:30 AM - 12:30 PM

**ONLINE** 

Heir/S22D \$20 for 1 session - Saturday, 4/23, 10:30 AM - 12:30 PM

Bean Counter - 4956 5th St

### **FUNDAMENTALS OF KNITTING**

### Instructor: Kim Oslund

WARNING: Knitting is very addicting! Begin your love of fiber arts and learn to knit, purl, work the stockinette stitch, ribbing and bind-off. You'll read and follow written patterns with confidence. The class project will knit an impressive scarf for yourself or someone you love! NOTE: Additional \$40 supply fee (includes yarn, needles, and pattern) paid to instructor at beginning of classes.

Fun/S22A \$35 for 3 sessions - Saturdays, 1/15 - 1/29, 11:00 AM - 1:00 PM

Fun/S22B \$35 for 3 sessions - Mondays, 2/21 - 3/7, 2:00 - 4:00 PM Fun/S22C \$35 for 3 sessions - Mondays, 2/21 - 3/7, 5:00 - 7:00 PM

Clin Vinite 2120 W/ Main Car 2

Slip-Knits - 2120 W. Main, Ste 2



### **Arts & Crafts**

#### HARDANGER EMBROIDERY WORKSHOP

### Instructors: Debra Kronenbitter & Sons of Norway Members

Hardanger is a traditional Norwegian craft of embroidery that takes its name from that region. You see this beautiful stitch work on linens like tablecloths or runners, caps and other items. Come join us to learn the basic stitches and work toward finishing a beautiful project of your own. All materials will be provided to you. NOTE: Additional supply fee paid to instructor at class of up to \$20.

Hard/S22A \$45 for 6 sessions - Mondays, 3/7 - 4/11, 6:30 - 8:30 PM

Canyon Lake Activity Center - 2900 Canyon Lake Dr

### **CREATE A MALA: A MEDITATIVE EXPERIENCE**

### Instructor: Jessica Lewis

A mala is a lovely string of beads used to aid in mediation or prayer, and sometimes worn like a necklace. The process of making a mala can be meditative as you self-reflect while creating something beautiful with your hands. Come join this inviting environment with a cup of tea and gentle music as you are introduced to the history and styles of malas. Following, you'll learn the overhand knot and create your own personal mala as you practice setting intentions. NOTE: Students may purchase a pre-made mala kit for \$30 paid to Jessica at class or you must bring your own supplies: 108 8mm or 6mm beads for the mala, 5 extra 8mm beads and scrap string, 9-feet of hemp chord 1mm or .75mm in diameter, 1 10mm bead with a 1.5 – 2mm hole, 5 beads of a larger size in a different texture or color. All other supplies will be provided. For more information on the instructor, go to www.westrivermalas.com

Mala/S22A \$30 for 1 session - Saturday, 3/12, 8:00 AM - 12:00 PM Full Circle Martial Arts Academy - 412 Oshkosh St, #2

### **SOCKS: TWO @ A TIME!**

#### Instructor: Kim Oslund

You can do this! Let's make two socks at one time on one needle! Learning the magic loop method is a valuable knitting technique that you will continue to use throughout your knitting adventures. For this class, you must already know how to knit and read your stitches. We will make a baby pair of socks for practice and cast-on your adult masterpieces before class is over! NOTE: Additional \$45 supply fee paid to instructor which includes a 40" circular needles and sock yarn.

Socks/S22A \$40 for 4 sessions - Saturdays, 2/5 - 2/26, 11:00 AM - 1:00 PM Slip-Knits - 2120 W Main, Ste 2

### **CROCHET THERAPY!**

### Instructor: Kim Oslund

Are you curious about crochet? Or maybe you want to refresh your skills, and learn some new stitches, tips and tricks? After this class you will know the basics of crochet, ALL the basic stitches, a bit of terminology, pattern reading, counting techniques and make some really cool stuff! Everything you need is provided (hook, good yarn, and great patterns) for you to begin your crocheting adventure. NOTE: Additional \$20 supply fee paid to instructor includes yarn for first project, hook(s) and patterns.

CT/S22A \$35 for 3 sessions - Saturdays, 3/12 - 3/26, 11:00 AM - 1:00 PM

CT/S22B \$35 for 3 sessions - Mondays, 3/14 - 3/28, 2:00 - 4:00 PM CT/S22C \$35 for 3 sessions - Mondays, 3/14 - 3/28, 5:00 - 7:00 PM

Slip-Knits - 2120 W Main, Ste 2



### **Arts & Crafts**

#### HAND-CRAFTED GREETING CARDS

#### Instructor: Jo Prang

Receiving a handmade card is a gift unto itself! Whether you're a newcomer or an experienced card-maker, you can make beautiful, high-quality cards to give your family and friends as we create 8 custom-made cards per class and have a whole lotta fun! Classes will feature 4 designs, 2 of each of Valentine's, Mother's Day, and Father's Day, however any card can be altered to have your favorite sentiment, several options will be available to personalize, so take more than one class if you like. A variety of techniques will be used which can include stamping, punches and embossing/thinlit dies. All supplies will be provided including beautiful decorative paper, cardstock, envelopes, and embellishments. NOTE: Additional \$10 supply fee paid to instructor at each class. Ages 15 yrs – 17 yrs are welcome accompanied by adult.

Cards/S22A \$25 for 1 session - Monday, 2/7, 6:30 - 9:00 PM
Cards/S22B \$25 for 1 session - Thursday, 3/24, 6:30 - 9:00 PM
Cards/S22C \$25 for 1 session - Wednesday, 4/13, 6:30 - 9:00 PM
Rapid City High School - 601 Columbus St

### **Body & Mind**

#### **DISCOVER YOGA!**

### Instructor: John Murphy

This class is a series designed specifically for the absolute beginner or anyone wanting to review the basics of yoga. Classes will include information on yoga etiquette, breath-work, basic alignment for postures, and typical sequences found in yoga classes. It is our hope to equip you with knowledge, understanding and the comfort to be able to walk into a class someday on your own. Wear comfortable clothing (shorts or easy-moving pants and t-shirt, tank top, or leggings). Don't eat a large meal before class.

DY/S22A \$39 for 4 sessions - Sundays, 1/16 - 2/6, 11:00 AM - 12:00 PM Yoga Studio - 2050 W Main, Ste 3

### AN INTRODUCTION TO AYURVEDA

### Instructor: Stacey McInally

Come join us to learn the basics of Ayurveda which is one of the oldest forms of traditional medicine dating back about 5,000 years. Our session will start with a guided meditation and will include learning your Prakriti (your constitution), Vikriti (your current imbalances) and simple tools to create balance in the physiology. NOTE: Handouts will be provided.

Ayur/S22A \$29 for 1 session - Thursday, 2/17, 6:00 - 8:30 PM Rapid City High School - 601 Columbus St

### THE GRACE & GRIT OF AGING

### Instructors: Judee Oldham & Dorothy Brewick

As we look at the process of aging, we have a choice of either falling into a hole or walking through the door! We acknowledge that growing old is an accomplishment in itself. This class explores the gifts of elderhood while at the same time recognizes challenges, including losses, that are an inevitable part of aging. We'll support each other as we discover strategies of how to appreciate our wisdom, tap into our resilience and embrace a new perspective. Join us as together we discover the grit for meeting challenges while maintaining the grace of a wise and respected elder.

Aging/S22A \$35 for 4 sessions - Thursdays, 2/3 - 2/24, 6:00 - 8:30 PM Rapid City High School - 601 Columbus St

### **Body & Mind**

#### **BODY BALANCE**

### Instructor: Rhianna Wickett

One in four Americans age 65+ falls each year. Don't be a statistic! Join us for a strength and balance screen to determine your risk of falling and for a gauge of overall wellbeing! This class is for a variety of individuals and skill levels, including those that use a walker or cane. You will be given recommendations to improve your balance and decrease your chance of falling or injury. We'll also discuss easy exercise options to improve your overall health. NOTE: class is Monday and Wednesday

same week. BB/S22A

\$29 for 2 sessions - Mon, 2/7 & Weds, 2/9, 1:00 - 2:30 PM Elevate Performance - 420 E St Patrick, Suite 101

### FIT OVER 50!

F50/S22A

### Instructor: Rhianna Wickett

Did you know regular physical activity can not only reduce your chances of developing heart disease, stroke, and diabetes, but can actually help improve your memory and thinking skills? After we have all been stuck at home a

bit more recently, it's time to get active again...safely! This class is ideal for seniors interested in staying strong, healthy, and injury free! We'll discuss exercising with various medical conditions, such as diabetes, arthritis, and high blood pressure, as well as the impact that just a little bit of exercise can have on your overall wellbeing. You will learn exercises beneficial for total body strength, aerobics, balance, flexibility, and general nutrition as we age. You'll walk away with ideas for a program that you can use to feel your best and keep doing the things you love! Taught by a Doctor of Physical Therapy, you will be able to ask questions and feel at ease with your health whether you are currently active, or just getting started.

\$29 for 2 sessions - Tues, 2/22 & Weds, 2/23, 1:00 - 2:30 PM Elevate Performance - 420 E. St Patrick, Suite 101

### LIVING WITH OSTEOPOROSIS

#### Instructor: Rhianna Wickett

Have you or someone you know been diagnosed with osteoporosis? We're at risk of losing bone mass beginning at age 30 and will teach you what osteoporosis and osteopenia are, the risk factors, fracture prevention, nutrition, lifestyle changes and what to do if you or a family member have been diagnosed. This will be an interactive class, teaching you safe exercises for both prevention and supportive treatment. Note: Handouts will be provided.

Ost/S22A \$25 for 1 session - Tuesday, 3/8, 2:00 - 4:00 PM Elevate Performance - 420 E. St Patrick, Suite 101

#### **OSTEOARTHRITIS & KNEE PAIN**

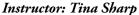
### Instructor: Rhianna Wickett

Do you have knee pain, or have you been told you have osteoarthritis that is keeping you from staying active or doing the things you love? Have you been told you may need a knee replacement? Come learn general anatomy, causes of arthritis, and what you can do about it! We'll discuss stages of degeneration, what you can do to take back control of your body and manage knee pain. You'll leave with an understanding of your symptoms and evidence-based exercises from a Doctor of Physical Therapy that you can start right away to begin your journey toward decreasing your pain!

OK/S22A \$25 for 1 session - Wednesday, 3/23, 1:30 - 3:30 PM Elevate Performance - 420 E. St Patrick, Suite 101

### **Body & Mind**

### ESSENTIAL OILS: NATURAL WELLNESS AND CLEAN LIVING!



Are you seeking energy, focus, and relaxation

naturally? Searching for a more thriving and health-filled life? Discover how to strengthen your immune system, increase energy, provide focus, support emotions, and deepen relaxation. Join us as we discover the best natural health support in the world...God's plants! Learn easy steps on how to make little changes in your life to bring about and support wellness. Come experience the aromas as students will make/take a room spray home. NOTE: Additional \$5 supply fee paid to instructor at class.

EO/S22A \$25 for 1 session - Monday, 1/24, 6:00 - 7:30 PM Dahl Arts Center - 713 7th St, Education Entrance

INTRODUCTION TO KITBAG

Instructor: Aiveen Martin

Originally developed in Scotland by International Futures Forum (IFF), Kitbag is a global toolkit that can be utilized by individuals, families, organizations and communities to build psychological capacity and resilience in these complex times. Come experience the resources in kitbag: mind-based practices encouraging selfcare and self-help to develop connections to resilience that you may not be aware you have, and positively impact your daily life and connections. This is a safe space to discover how Kitbag can develop us as individuals, help families resolve tensions, improve learning environments, grow skills for listening and befriending in communities, and strengthen teamwork in organizations. It makes for kinder, more compassionate, connected people. Kitbag comes in various forms including an online app, and you'll become familiar with all the kitbag resources with an option to purchase a kitbag to suit your needs. This introductory course is suitable for individuals and professionals wanting to work with their inner strengths; is powerful with children/young people to help develop confidence, express emotion, develop empathy; and organizations to share and be listened to respectfully within a culture of trust, kindness and encouragement. NOTE: Handouts will be supplied and the option to purchase Kitbag supplies. No class on April 12th.

Kit/S22A \$39 for 4 sessions - Tuesdays, 4/5 - 5/3, 6:00 - 8:00 PM Rapid City High School - 601 Columbus St

### INTRODUCTION TO MINDFULNESS

Instructor: Aiveen Martin

What is Mindfulness? Mindfulness is simply being fully aware in the present moment. It's being in touch with what is going on, both inside ourselves through our feelings, thoughts and physical sensations, and outside ourselves through our connections with other people, nature and the environment. Most of us live busy, stressful lives, under pressure, and our minds are full of what needs to be done or continuously going over what has been. We rarely pause to appreciate the present moment. If not relieved, this constant 'busyness' can lead to various health problems. Both physical and mental health along with general well-being can be improved by a mindful practice and the qualities of mindfulness can be developed in our lives in the same way as learning a new skill. Come join Aiveen to get a clearer understanding, establish a regular practice at home, and a way of being that helps us tackle life's problems - physical, mental, social and emotional - for a better quality of life.

Mind/S22A \$45 for 5 sessions - Tuesdays, 3/1 - 3/29, 6:00 - 8:00 PM Rapid City High School - 601 Columbus St



### **Body & Mind**

#### HOW TO SAFELY FALL USING AIKIDO

Instructor: Willi Kurniawan

Aikido is a Japanese self-defense art with the main principal of being in harmony with everyone! This class introduces exercises that Aikido uses to help in falling safely and improve your balance as well as your core, which is something all ages can benefit from. We are affiliated with the Aikido Shimbokukai organization. All physical sizes, shapes and skill levels are most welcome to join us and students should wear comfortable work out clothing or judo/karate do gi.

FAik/S22A \$20 for 3 sessions - Saturdays, 4/2 - 4/16, 1:30 - 2:20 PM Canyon Lake Activity Center - 2900 Canyon Lake Drive

### AIKIDO: INTRO TO JO/STICK FOR KIDS

Instructor: Willi Kurniawan

Aikido is a Japanese self-defense art with the main principal of being in harmony with everyone! This class introduces children ages 7 yrs old - 12 yrs old to Aikido basic exercises using Pool Noodle as a stick. This is a great base for learning martial arts. Classes will be taught at Canyon Lake Activity Center 2nd floor or outdoor depending on the weather. We are affiliated with the Aikido Shimbokukai organization. Students should wear comfortable work out clothing or judo/karate do gi. NOTE: Please bring a pool noodle which should be below the student's armpit in length.

JA/S22A \$20 for 3 sessions - Saturdays, 4/23 - 5/7, 1:30 - 2:10 PM Canyon Lake Activity Center - 2900 Canyon Lake Drive

### CHEN STYLE TAI CHI CHUAN

Instructor: Gregg Fischer

Tai Chi Chuan is a Chinese martial arts exercise that focuses on mind intention and big, smooth, slow core movement to recharge and energize the body. Tai Chi Chuan has demonstrated numerous benefits including better balance, strength and improved bone density. The class consists of warm up/loosening exercises and instruction on body structure (how you hold your body in a Tai Chi way). You'll also begin to learn the choreography of the Hunyuan Tai Chi 48-forms set and the 'how to's' of the moves like where to place your feet, how your body and hands move, and how your weight shifts. Class is suitable for ages 14 to 80+. Please wear loose, comfortable clothing and flat soled shoes.

Tai/S22A \$45 for 6 sessions - Mondays, 3/7 - 4/11, 5:30 - 6:30 PM Roosevelt Swim Center - 125 Waterloo Street

### MEDITATION: IT'S NOT WHAT YOU THINK

Instructors: James Kando Green, and Members of Laughing Teabowl Sangha People often say, "Oh, I can never meditate. My mind is a war zone." This is a common complaint of people who try this on their own. Zen meditation is the art of letting go of thoughts, of opinions, of projections, of who's right and who's wrong, of the eternal battle that is waged in our minds. It is the art of just being present in the body and quiet in the mind and seeing what comes from that. This class will deal with the techniques of mindfulness, the how to's of meditation and the practice of mindfully drinking a cup of tea. From one moment of silence, the world opens up, or at least it can. We will also practice meditating together, an experience that makes quieting the mind easier for beginners. The teachers have been practicing letting go and quieting down for a very long time. We hope you will join us as a world of deep presence is awaiting you. NOTE: Class is live virtually via Zoom and students will be sent the link to join the class at their email address they provide at registration.

Med/S22A \$35 for 4 sessions - Wednesdays, 2/2 - 2/23, 7:00 - 8:30 PM Online

### **Cuisine**

### YUM...DANISH!

### Instructor: Jeff Slathar

This class is so popular as it teaches you the techniques in making delicious, buttery Danish dough that's versatile! We'll create the laminated dough from scratch! While it 'proofs', we'll make different fillings to use in our Danish, then bake it. Is your mouth watering yet?! Jeff's courses always fill fast so register now! Recipes are all from scratch with a member of the American Culinary Federation. Tuition includes supply fees.

Dan/S22A \$55 for 1 session - Sunday, 1/23, 1:00 - 4:00 PM

WSDCA Kitchen - 1844 Lombardy

### NORWEGIAN COOKING WORKSHOP!

### Instructors: Terry Satrang & Sons of Norway Members

Kjempegod! (that's Norwegian for yummy). Come join us as we explore and create some of the delectable sweets of Norway including Fattigmann, a diamond shaped roll out cookie; Rosettes, an iron is dipped in batter and fried; Krumkake, coneshaped cooked on an iron; Sandbakkels, pressed into tins, can be served with filling; Puff Pastry, base with filling; Rice Pudding; and Riskrem (rice cream). NOTE: Additional \$10 supply fee paid to instructor at class. You will be asked to bring a pan from home for some of the classes.

Nor/S22A \$45 for 6 sessions - Mondays, 3/7 - 4/11, 6:30 - 8:30 PM Canyon Lake Activity Center - 2900 Canyon Lake Dr

### WINE: THE EXPRESSIVENESS OF PINOT NOIR

#### Instructor: Eric Gardner

More so than any other grape, pinot noir tells the story of the place it was grown through its complexity of textures and flavors. It's no wonder a winemaker's ultimate goal, as an artist, is to make the perfect pinot! Even today with all the history to learn from, few can achieve greatness with this very finicky yet passionate grape! In this class, students will try pinot from all over the U.S. and world. From the bold and fruit-forward to the earthy and elegant, no two pinots are alike. Students get to decide which style they like best. A light charcuterie will be provided, but students may want to eat a late lunch before class as you'll be tasting several wines. NOTE: Tuition includes all supply fees! You must be at least 21 years old to attend with valid ID.

WPN/S22A \$50 for 1 session - Saturday, 3/19, 2:00 - 4:00 PM Arrowhead Country Club - 3675 Sheridan Lake Rd

### **WINE: REVISITING ITALIAN VINO!**

### Instructor: Eric Gardner

Any master sommelier will say that Italy is the true epicenter of wine in the world. Not France...Italy. Italian winemaking is steeped in tradition, making them consistently great year after year. The variety of Italian wines, from sparklers to whites to reds,

are second to none in the world. Many of the world's finest wines are made in Italy, and every major Michelin star restaurant has a good representation of Italian wines on their wine lists. In this class, students will taste a variety of wines from different parts of Italy, and you'll clearly see why Italian wines are many people's go-to wines each and every day. A light charcuterie will be provided but students may want to eat a late lunch before class as you'll be tasting several wines. NOTE: Tuition includes all supply fees! You must be at least 21 years old to attend with valid ID.

WI/S22A \$45 for 1 session - Saturday, 4/16, 2:00 - 4:00 PM Arrowhead Country Club - 3675 Sheridan Lake Rd

### **Cuisine**

### JAPANESE COOKING: DELICIOUS GLUTEN FREE COOKING!

#### Instructor: Kazumi Tinant

Oishi! That's Japanese for delicious! Expand your cooking menu and get introduced to making delicious gluten free food Japanese-style! Kazumi grew up eating many gluten free foods her mother cooked and now you can learn to make gluten free sushi, gluten free orange chicken, and strawberry azuki beans sweet for potluck parties or dinner/lunch for your family as Kazumi demonstrates these techniques. Students will receive recipes, learn techniques, and local resources for finding ingredients. NOTE: This class will be live **online via Zoom** and you'll be sent a link to the email address you provide at registration to join class. Students will also be sent recipes and an ingredients list to purchase in case they'd like to make/ follow along in class.

JC/S22A \$35 for 3 sessions - Fridays, 4/1 - 4/15, 6:00 - 7:00 PM - Online

### **History & Culture**

### GHOST TOWNS OF THE BLACK HILLS: PREQUEL IN DISCOVERING BLACK HILLS HISTORY

### Instructor: William Swanson

This is a new chapter as we look into the Ghost Towns Series. New research and more materials have made it necessary to revamp one of the longest running classes in Community Education! Discover the history behind the Black Hills of South Dakota and the early exploration of the American West, and the importance of the Black Hills to that history. Go back into a time when this was the blank spot in the map of North America. Take a look at how conditions made the Rush to the Black Hills necessary as a land of opportunity in a time of trouble, along with the people and situations that caused that Rush. Join this class to find out more about where you live. Two field trips will be discussed in class. NOTE: Tuition is for two! GTP/S22A \$79 for 7 sessions - Thursdays, 1/20 - 3/3, 6:00 - 9:00 PM

\$79 for 7 sessions - Thursdays, 1/20 - 3/3, 6:00 - 9:00 PM Dahl Arts Center - 713 7th Street, Education Entrance

### GHOST TOWNS OF THE BLACK HILLS I: EARLY TOWNS

#### Instructor: William Swanson

The series continues after the Rush to the Hills (Prequel) as you discover the settlement of some of the first towns in the Black Hills. Learn the early history of Deadwood, the establishment of communities and the people of the gold and silver camps. A few camps/towns have prospered, many have not, and most have disappeared. Look back 140-years and see the color in those black and white photographs. You'll witness the establishment of the hopes and dreams of those who braved the journey to the Hills and what has happened in the years since. Join us as we explore the Black Hills like you've never seen it, get a different perspective on what there is to discover. Two field trips will be discussed, and dates set in class! NOTE: Tuition is for two!

GTI/S22A \$75 for 6 sessions - Thursdays, 3/17 - 4/21, 6:00 - 9:00 PM Dahl Arts Center - 713 7th Street, Education Entrance

### LAKOTA CULTURAL HISTORY: MOTHER EARTH

### Instructor: Daryl No Heart

Are you walking in harmony with Mother Earth? Indigenous Natives believe Mother Earth is Sacrosanct. This course is simple with relevant information of Lakota cultural history and spiritual belief regarding the natural world. You will learn and understand the connection you should feel with the land and it's indigenous people through traditionally passed down oral history and visually with film and art. Students are encouraged to come with an open mind and expect to leave enlightened. NOTE: Bring a friend...tuition is for two!

LH/S22A \$50 for 4 sessions - Tuesdays, 1/18 - 2/8, 6:00 - 7:30 PM Dahl Arts Center - 713 7th Street, Education Entrance

### **History & Culture**

### LAKOTA CULTURAL HISTORY II: LIVE IN HARMONY UPON MOTHER/GRANDMOTHER EARTH

### Instructor: Daryl No Heart

Your instructor has noticed that an Indigenous person (man or woman) from a foreign country that's being interviewed, whether it's on TV, radio or an article in a magazine/newspaper, always seem to address Earth as "mother Earth" or "Earth, our mother". Why is that so rare in our country? Perhaps because the connection and understanding simply needs to be cultivated. As Indigenous youngsters, we were taught by example that Mother/Grandmother Earth is to be respected. Therefore, this class is a continuation of showing the 'life way' of Indigenous peoples throughout our world. See how for centuries, they've lived their lives to the fullest. To witness, no matter how old their way of life is; their unique & sacred beliefs have remained the same as they celebrate the gifts of Grandmother Earth. Please come to continue learning and cultivating the connection you have and can

feel with the land. NOTE: Bring a friend... tuition is for two!

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LH2/S22A \$50 for 4 sessions Tuesdays, 2/15 - 3/8, 6:00 - 7:30 PM Dahl Arts Center - 713 7<sup>th</sup> Street, Education Entrance



### **Language**

### CULTURE AND LANGUAGE OF JAPAN

### Instructor: Kazumi Tinant

This popular course will cover aspects of the Japanese language including basic Japanese grammar, greetings, and phrases/questions for traveling and general communication with others. Students will also begin learning HAIKU which can express the beauty of nature and emotions people feel in a short format with impact. Haiku has spread around the world and is also introduced in some American schools. This course is designed to be flexible and friendly, so come enjoy learning about this amazing country. NOTE: This class will be live via Zoom and students will be sent the link to join the class at their email address provided at registration.

JL/S22A \$40 for 3 sessions - Fridays, 3/4 - 3/18, 6:00 - 7:00 PM Online

### BON VOYAGE! FRENCH LANGUAGE & TRAVEL TIPS

### Instructor: Spencer Crawford

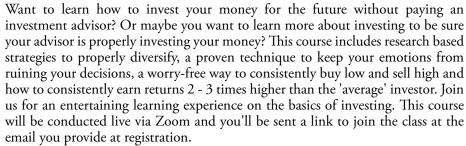
Is visiting France and wandering Paris on your bucket list? If you answered oui, this course is for you! Over the course of six classes, travelers will learn 1) Basic greetings & Phrases; 2) Getting around; 3) Lodging; 4) Dining out; 5) Paris sights; 6) Sights outside of Paris. Your instructor lived in Paris for nearly a decade, as well as other parts of the globe, so come learn some of this beautiful language and discover insight into a fascinating region. Students are welcome to bring a notebook and pen. Presentation materials will be provided to students.

LF/S22A \$50 for 6 sessions - Tuesdays, 1/18 - 2/22, 6:00 - 7:15 PM Rapid City High School - 601 Columbus St

### **Money Talk**

### DO-IT-YOURSELF INVESTING LIKE A PRO

#### Instructor: Rick Kahler



DIY/S22A \$25 for 1 session - Tuesday, 1/18, 4:00 - 5:30 PM Online

### FINANCIAL PLANNING: ALL YOU REALLY NEED TO KNOW! Instructor: Rick Kahler

Money skills are the 21st century's survival skills! You may have a great education, a successful career, or be the best in your field...but if you don't understand how to make sound money decisions, you won't be going far. In this informative presentation, Rick provides straight talk on financial planning including what insurance you don't need, when having a will can actually be worse than not having one, and a method of spending yourself to prosperity. Topics include the basics of creating a spending plan that REALLY works, viable insurances, determining your saving needs for retirement, how to find/hire trustworthy advisors, and why smart people make dumb money mistakes...you don't have to be a genius to make sound money decisions! This class will be conducted via Zoom and you'll be sent a link to join the class at the email you provide at registration.

FP/S22A \$25 for 1 session - Tuesday, 1/25, 4:00 - 5:30 PM Online

### MAKING SOCIAL SECURITY BENEFITS WORK FOR YOU!

#### Instructor: Brian Bickett

Navigating the various Social Security benefit claiming strategies can be difficult and confusing. One of the most important decisions you make before you retire is when/how to claim Social Security benefits to enhance your income! Come learn the ins and outs of benefit timing from a Certified Financial Planner™ professional. Some of the topics include how married couples can coordinate benefits to help enhance your spouse and survivor benefits; claiming a spousal benefit while earning delayed retirement credits; how the 'do over' and 'start, stop, restart' strategies work; and more! Bring your questions. Handouts will be available.

SSB/S22A \$25 for 1 session - Tuesday, 2/15, 6:00 - 7:30 PM Rapid City High School - 601 Columbus St

### ESTATE PLANNING BASICS

### Instructor: David Hansen

This class will provide basic knowledge and dispel a few myths regarding South Dakota Intestacy, Probate, Wills and Trust law. If you are like most people, you have heard horror stories about Wills, Trusts, and Probate Court. This class is your chance to expand your knowledge, help answer your questions, and learn how to write your family's story to reduce the risk of court and conflict for your loved ones, and we'll talk about how to get important documents, accounts and other items ready for your estate. Gaining knowledge of the law is time well spent so register today!

EP/S22A \$19 for 1 session - Thursday, 1/27, 6:00 - 8:00 PM EP/S22A \$19 for 1 session - Thursday, 2/24, 6:00 - 8:00 PM Rapid City High School - 601 Columbus St

### **Music**

#### **GUITAR FOR BEGINNERS**

### Instructor: John Sowden

Have you always wanted to learn guitar? Enjoy this opportunity to learn basic guitar chords, how to read simple melodies in music notation and tablature, and develop a system of harmonizing these melodies "by ear". This course provides a strong base from which the student should be able to teach themselves to play virtually any type of music. Students must bring their own guitar and will derive maximum benefit from the class if they set aside 2-hours per week for practice at home. NOTE: Parents of prospective students under the age of 16 yrs must contact the instructor prior to registration at jwsowden@mail.com please. NOTE: No class on February 21st or April 13th.

BG/S22A \$70 for 6 sessions - Mondays, 1/24 - 3/7, 6:00 - 8:00 PM BG/S22B \$70 for 6 sessions - Wednesdays, 3/9 - 4/20, 6:00 - 8:00 PM Rapid City High School - 601 Columbus St

#### **INTERMEDIATE GUITAR**

### Instructor: John Sowden

This continuing course offers a thorough review of basic chords, reading of notation and tablature, as well as an introduction to complex chords, fingerboard harmony and solo playing. Come enjoy this opportunity to reignite and enhance your skills on this versatile instrument. Students must have taken Intro to Guitar with instructor or have actively played for several years. Students must bring their own guitar and will benefit greatly in setting aside 2-hours per week for practice at home. NOTE: Parents of prospective students under 16 yrs old must contact the instructor prior to registration at jwsowden@mail.com. NOTE: No class on April 11th or 18th.

IG/S22A \$70 for 6 sessions - Mondays, 3/21 - 5/9, 6:00 - 8:00 PM Rapid City High School - 601 Columbus St

### LET'S BUILD A CIGAR BOX GUITAR

#### Instructor: Bobby Joe Holman

The cigar box guitar is a simple instrument that dates back to the mid-1800's! Consisting of a few strings and an empty cigar box, many historical versions were completed with a neck made from the end of a broomstick! Contemporary cigar box guitars are still cost-efficient and easy projects that you create, and this class takes you step-by-step through the process of assembling the kit, tuning the guitar, holding and strumming, playing chords with a slide and one finger, playing single notes on the fretboard, changing a string, and learning to play 3 songs. NOTE: Students must purchase and/or bring to class a screwdriver, pliers, an adjustable clamp, and their own "Tin Pan Alley" 3-string Paint Can Resonator Guitar Kit. You can purchase the kit from C.B. Gitty Crafter Supply Company at www. cbgitty.com. Once you've registered for this class, Bobby Joe will issue you a 10% discount code from the C.B. Gitty Crafter Supply Company site to your email address to use for purchasing the kit. If you're interested in private lessons via Zoom, please contact Bobby Joe at 385-867-1988.

CGB/S22A \$35 for 4 sessions - Thursdays, 1/20 - 2/10, 6:00 - 7:00 PM Rapid City High School - 601 Columbus St

### **Music**

#### LEARN TO PLAY YOUR CIGAR BOX GUITAR

### Instructor: Bobby Joe Holman

The cigar box guitar is a simple chordophone that uses an empty cigar box as a resonator. The earliest had 1 or 2 strings; modern models typically have 3 or more strings. Generally, the strings are connected to the end of a broomstick or a 1 x 3-inch wood slate to the cigar box resonator. In this class, you'll learn how to tune your CBG, hold and strum it, play chords with a slide and one finger, play single notes on the fretboard, change a string, and play 3 songs! If you need to purchase a CBG or accessories, Bobby Joe will issue you a 10% discount code to your email for the C.B. Gritty Crafter Supply Company at www.cbgitty.com after you register for class. For anyone interested in private lessons via Zoom, please contact Bobby Joe at 385-867-1988

PCB/S22A \$35 for 4 sessions - Thursdays, 3/31 - 4/21, 6:00 - 7:00 PM Rapid City High School - 601 Columbus St

### INTRO TO DIATONIC HARMONICA

### Instructor: Bobby Joe Holman

Just for a moment, close your eyes and picture yourself playing a sweet melodic sound, then changing the sound into a myriad of gutsy, soulful riffs, and slowly easing out to new imaginative heights...welcome to the amazing diatonic harmonica! Your instructor will teach you how to hold the diatonic harmonica, play a chord, a single note, a hand 'vibrato', bend a note, play a 'trill', a 'train whistle', and a 'country', a 'blues', and a 'folk' song. NOTE: Students must purchase and/or bring to class a 10-hole diatonic harmonica in the key of "C", and the Hal Leonard Complete Harmonica Method Diatonic Harmonica book (HL00841285) by Bobby Joe Holman. If you're interested in private lessons via Zoom, please contact Bobby Joe at 385-867-1988.

DH/S22A \$35 for 4 sessions - Tuesdays, 1/18 - 2/8, 6:00 - 7:00 PM Rapid City High School - 601 Columbus St

### INTRO TO CHROMATIC HARMONICA

### Instructor: Bobby Joe Holman

From the soothing melody of "Isn't She Lovely" by Stevie Wonder to the wailings of Spaghetti Western themes from Ennio Morricone, the sound of the chromatic harmonica permeates our musical culture. Unlike diatonic harmonicas (which are limited to the notes of only one scale), a chromatic harmonica can play all twelve tones in the chromatic scale thanks to a button-activated sliding bar. Start your chromatic journey with beginning techniques reinforced through weekly exercises and simply playing for fun. Students will learn how to hold the chromatic harmonica, play a single note, play and read the key of "C" chromatic scale, read chromatic harmonica legend, play modes on, and play the "Amazing Grace" song. NOTE: Please purchase or bring to class a 2 ½ - 4 octave chromatic harmonica with a slide, and the Hal Leonard Complete Harmonica Method Chromatic Harmonica book (HL00841286) by Bobby Joe Holman. If you're interested in private lessons via Zoom, please contact Bobby Joe at 385-867-1988. CH/S22A \$35 for 4 sessions - Tuesdays, 3/29 - 4/19, 6:00 - 7:00 PM

2A \$35 for 4 sessions - Tuesdays, 3/29 - 4/19, 6:00 - 7:00 PM Rapid City High School - 601 Columbus St





### **Professional Development**

### **REAL ESTATE AS A CAREER!**

#### Instructor: Carol Lawhun

This course is a great opportunity to explore what it takes to have a career as a real estate agent before you commit! Look at a day in the life of an agent as we discuss what is involved in creating a successful career, skills needed to succeed, licensing process, and more. NOTE: This class will be taught by Carol Lawhun, owner of Carol's Classes real estate school and licensed in South Dakota with Keller Williams Realty Black Hills.

RE/S22A

\$25 for 1 session - Tuesday, 2/22, 12:00 - 1:30 PM

Carol's Classes - 2040 W Main St, #B4

### INTRO TO PROPERTY MANAGEMENT

### Instructor: Carol Lawhun

What do you need to consider before you rent out a property you own, or start a career as a property manager? Join us as we discuss an overview of the business side of property management; State and Federal laws which must be followed by all landlords and managers; and what do you need to do before deciding to rent your home out as a vacation rental. This class will be taught by Carol Lawhun, owner of Carol's Classes real estate school and licensed in South Dakota with Keller Williams Realty Black Hills.

PM/S22A

\$25 for 1 session - Thursday, 2/24, 12:00 - 1:30 PM

Carol's Classes - 2040 W Main St, #B4

### **Home and Garden**

#### INTRO TO RESIDENTIAL ELECTRICAL WIRING

### Instructor: Ryan Arne

Is the white wire connected to the black wire or...? This class is suitable for beginners with no electrical training as we'll begin with elementary electrical circuitry which include hands-on lab exercises to make common connections of receptacles and GFCIs and lighting circuits. Lab experiences include wiring mock-ups supervised by experienced master electricians. All materials and equipment will be provided to you. NOTE: There will be a 1-hour lunch break on your own. Additional \$50 supply fee paid to instructor for equipment and supplies.

EW/S22A

\$45 for 1 session - Saturday, 3/26, 8:00 AM - 5:00 PM AETech Electrical Training Center - 320 E Blvd N

### ELECTROMAGNETIC RADIATION: HOW TO CREATE A HEALTHY HOME

#### Instructor: Cindy Daw

Electromagnetic radiation? Did you know that indoor air pollution is 1 of the top 4 environmental health risks identified by the EPA? Millions of children and adults have experienced elevated blood levels of contaminates linked to a vast spectrum of issues from exposure to indoor pollutants. These pollutants are found in home wiring, wireless technology and improper lighting. Symptoms include insomnia, fatigue, irritability, headaches, hormone disruption, and more... Your home should be a place for rejuvenation and rest, and this is for those wanting a healthier home, or for new builds or renovations. NOTE: Learn how to use an EMF meter and bring any device you'd like to have measured for EMF emissions: cell phones, wireless baby monitors, gaming components, tablets, routers, etc.

ER/S22A

\$25 for 1 session - Wednesday, 3/16, 6:00 - 8:00 PM

ER/S22B

\$25 for 1 session - Tuesday, 4/26, 6:00 - 8:00 PM

Rapid City High School - 601 Columbus St

### **Home and Garden**

#### A COURSE IN BONSAI

### Instructor: Andy Smith

Come learn some of the history, aesthetics and techniques behind the amazing art of bonsai - the pastime of growing tiny, often ancient, trees in ornamental pots. Several bonsai trees over 100 years old will be available for examination and discussion! Get introduced to the art of bonsai, plus work hands-on with your own small Ponderosa Pine tree that has been potted for a year or two, giving it the initial shaping for its bonsai journey at your home. Your instructor (a Yamadori Master, owner of Golden Arrow Bonsai, longtime Director of American Bonsai Society) has been growing/collecting ancient bonsai and teaching workshops/lectures across the country for 25 years! NOTE: Students must bring a pair of electricians wire cutters (nothing fancy) and sharp scissors. Additional \$25 supply fee paid to instructor at class, with the option of spending more for a larger tree of your own if you desire. Check out www. goldenarrowbonsai.com. Class is limited enrollment.

Bon/S22A

\$29 for 1 session - Saturday, 4/9, 2:00 - 5:00 PM Career Learning Center of the Black Hills

730 E. Watertown Street, use North entrance & parking lot

### SOIL HEALTH AND GARDEN PLANNING

### Instructor: Brenda Pates

Soil health and garden planning go hand-in-hand! Come join this popular class to learn about the most important things to begin any garden project...soil health, composting and planning! A long-time master gardener will help you learn how to plan out the steps for your successful garden. Bring writing materials of choice. Handouts will be available.

SH/S22A

\$25 for 1 session - Saturday, 1/22, 9:00 AM - 12:00 PM Pates - 21664 Piedmont Meadows Rd, Piedmont

#### **SEED STARTING AT HOME!**

#### Instructor: Brenda Pates

Save time and get a jump on gardening by learning tips and tricks to start your own plants at home! Certain plants need to be started early to be ready for the ground at the right time and this is an opportunity to try varieties not available at retail outlets. You'll learn about what grows best here in our challenging Black Hills climate and how to plan for the best outcome. Come with your questions and learn from an old master gardener! Bring writing materials of choice. Handouts will be available.

SS/S22A

\$25 for 1 session - Saturday, 2/19, 9:00 AM - 12:00 PM Pates - 21664 Piedmont Meadows Rd, Piedmont

### Custer

### AMAZING STAINED GLASS I & II

#### Instructor: Pat Baird

Learn to make an AMAZING piece of art while learning stained glass techniques! Course is for both Beginners and Advanced students. Beginners: learn 3 techniques to create 3 beautiful projects: copper foil (or tiffany) technique on an 8 1/2" x 11" panel (straight line cuts, student's design); acid etching on mirror; and suncatcher (curved line cuts). Advanced students must have taken a class with this instructor and can do any project (lamp, larger panel, etc). All students must bring safety glasses (or regular glasses) and a pen to class. You will use the instructor's equipment and materials. NOTE: Additional \$90 supply fee paid to instructor for Beginner supplies. Advanced Students: Supply fee will be determined by instructor and you must contact her prior to class, 673-4537.

C/SG/S22A

\$79 for 5 sessions - <u>Tues</u> & <u>Thurs</u>, 4/26 - 5/10, 6:30 - 9:30 PM Custer School District Bldg, Rm 112 - 527 Montgomery Street

### Lead

### VALENTINE CARD MAKING CLASS!

#### Instructor: Shaila Peterson

Come join us to create your own 5" x 7" Valentine card to share with a special someone to make their day! You'll have step-by-step instruction on applying different medias to your card and finishing it off with bling...a perfect gift someone will cherish. Class is limited space. NOTE: Additional \$10 supply fee paid to instructor at class.

\$19 for 1 session - Thursday, 2/3, 7:00 - 9:00 PM L/VC/S22A L/VC/S22B \$19 for 1 session - Saturday, 2/5. 3:00 - 5:00 PM Energetic Rising - 308 W Main St, Lead

### **Hot Springs**

### BAND WEAVING ON AN INKLE LOOM

#### Instructor: Rhonda Kocourek

You've seen those awesome woven belts and bag straps with beautiful designs... well here's your chance to learn to weave on an Inkle Loom using a plain weave pattern to create your first belt or strap! This hands-on class will teach you how to warp an Inkle Loom, make your heddles and the basic techniques of weaving on an Inkle Loom. Class includes demonstration, basic weaving terms, reading a pattern, supplies and use of loom.

HS/BW/S22A \$30 for 1 session - Saturday, 2/12, 12:30 PM - 4:30 PM Chautauqua Artisans Market - 629 N River

### BEGINNING WEAVING WITH A RIGID HEDDLE LOOM

### Instructor: Terry Slagel

Have you seen the wonderful products made by weaving? Maybe you were lucky enough to receive a loom as a gift! Come join this intro level workshop to learn how to create a lovely hand-crafted wool scarf on a Rigid Heddle Loom. All materials, equipment, and handouts will be supplied to you, so just bring yourself prepared to enjoy this hands-on course in an age-old art! We will take a 1-hour lunch break on your own. NOTE: Additional \$20 supply fee paid to instructor.

HS/RH/S22A \$39 for 1 session - Sunday, 2/20, 9:30 AM - 4:30 PM Chautauqua Artisans Market - 629 N River

### Wall

### **BIKE TUNE-UP BASICS**

### Instructor: Charon Geigle

Whether your bike has been inside or outside this winter, it will function better with a basic tune-up! Bring your own bike as this class will teach you handson how to check tires and tire pressure; chain cleaning and oiling, and bike fit will be shown as well. NOTE: Tire tubes will be available at \$10 each if needed.

\$10 for 1 session - Saturday, 5/7, 8:00 - 10:00 AM W/BT/S22A Meet at Wall Community Library - 407 Main St

#### **BIKING BASICS: LET'S GET OUT THERE!**

### Instructor: Charon Geigle

Biking is some of the best exercise and most fun you can ever have. If your bike is ready to ride but you haven't been on it for a while, this class is for you! This course will cover basic bicycle fit/proper height, gear shifting and safety...very important! We'll finish out the class with a 2-3 mile bike ride...it may surprise you how far you can comfortably ride! Bring your own bike, helmet and a water bottle. Dress comfortably in layers for weather and be prepared to enjoy your day!

W/BB/S22A \$10 for 1 session - Saturday, 5/7, 10:00 AM - 12:00 PM Meet at Wall Community Library - 407 Main St

### **Belle Fourche**

### **CLIMATE CHANGE IN THE ROARING 2020'S**

#### Instructor: Jennifer Walker

You can't help but hear about climate change in the news these days, but some of the information out there can be confusing. For some of us, this issue can be emotional and even a source of conflict. This course is informative and welcoming as we cut through the jargon, build a better understanding of the basic science of climate change, and move beyond taking sides to find our common ground. Handouts will be available.

BF/CC/S22A \$19 for 3 sessions - Thursdays, 2/24 - 3/10, 6:30 - 8:00 PM Belle Fourche Rec Center - 1111 National St

### LITERATURE: HUNGRY FOR THE CLASSICS

### Instructor: Meg English

This course is for those who like to read, share and respond to literature in a group setting. If you feel "hungry for the classics", this seminar is for you! Participants will read segments of three classical works including: Medea, a Greek dramatic tragedy by Euripides about a woman's revenge; Pride and



Prejudice, a romantic English novel published in 1813 is a humorous, witty, and surprisingly timely story of relationships; and *Things Fall Apart*, by Chinua Achebe was published in 1943, a story of Okonkwo, who has lived a proud life of tribal tradition, but is forced to accept cultural changes. Links to each of these works are provided for free on our website (class description has links), although paper copies of these works are readily available from Amazon, Barnes and Noble or local booksellers. NOTE: Additional \$10 supply fee paid to instructor at class.

\$35 for 3 sessions - Thursdays, 2/3 - 2/17, 2:00 - 4:00 PM BF/Lit/S22A \$35 for 3 sessions - Thursdays, 3/3 - 3/17, 6:30 - 8:30 PM BF/Lit/S22B Belle Fourche Senior Citizen Center - 828 Kingsbury St

### **Sturgis**

#### INTRO TO PAINTING WITH ACRYLICS: SPRING

#### Instructor: Carol Brookens

Ahhh, the beauty of spring bursting forth. If you've always wanted to try your hand at acrylic painting, come join this beginning level class! You'll create a painting with a spring motif and colors as you learn how to choose colors and set the mood for spring renewal. Class is for those with little or no acrylic painting experience, so relax and enjoy as all supplies are provided and you should be able to complete at least one 9" x 12" canvas. Please wear an old shirt or bring an apron. Students 18 yrs old and above most welcome. NOTE: Additional \$20 supply fee paid to instructor at class.

St/Acr/S22A \$25 for 1 session - Tuesday, 4/26, 6:30 - 8:30 PM Sturgis Community Center - 1401 Lazelle St

### **CLIMATE CHANGE IN THE ROARING 2020'S**

### Instructor: Jennifer Walker

You can't help but hear about climate change in the news these days, but some of the information out there can be confusing. For some of us, this issue can be emotional and even a source of conflict. This course is informative and welcoming as we cut through the jargon, build a better understanding of the basic science of climate change, and help move us beyond taking sides to find our common ground. Handouts will be available.

St/CC/S22A \$19 for 3 sessions - Thursdays, 3/31 - 4/14, 6:30 - 8:00 PM Sturgis Community Center - 1401 Lazelle St

### **Sturgis**

### **NORWEGIAN BELT KNIFE**

#### Instructor: KJ Groven

Hand forging knives and tools is an ancient art born out of necessity in many cultures. Come join this fascinating class as we learn to mount a hidden tang knife blade to a wooden handle, stain and sand the wood handle to bring about the wood grain, and hand-stitch a leather sheath that can be hung on a belt. Course will end with a forging demonstration of a traditional Norwegian 3-layered knife blade. K.J. Groven has instructed courses all over the USA, including the Vesterheim Museum in Decorah, Iowa. He will supply a hand forged blade and all other supplies for you. NOTE: Additional \$100 supply fee paid to instructor at class.

St/Kni/S22A \$50 for 4 session - Saturdays, 3/12 - 4/2, 9:00 AM - 3:00 PM 20177 Bear Butte Road/5 miles north of Sturgis on HWY MC-3

### PROSPECTING FOR GOLD IN THEM THAR HILLS!

### Instructor: Jim Van Hout

Take this fun course to learn all about gold prospecting in the Black Hills presented by a Chapter of the Gold Prospectors Association of America! Course will cover a bit of history, the techniques of prospecting, safety and equipment used including sluicing and panning and more. Each student will take home a gold pan and a 2-lb bag of 'pay dirt' to practice gold panning on your own...does it get any better?! NOTE: \$30 supply fee paid to instructor. Lunch break on your own.

St/Pros/S22A \$45 for 1 session - Saturday, 4/16, 9:00 AM - 4:00 PM Sturgis Community Center - 1401 Lazelle St

### **Spearfish**

### THE BASICS OF JEWELRY & DESIGN

### Instructor: Nancy Tripp

Nancy has 20+ years in the business (whoa!) and she invites you to her home studio to share with you some of the valuable tools she has gathered over time! We'll design & create a lovely, beaded bracelet and earrings set, and we'll look at many other aspects of the creative process. From pricing, to photographing your work, choosing the best tools for each application and how to "finish it all off, like a pro" this 3-hour workshop will be packed with positivity, information, and fun OF COURSE! If you have a few of your own pieces you'd like advice on, please bring them & plan to stay for up to an hour afterwards to visit. Light snacks and beverages plus all tools and materials will be provided. NOTE: Additional \$40 supply fee paid to instructor at class. If you take more than one of Nancy's classes, she'll give you a 20% discount on materials! Visit www.9t9designs.com

Sp/Des/S22A \$25 for 1 session - Sunday, 1/23, 1:00 - 4:00 PM 9T9 Designs - 809 E. Hudson Circle

### **EARRING DESIGNS FOR EVERYONE!**

### Instructor: Nancy Tripp

Come explore the wonder of creating 4 different styles of earrings, each with its own technique! We'll be using Sterling Silver (copper & other metals are available by request) and quality gemstones you get to pick from Nancy's extensive "stash"! Your registration includes all tools and materials, plus the patient instruction from a 20-year veteran jewelry designer. Whether you are a jewelry maker, a hobbyist, a beginner, or you just want to take it up a notch or simply come to learn something new, there will be a little something for every skill level in this fun, fast-paced workshop! Light snacks and beverages plus all tools and materials will be provided. NOTE: Additional \$40 supply fee paid to instructor at class. If you take more than one of Nancy's classes, she'll give you a 20% discount on materials!

Sp/Ear/S22A \$25 for 1 session - Sunday, 2/20, 1:00 - 4:00 PM 9T9 Designs - 809 E. Hudson Circle

### **Spearfish**

### CREATE A BEAUTIFUL SILVER AND BEAD BRACELET

#### Instructor: Nancy Tripp

No skills or previous experience is necessary to join Nancy for this great workshop! We start by practicing our "Perfect Little Loops" using our "Magic Pliers", then you get to pick from Nancy's extensive "bead stash" for your design! 3 hours later, we will find ourselves wearing our lovely & one of a kind handmade (by YOU) bracelet out the door! Fun, fast paced & all materials are included! The technique we use will have many applications should you choose to go further into your pursuit of jewelry designing...you don't want to miss it! Light snacks and beverages plus all tools and materials will be provided. NOTE: Additional \$40 supply fee paid to instructor at class. If you take more than one of Nancy's classes, she'll give you a 20% discount on materials! Visit www.9t9designs.com

Sp/BB/S22A \$25 for 1 session - Sunday, 3/20, 1:00 - 4:00 PM 9T9 Designs - 809 E. Hudson Circle

### SILVER HANDMADE HAMMERED-LINK BRACELET

Instructor: Nancy Tripp

Come join us as each of you create your own silver "links" for this bracelet following the easy instructions Nancy gives in this workshop. Every link of this bracelet design will be hand formed, hammered & polished to a bright finish before you wear it home! This simple bracelet could easily become your favorite go-to piece of jewelry or give it as a heartfelt gift to someone special to adore wearing...and it plays well with other bracelets! All materials are provided, no previous experience is needed to join us! Light snacks and beverages plus all tools and materials will be provided. NOTE: Additional \$40 supply fee paid to instructor at class. If you take more than one of Nancy's classes, she'll give you a 20% discount on materials!

Sp/HL/S22A \$25 for 1 session - Sunday, 4/24, 1:00 - 4:00 PM 9T9 Designs - 809 E. Hudson Circle

### THE ART OF SILVERSMITHING

#### Instructor: Gary Tripp

Always wanted to learn the age-old art of silversmithing? This is the perfect class for a beginner to learn jewelry making with one-on-one instruction. You'll make a beautiful sterling silver ring, finishing it off with a stone you set that you'll be proud to wear or give as a unique gift. Come learn the basics of a classic art form and put your jewelry on! Each class takes only 2 students, so it's 'private' and limited enrollment. All materials and equipment will be supplied. No prior experience necessary. Visit www.9t9designs.com to view projects and jewelry. NOTE: Additional \$145 supply fee paid to instructor at class. If desired, students can feel free to wear a mask as we'll be working in close proximity but it's not required.

Sp/S/S22A \$30 for 1 session - Sunday, 2/6, 10:00 AM - 2:00 PM Sp/S/S22B \$30 for 1 session - Sunday, 3/6, 10:00 AM - 2:00 PM Sp/S/S22C \$30 for 1 session - Sunday, 4/3, 10:00 AM - 2:00 PM Sp/S/S22D \$30 for 1 session - Sunday, 5/1, 10:00 AM - 2:00 PM 9T9 Designs - 809 E. Hudson Circle



### **Spearfish**

### REAL ESTATE & RENTALS: BUYING INVESTMENT Instructor: Kade Welfl

Come join this class as you're walked through the buying process of an investment property with a focus on multi-family and residential rentals! Topics will include the process of buying a rental property, common approaches to determine a value of a property, what to expect and what to look for that you might not expect in a rental real estate transaction, and the pros and cons of owning rental properties. Your investment can work for you if done properly. This class is for both first-time investment buyers and current property owners that have experience in the rental real estate market.

Sp/RE/S22A

\$25 for 1 session - Tuesday, 2/22, 6:00 - 8:00 PM Real Estate Center of Spearfish - 140 W Jackson Blvd

### LANDSCAPING 101: DESIGNING BEAUTIFUL BACKYARDS! Instructor: Vicki Hoffman

Are you a do-it-yourselfer that has always wanted to learn better landscaping for your home? Join this opportunity to learn from a master gardener and artist about design principles and how to plan a backyard that reflects your personality and good use of space! We'll discuss gardening methods, structures, common garden and yard mistakes and practical considerations for your space. Students should bring a diagram of your yard to class. There will be handouts and visuals. NOTE: Additional \$15 supply fee paid to instructor at class

Sp/Land/S22A \$25 for 1 session - Saturday, 3/5, 9:00 AM - 12:00 PM Spearfish Chamber of Commerce - 106 W Kansas

### HORSES 101: EVERYTHING YOU NEED TO KNOW!

#### Instructor: Barbara Jean Atchison

Horse people, this workshop is for you and everyone who loves horses! Whether you have a horse or not, or ride a horse, don't miss this course. We will go over everything you need to know about Care: grooming, hoof care, bridles and bits, types of saddles; tools that you need and how to use them, common horse illnesses, diseases and lameness; and What to Expect: expenses, budget, a good trainer, and how much room you need. This is a hands-on class with a live horse, so bring your questions and get answers from Barbara Jean, a Professional Horse Trainer with 24-years of experience in horse management. Everyone is welcome! Children 8yrs old – 14 yrs old are welcome accompanied with an adult (adult does not need to register). NOTE: Additional \$10 supply fee per registered student paid to instructor at class. Directions will be provided to class location.

Sp/H/S22A \$25 for 1 session - Saturday, 4/23, 9:00 AM - 12:00 PM Spearfish Facility - TBA



### Workforce Connections at the Career Learning Center of the Black Hills (CLCBH)

Black Hills Special Services Cooperative (BHSSC) was awarded a Workforce Connections grant from the John T. Vucurevich Foundation which assists adult students to enter post-secondary education and training!

The grant supports students who are pursuing a GED® and those who have a high school diploma or GED®, but need to brush up on their academic skills before entering a university or technical college. Services offered include intensive career counseling, workforce soft skill training, resume development, financial literacy, financial support for a college course and/or an industry credential, and other expenses that may interfere with their ability to continue their education and training.



For more information, contact the Career Learning Center of the Black Hills at 394-5120.

## Additional programs offered through the Career Learning Center of the Black Hills.

Contact us at (605) 394-5120 or go to www.clcbh.org.



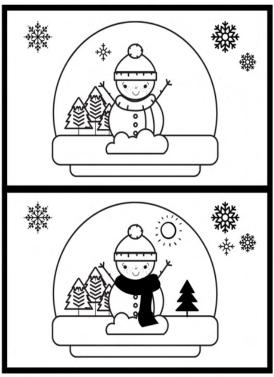
**Family Support** is a comprehensive, across-thelifespan program designed to help people with developmental disabilities who live on their own or with family members. It's a flexible, do-what-ittakes program that helps people find the resources to continue living at home in their communities. It is based on principles of encouraging individual choice, responding quickly to needs and being progressive in helping people get the lives they want.

### Birth to 3 South Dakota

is a program that provides early intervention services for children from birth to age three who have a developmental delay or disability. Services are provided at no direct cost to families in the natural environment.

Common Sense Parenting (CSP) was designed by Boys Town USA as a practical approach to help parents be more positive with their children and to use more effective discipline. It's appropriate for parents with children ages to 3 to adolescence. Classes run for 6 consecutive weeks, 2 hrs/week.

## Know how to help your kids



Can you spot the 5 differences

SD SFEC provides resources, activities, and classes for students, young adults, and families – Visit our website for more information



www.sdsfec.org

# DakotaLink

### **Technology Solutions for Life's Limitations**



DakotaLink is South Dakota's program for linking you to assistive technology devices and services. If you or someone you know are experiencing limitations due to a disability, injury, or aging, we can help! We work with people in all age groups and can provide information that may help you at home, in school, on the job or in the community.





Contact us:
1-605-394-6742 or 1-800-645-0673
atinfo@dakotalink.net
www.dakotalink.net









### **Registration Information**

**Register Online:** Go to *www.communityeducationclasses.org* to register quickly and easily with your credit card.

First Name:

**Community Education** of the Black Hills

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Phone 2:

- **Register by Hand:** Complete the registration form below. Then get it to us with your payment in one of the following ways:
  - <u>Fax</u> the form to us at (605) 721-7504. Please include your credit card information or your corporate billing information.
  - Mail or hand-deliver the form with payment to Community Education of the Black Hills, 730 East Watertown Street, Rapid City, SD 57701. Office hours are Monday - Friday 7:30 AM - 4:00 PM.

Class Confirmation: Registration is confirmed by your payment of tuition. No registration is complete until the tuition is paid. You will receive a confirmation notice and receipt if you provide an email address in your profile. Classes fill quickly - don't delay!

Cancellations: We reserve the right to cancel any class due to insufficient enrollment. When area public schools are closed due to inclement weather, the Community Education and Career Learning classes are also canceled. Listen to your local radio or TV stations for the latest information.

Withdrawals and Refunds: Community Education students who wish to withdraw from a class must notify the Career Learning Center at (605) 394-5120 at least two working days before class begins. Refunds will be mailed within 30 days. A \$7 processing fee will be deducted from all refunds (\$20 for Driver Education). No refunds will be made after the first class session.

Phone 1:

### **REGISTRATION FORM**

Last Name:

Address:	City:	State:	Zip:
Email address:	for reminders,	class confirmations, r	eceipts, and announcement.
SESSION NUMBER	COURSE TITLE		TUITION FEE
NOTE: Supply fees (if any) are separate non-relative linear linea	efundable expenses paid directly to the instructor at class.		TOTAL DUE
□ Visa, Mastercard, or Discover #:	CVV (3-digit code):	Expiratio	
Name exactly as it appears on card:	Signature of card-hold	er:	
□ Check # □	Cash / money order		1.



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**ECRWSS** 

### **Live and Learn**

